FHM

FOR HIM MAGAZINE

JUNE 2006

Bonus
NBA'S HOTTEST DANCE TEAM

FROM THE LIPS OF

JENNY McCARTHY

‘DEVOUR ME LIKE A BIG BAD WOLF’ »

SPECIAL REPORT

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SADDAM IS A METALHEAD!
SEE PROOF ON PAGE 32

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FHM SHREDS THE SLOPES AT THE 2006 U.S. OPEN SNOWBOARDING CHAMPIONSHIPS

For the fifth consecutive year, *FHM* sponsored the U.S. Open Snowboarding Championships at Stratton Mountain, VT. Now in its 24th year, this high-profile weekend attracted more than 45,000 spectators, who took in the thrilling daily competitions while experiencing exciting promotions within the Sponsor Village at the base of the mountain.

Spectators and athletes jammed *FHM*'s booth, which hosted a hotbed of exciting activities and featured products from co-sponsors, including BOD deodorant body spray, shaving gel and oil samples from King of Shaves, as well as packs of XLR8 energy chews, Audiovox cup koozies and *FHM*'s April 2006 issue. Additionally, guests could enter an hourly drawing to win cool New Era caps, as well as an interactive sweepstakes to win an Audiovox micro-shelf stereo system and DVD player, and an XM satellite radio receiver with vehicle kit.

The booth also hosted an autograph session with U.S. Olympic Snowboarding Team member and third place winner in halfpipe at The Open, Mason Aguirre, who along with his sister Molly (a Burton Snowboarding Team member), signed posters, T-shirts and snowboarding helmets as guests lined up around the tent to meet these impressive, extreme-sport-loving siblings.

The fresh snow from the night before no sooner melted as Miss *FHM* 2005, Lauren Harris, made a booth appearance to sign autographs and pose for photos with more than 500 adoring fans.

The *FHM* booth was jam-packed throughout the weekend, treating snowboarders and visitors alike to exciting product samples.

FHM advertising director Jay Adams and Stephanie Eddy of King of Shaves pose with Team Burton riders Mason and Molly Aguirre.

FHM created buzz at the booth with an hourly New Era cap drawing.

Fans lined up at the *FHM* booth to have Miss *FHM* 2005, Lauren Harris, sign autographs.

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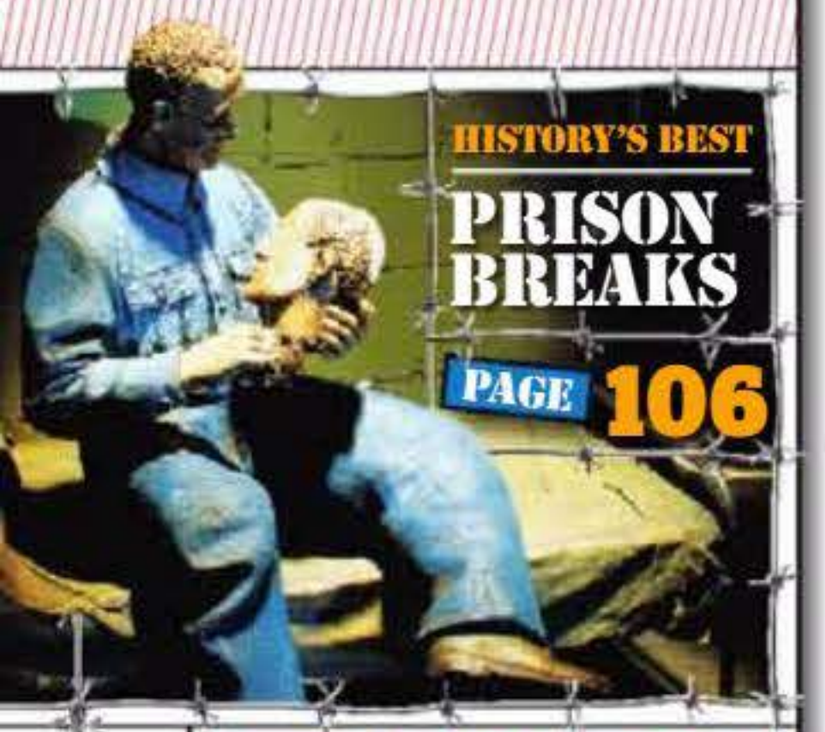

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PRISON BREAKS

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From making weight to getting trampled by horses, life's tough for America's top jockey.

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100 MIAMI HEAT DANCERS
The NBA's sexiest dance squad raises temperatures both on and off the court.

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106 ESCAPE ARTISTS
Relive the most ingenious and daring prison breaks of all time.

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112 JENNY McCARTHY
Fairy-tale fantasies come true as Jenny reenacts classic bedtime stories.

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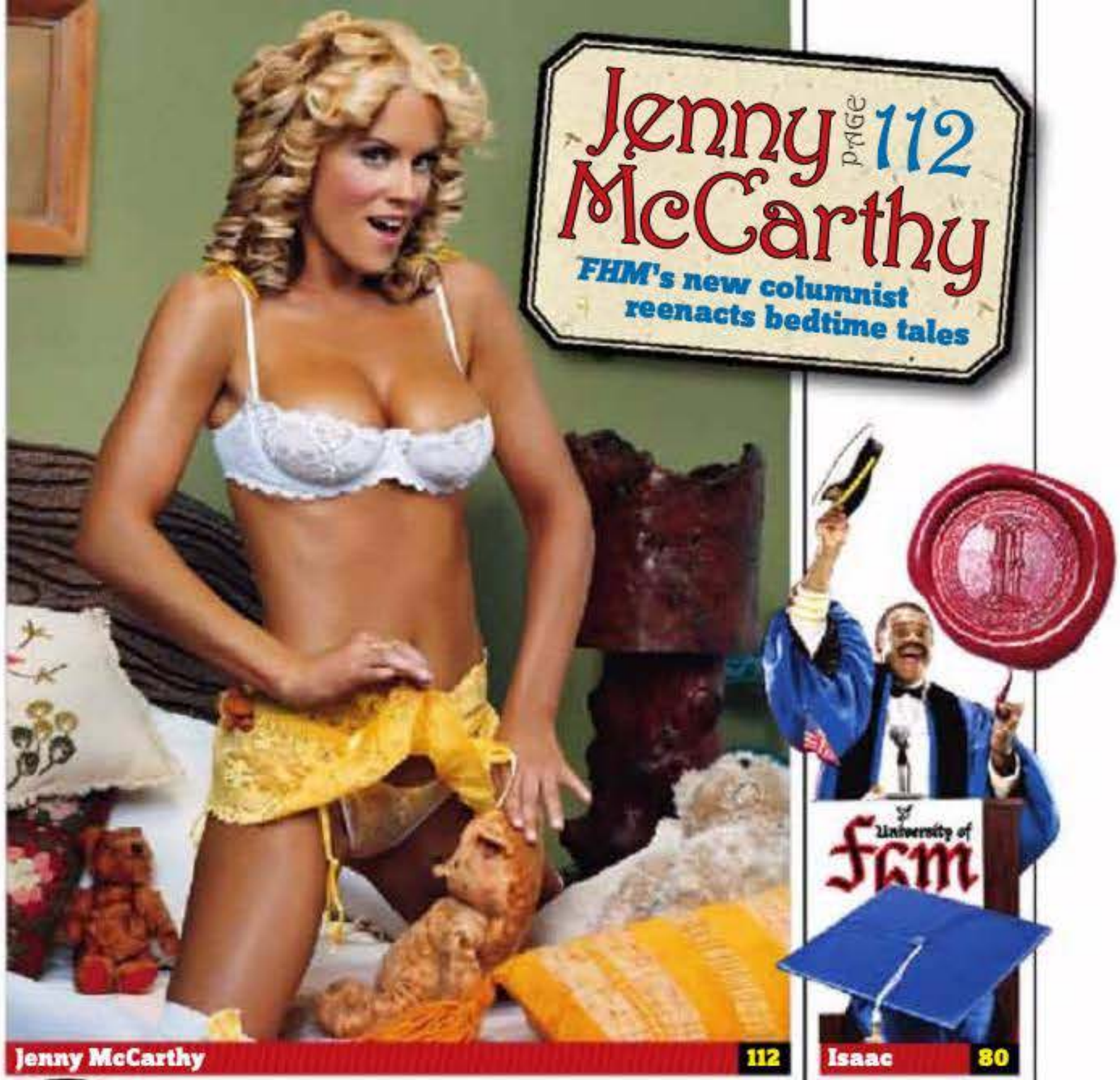
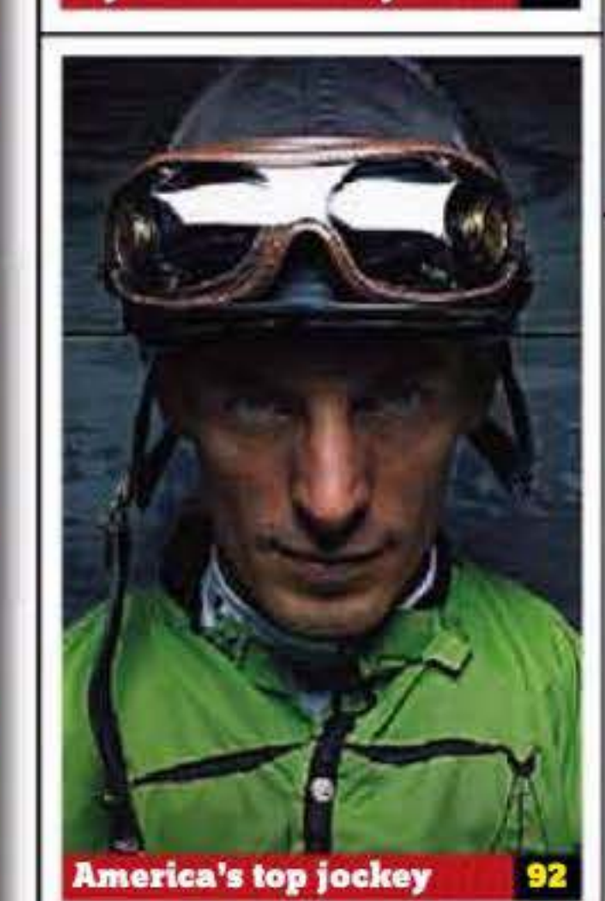
122 THE POLYGAMIST
Find out what it's like having sex with three wives and fathering 34 kids.





MIAMI HEAT: PERRY HAGOPIAN; JOCKEY: VINCENT SOYEZ; PRISON BREAKS: GORMANPHOTO.COM; MCCARTHY: GAVIN BOND; ISAAC: NAOTO IKEDA; MORGAN: STEVEN WHITE; POLYGAMIST: VINCENT SOYEZ; FRANKENMEAT: GORMANPHOTO.COM; BYRON: JOSEPH CULTICE

FHM

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IN EVERY ISSUE

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A contest winner becomes the next pulp-fiction star, a reader goes wild at a midget bar, best girlfriends reveal each other's secrets, and a hottie shames her brother. Plus, Who the Hell Are You? and the world's funniest jokes!

HOMBRE

WHEELS Two beauties scrub down the new Pontiac Solstice GXP. Page 26

INK Get Vida Guerra on your chest—in tattoo form, at least. Page 30

HOME Interior-decorating tips from the world's evilest dictators. Page 32

SEX Jenny McCarthy's debut column will get you sex with strangers. Page 34

STYLE Soccer gear isn't just for fanatical foreigners anymore. Page 36

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GADGETS The beach? Overrated. Get the best in home-theater gear. Page 44

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In our summer preview, Superman suits up, the *Deadwood* cast gets vulgar and Flea mulls taking the sock out of retirement.

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And in this corner: the heavyweight champions of style. Plus, cover your ass with the season's best jeans.

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WIN!

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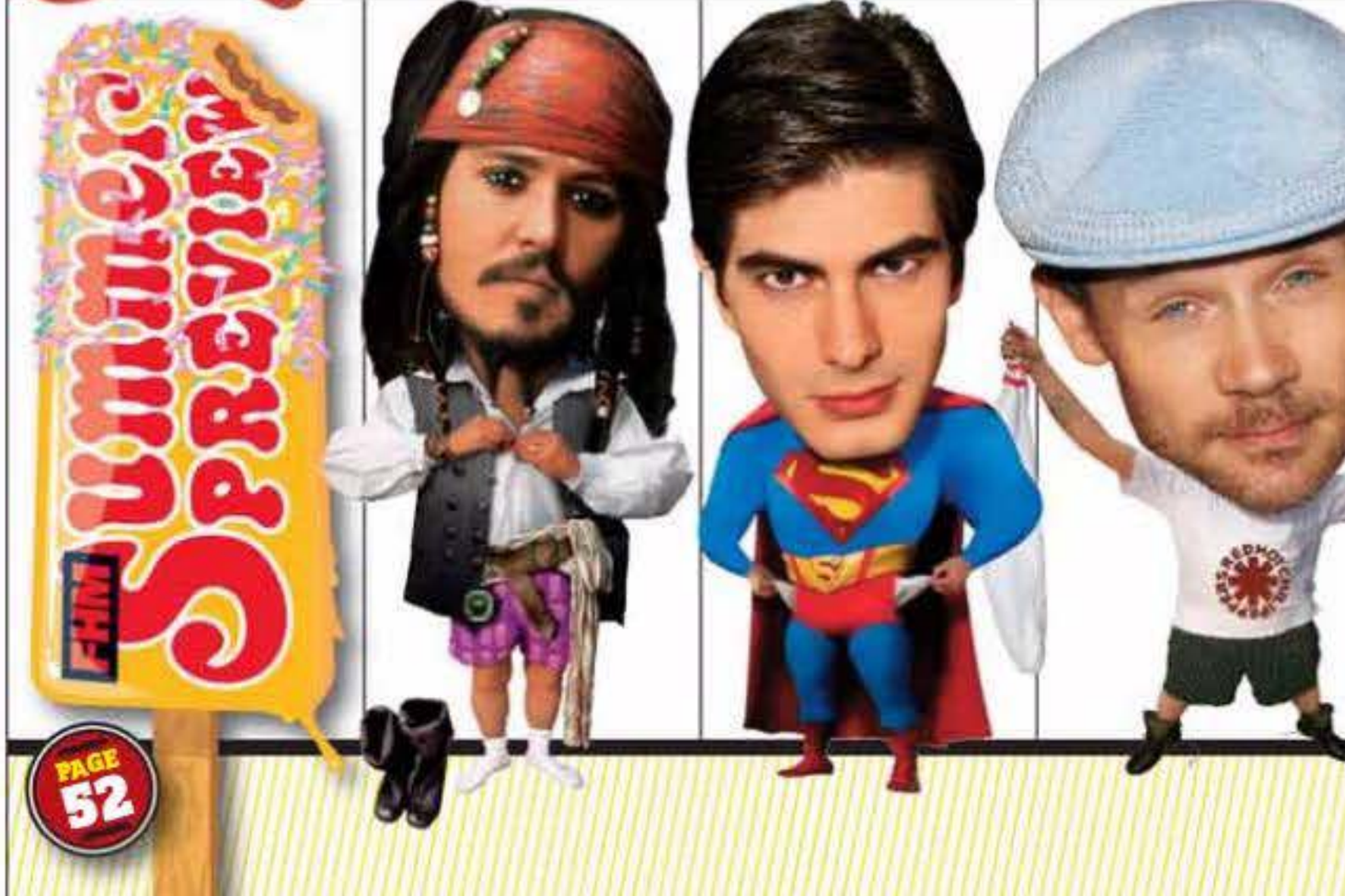

DEPP, ROUTH, FLEA: ILLUSTRATION BY STAN WATTS; DEPP: WALT DISNEY/COURTESY EVERETT COLLECTION; ROUTH: DAVID JAMES; FLEA: STEVE GRANTZ/WIREIMAGE.COM; ICE CREAM: ILLUSTRATION BY RIAN HUGHES; STEAK: GORMANPHOTO.COM; IT'S YOUR SISTER: CHRIS FORTUNA; FASHION: TREVOR O'SHANA; TATTOOS: BOB WAKELIN; CAR WASH: PATRIK GIARDINO; FIELD: DAVID MADISON/CORBIS; ILLUSTRATION: ANDY PARKER

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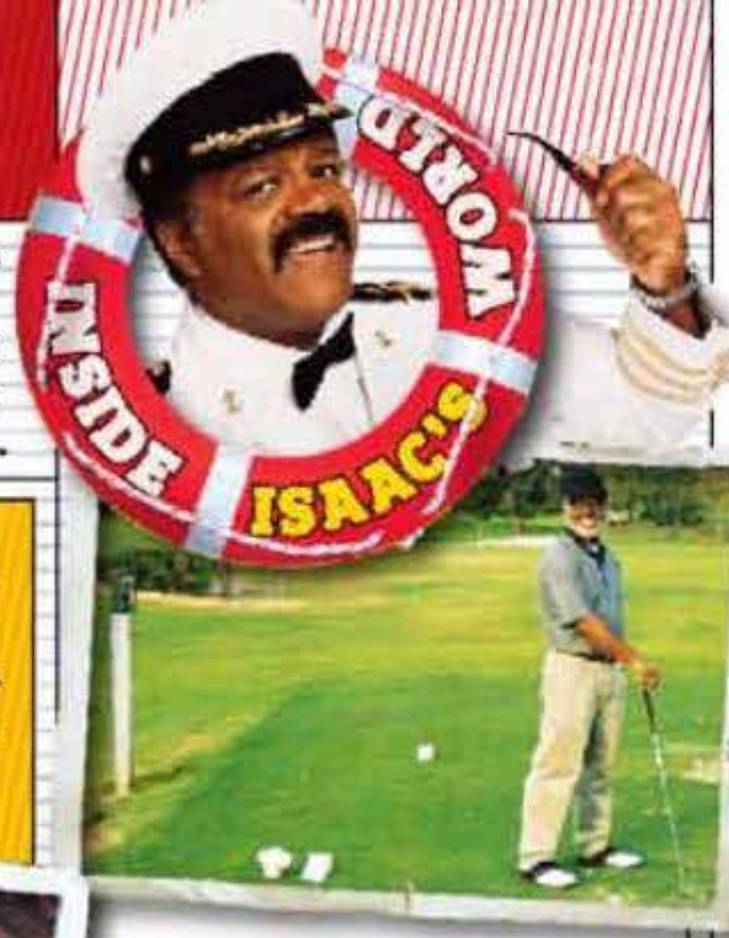
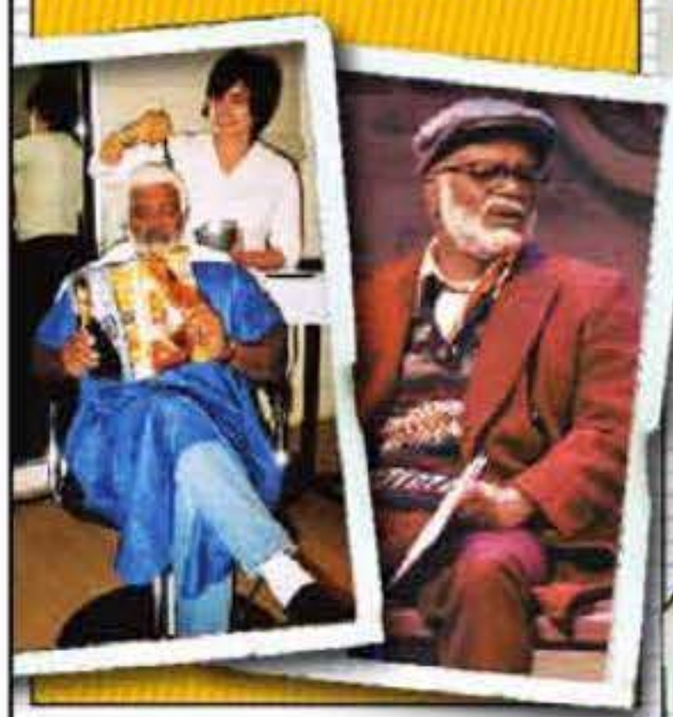
EDITOR'S LETTER

With commencement season upon us, *FHM*'s relationship expert shares his advice for all aspects of life (page 80). The man behind the legendary Isaac is Ted Lange, and when he's not fixing your life, he has one of his own. . . .



Instant aging!
"I just did the play *I'm Not Rappaport*. My character is 81 so they made me white-haired. I'm looking at one of the *FHM* girls to mess with my barber. I'd like to say she colored my beard too, but that's natural."



Hitting the links!
"My 95-year-old father-in-law is in a retirement home with a golf course, and the son of a bitch kicks my ass golfing. My hair was still white, so the people kept asking if I wanted to join the home. I was like, 'I'm younger than this!' They said, 'No you're not. We've seen your golf game.'"

Movie roles!
"I recently did a film called *Carts*. It takes place in the parking lot of a Wal-Mart-type store. I play the security guard. There's a scene where I'm reading *FHM* again—this time it's 'Beth and Isaac.'"

Poker night!
"This is my voice-over poker game. All these guys do announcer voices professionally—cartoons, radio, movie trailers. Playing with them is like being stuck in a TV commercial—you go from Crest toothpaste to a movie preview."

Enjoy the issue,

Scott

Scott Gramling
Editor-in-Chief

THE FHM COVER

COVER GIRL JENNY McCARTHY WEARS A CAPE BY 3WISHES.COM AND BOTTOMS BY TRASHY.COM

PHOTOGRAPHER GAVIN BOND

STYLING CANNON AT OLIVERPIRO.COM

SET DESIGN PETER GARGAGLIANO FOR PETERGDESIGN.COM

HAIR BERTRAND W. USING FREDERIC FEKKAI AT AVANTGROUPE.COM

MAKEUP THE CLOUTIER AGENCY

MANICURE TOM BACHIK FOR ENTITY BEAUTY/CLOUTIER

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WTF?

MAKE THIS MAGAZINE!

Be an *FHM* contributor. Send photos, rants, ramblings and general idiocy to:

Letters to the Editor,
FHM, 110 Fifth Ave., New York, NY 10011

Any note that sees print earns $50; if we print a picture or souvenir, you'll get double that.

READERS GO POSTAL

letters@FHMUS.com

WHO THE HELL ARE YOU? The month's finest memory wreckers

INTRUDER OF THE MONTH!

Punk ruins wedding
"My wife and I recently got married in Las Vegas," writes Fresno, CA's Jordan Leininger, who sports a nice mullet but looks like he's 11 years old. "We had the ceremony at the Paris hotel and were taking pictures outside on the strip when this drunk guy with a Mohawk jumped into our photo. Then he tried to charge us $5 for the 'honor' of having him in our picture!" Jordan, you got married in Vegas—be thankful that your photo wasn't crashed by a Celine Dion impersonator. Or worse, by Celine Dion herself.

BEST OF THE REST!

The heavyweight champion of creeping out sorority girls remains undefeated!
Submitted by Steve Booth, Farmingdale, NY

"Emperor Palpatine ruined my girlfriend's snap with her favorite Colt."
Submitted by Nathan Eastway, Fishers, IN

These two mistook "Oh my God, he's drowning!" for "Say, 'Cheese!'"
Submitted by Tara Brown, Thorofare, NJ

Sadly, Katrina and her pal were eaten alive moments after this pic was taken.
Submitted by Katrina Kraus, Greenville, NC

RUNNER-UP!

Liplock thwarted
"I'm kissing my girlfriend, and this guy is trying for a three-way," writes Brian Kiely of Blarney, Ireland. Thanks, Brian. We didn't know it's an accepted custom in Ireland to pose for lame photos of yourself kissing lasses.

< INTRUDER FOUND!

"The fat-headed bastard you picked as Intruder of the Month for March is my friend Rob Roth," writes Allan Korsunsky of North Brunswick, NJ. "Here's another picture of him exposing his nipple—he does that to distract you from his gigantic head."

WIN! THIS SANYO XACTI E6

Be the first to spot one of these intruders and you win this cam! For rules, see page 134. For more, visit FHMUS.com/whothehell

BURN, ART, BURN!

UPDATE!

Last fall, *FHM* reported on artist Howard Hallis's *The Picture of Everything* ["Cartoon Universe!," October 2005], a 6-by-14-foot doodle he said contained everything in existence.

"I burned it," Hallis writes. Yes, 144 pieces of paper and countless toons—all torched. Why? "Sometimes things just end," Hallis reasons.

Below is the start of *The Picture of Everything 2*, which Hallis plans to finish in 2008. Have suggestions on what should be included? Chime in at FHMUS.com/everything.

MORE INFO ON THE 6.0 MEGAPIXEL SANYO XACTI E6 AVAILABLE AT WWW.SANYO.COM

letters@FHMUS.com

MY BEST FRIEND!

Like all great relationships, Lora and Kalia's started online. Now these friends from Milwaukee, WI, disclose one another's hot secrets

We flash!

Lora "Kalia and I met on Asianavenue.com, which is like MySpace for Asians." **Kalia** "The first time I saw Lora was in a bar. She fell and showed everyone her Hello Kitty panties." **Lora** "That's nothing—Kalia's boobs flew out when she rode the mechanical bull."

We explore!

Lora "We have a lot of disasters. On one road trip, our radiator overheated, so Kalia put whiskey inside it." **Kalia** "Well, you ran over a deer." **Lora** "The deer was already dead. There was a pile of bloody bones on the road." **Kalia** "We must have yelled for five minutes."

We date!

Kalia "Lora pussy-whips her men. If they talk too much, she says, 'Shut up, bitch!' And they do." **Lora** "At least I'm not a pushover. Kalia is so lovey-dovey, I want to vomit. She's always making out with boys in the back seat of my car. I'm like, 'Get a room!'"

We interact!

Lora "Not everyone wants to be a thug, Kalia. Once, a guy grabbed her boobs and she broke his nose." **Kalia** "It's better than letting people intimidate you. This lesbian groped Lora in a bar and now she's scared of them." **Lora** "It's true. Lesbians make my hands sweaty."

KALIA YANG
Age 24

LORA VANG
Age 23

LADIES!

Do you and your BFF want to be in FHM? Send a letter and pics of the two of you to My Best Friend!, FHM, 110 Fifth Ave., New York, NY 10011, or e-mail your submission to mybestfriend@FHMUS.com.

PHOTOGRAPHY BY JON RAGEL; STYLING BY EMILY OVIATT; HAIR BY LAURA NAKAMOTO FOR ARTISTSBYTIMOTHYPRIANO.COM; MAKEUP BY BRYAN LYNDE FOR R.J. BENNETT REPRESENTS; LORA: BRA BY ARGENTOVIO, BOTTOMS BY WWW.FIGLEAVES.COM; KALIA: TOP BY ARGENTIVIO, BOTTOMS BY DONNA L'OREN; ALL JEWELRY BY VERSANI, SHOES BY STEVE MADDEN

Download these Best Friends to your cell for only $1.99*! Send the text message: 7462 to 91000. *More details on page 134.

letters@FHMUS.com

DAMES

WINNER GETS PAINTED!

FHM crowns the next queen of pulp fiction

Just as wannabe athletes dream of someday being on the Wheaties box, aspiring pinup girls fantasize about being on the cover of a pulp novel. We received hundreds of saucy photo entries after announcing a contest to appear on a Hard Case Crime novel to be sold nationwide. Eileen Lorraine of San Diego, who sent the snaps seen here, won the honor of being painted by legendary artist Bob McGinnis.

"I took these pictures for my boyfriend," says the 32-year-old, who works in the finance department of a pharmaceutical company. Eileen has even picked a pinup name for herself: Gigi Valiant.

"For the book cover, Bob painted me as a prostitute with Mafia ties—that's a really interesting way to see myself portrayed," she says. "I only wish that I could get my legs to look that long in reality!"

Here's a sneak peek of the book she'll appear on. Sadly, you'll have to wait till December to pick up a copy of *The Peddler*.

HOBBIT HOUSE PARTY!

"Recently friends from the U.S. brought me the January/February '06 *FHM*," writes Joel Massey, an American living in the Philippines. "The article on the Hobbit House ['Little Helpers'], a local dive staffed by midgets and dwarves, inspired us to visit. My friends had a blast, but I woke up the next day in bed with a Frodo look-alike."

CELL SHOTS

Put a dent in your phone bill by earning bucks for your pics

Village People's pup "One hot biker bitch."
Danny Prado, Compton, CA

Drive it home "I got back from work to find this car in my house."
Matt Knutsen, Rochester, WA

Chip mouth "Nap on the job and you'll get the Pringles treatment."
Dillon Hood, Newport News, VA

Me and Carradine "A cool guy. I talked martial arts with him."
Eric Crossman, Atlanta, GA

WHAT'S WRONG WITH *FHM*?

Ask Dad—mistakes happen. But, spot one in *FHM* and you win $20 if we print your letter. Say the dumbest thing we hear all month, on the other hand, and we demand the same in return.

◆ April's "Goldfish Burial!" story, in which you provide a cutout funeral kit for a reader's dead pet, is touching. But the image on the cutout portrait isn't a goldfish—it's a Siamese fighting fish. That'll be $20!
Alex England, Port Jervis, NY

◆ The April "Editor's Letter" says Big Papi is pictured "after replicating his swing for EA's *MLB '06: The Show*." But *MLB '06* is published by Sony, not EA. I'll accept $20 or gaming goddess Morgan Webb's phone number.
Steve Masterson, St. Paul, MN

IDIOT OF THE MONTH

When referring to the cause of Mexico's high obesity ranking, in your April story "Fat Planet," you wrote, "Because it couldn't possibly be the siestas." I rarely went to my high school Spanish class, but I'm sure you meant "fiestas." Twenty bucks, *por favor*.
Rob Lach, Chicago, IL

Rob, had you gone to class, you would know that a siesta is a nap. Hopefully you completed enough math to count out that $20 you owe us.

EARN $50 FOR CELLULAR SNAPSHOTS!

Got a camera that makes calls? Send your best pics and a brief description to cellshots@FHMUS.com. Then, visit FHMUS.com/cellshots for more phone madness. Updated daily!

PULP QUEEN: RED OUTFIT: DON SPIRO; BLACK BRA: MARCO PATINO; WHITE GOWN, SCREAMING: MICHAEL ARCANE

Livin' "El Presidente" Large

So I see this code on my cup. I was like, "Psh, whatever." But then I entered online anyway. And check it...I became El Presidente of Taco Bell.

Next thing I know, they're flyin' me to Taco Bell headquarters in a corporate jet. Aw, yeah. Holla if you like the way I roll now.

Limo. Red carpet. Who's feelin' the love? El Presidente, that's who.

(Made some calls from my office) "Hello, guy in charge of ads? You're fired! Kidding, bro! But seriously, I have a few ideas. Write this down..."

I made every Tuesday, Wednesday and Friday "Casual Friday." Hey, you give love, you get love.

Don't hate, but now that I'm a VIP, I get sweet tickets to stuff. Yeah, it's good to be the king. I mean...El Presidente. Kings are lame.

They're givin' me a year of Taco Bell for free. Any idea how many Crunchy Tacos that is? It's like, 2...365...carry the 1...Dang!

I think they were expecting a giant to win. They gave me some freaky, huge million-peso check. Totally clogged the ATM. But it's all good.

Drink Baja Blast, available only at Taco Bell®. Thousands will win cash instantly. One will become El Presidente† and win One Million Pesos. That's $93,000, amigo.*

Get a code off a Large or X Large cup. Enter it online. You could win cash instantly. Or become eligible to win a check for one million pesos and become El Presidente of Taco Bell®. With corporate jet and limo privileges for you and a friend, and a whole lot more.

THINK OUTSIDE THE BUN. TACO BELL

Enter at: www.BecomeElPresidente.com

NO PURCHASE NECESSARY. Internet access and registration required. Game subject to official rules posted at www.BecomeElPresidente.com and at participating stores. Game starts online 4/6/06, 6 p.m. (ET), and ends 7/17/06, 6 p.m. (ET). To enter without purchase or for a copy of official rules, send a SASE postmarked by 6/26/06 to MDB8 Game Code/Rules, P.O. Box 5318, Young America, MN 55558-5318. VT residents may omit return postage. Void where prohibited. *Approximate Dollar Value. Pesos calculated as of 11/15/05. †"El Presidente" assumes no official duties and is used for promotional purposes only. MOUNTAIN DEW BAJA BLAST and A TROPICAL LIME STORM are registered trademarks of PepsiCo, Inc. ©2006 TACO BELL CORP.

HEY! J.D. RETTINGER...

IT'S YOUR SISTER!

Her little brother craved attention. Lindsay finally gives it to him

What's worse than having a hot older sister? Having that hot sister disclose how lame you are in *FHM*'s monthly revenge page. "J.D. tagged along with me for years," says Lindsay Rettinger, a 24-year-old sales rep from Eugene, OR, "but I'm nobody's baby sitter now." J.D. Rettinger, meet your shame.

He gropes!

"J.D. has been in love with my friend Jessica since he was 5. Whenever she slept over at our house, he tried to grab her boobs and kiss her. I had to lock him in his room once after he crawled into her sleeping bag."

He primps!

"When I was 12, J.D. was so desperate to play with me and my girlfriends that he let us dress him up like a doll. We once turned him into Marilyn Monroe with a blond wig, a dress and a mole. He was so happy."

He spies!

"My boyfriend and I were making out once and I looked up to see little J.D. sitting in the hallway eating ice cream and watching us like he was at a movie. Who wants to see his big sister necking?"

He shrieks!

"As soon as I grew boobs, J.D.'s friends became my fan club. They still come over to play Nintendo and end up losing because they can't stop staring at me. J.D. always yells, 'Quit looking at my sister!'"

THE BROTHER

Name J.D. Rettinger
Age 18
Nickname Baby D
Don't mention "He used to steal my girlfriends' bras."

Ladies! Do you have a brother you'd like to shame? Send a letter (and snaps) to It's Your, *FHM*, 110 Fifth Ave., New York, NY 10011.

Download this image for only $1.99! Send the text message: 7461 to 91000. More details on page 134.

PHOTOGRAPHY BY CHRISTOPHER FORTUNA; STYLING BY RUTH KAHN; HAIR BY STEPHANIE POHL AND HAIR ASSISTANT TARA COPELAND AT ARTISTSBYTIMOTHYPRIANO.COM USING DAVINES; MAKEUP BY CHERI KEATING AND MAKEUP ASSISTANT JOJO AT ARTISTSBYTIMOTHYPRIANO.COM USING SHU UEMURA; BIKINI BY SALINASSWIMWEAR.COM

FHM BAR ROOM JOKES

letters@FHMUS.com

A pig with three medals around his neck and a peg leg is seated at the dinner table with a farmer, his family and a guest. Intrigued, the guest asks about the animal.

"He's special," the farmer says. "The first medal is for when he swam to save our youngest son from drowning. The second is for when he dragged our daughter out of a burning barn. The third is for pushing our other son out of the way of a combine."

"Wow," the guest says. "That explains the medals, but what about the peg leg?"

"Well," the farmer replies, "a pig like that—you don't eat him all at once."

Timothy Emmanuel, Newark, NJ

A lawyer runs a stop sign and gets pulled over. When the cop asks for his license and registration, the lawyer asks, "What for?"

"You didn't come to a complete stop at the sign," the officer says.

"I slowed down, and no one was coming," the lawyer argues. "Show me the difference between 'slow down' and 'stop' and I'll accept the ticket."

"Exit your vehicle, sir," the cop says. He then begins beating the lawyer with a night stick, yelling, "Do you want me to stop or just slow down?"

Jonathan Hanson, Asheville, NC

What do you call two skunks performing 69 on one another?

Odor eaters.

Thurston Jones, Canton, OH

One night, a woman walks into a bar in Dallas and sees a cowboy with his feet propped up on the table.

The man has the biggest feet the woman's ever seen. "Is it true what they say about men with big feet?" she asks.

"Sure is, little lady!" the cowboy replies. "Why don't you come back to my place and find out for yourself?"

The woman is curious, so she spends the night with the cowboy. The next morning, she hands him a 100 dollar bill.

"Well, thank you, ma'am," the cowboy says, blushing. "Ain't nobody ever paid me for my services before."

"Don't be flattered," the woman replies. "Take the money and buy yourself some boots that fit."

Greg Strauss, Jacksonville, FL

JOKE OF THE MONTH!

The Navy decides to offer early-retirement bonuses to its personnel. The rule is that a volunteer picks two spots on his body and gets $1,000 for every inch in between.

One officer asks to be measured from the top of his head to the tip of his toes. He's 6 feet tall and gets $72,000.

A second, smarter officer asks to be measured from the tip of his raised hand to his toes. He earns $96,000.

The third man who is volunteering for early retirement is a grizzled old captain. "Measure me from the tip of my penis to my testicles," he demands.

The medical officer in charge explains that this might not be terribly profitable. But the captain insists. He drops trou, and the medical officer places the tape measure on the tip of the captain's penis and begins to work back.

"My God!" the medical officer gasps. "Where are your testicles?"

The captain replies, "Vietnam."

Rob Samuels, Encino, CA

QUICK HIT!

What is 60 feet long and stinks of piss?

A conga line at the old folks' home

Peter Coolidge, Burlington, VT

A woman comes home from work wearing a new gold necklace. "Where did you get that necklace?" her husband asks.

"I won it in a raffle at work," she replies. "Now go prepare my bath."

The next day, the woman comes home wearing a diamond bracelet. "Where did you get that bracelet?" the man asks.

"I won it in a raffle at work," she replies. "Now go prepare my bath."

The day after, the woman comes home wearing a mink coat. "I suppose you won that in a raffle at work?" the man says.

"Why, yes," the wife replies. "Now go prepare my bath."

When the wife goes to take her bath, she notices something strange. "There's only an inch of water in the tub!" she yells.

"Yes," the husband replies, "I didn't want you to get your raffle ticket wet."

Morgan Yorke, Prescott, AZ

MAKE US LAUGH!

It's time to return the favor by sending us your best gags. Joke of the Month earns $200; the rest that we print get $50.

Mail to: Bar Room Jokes, *FHM*, 110 Fifth Ave., New York, NY 10011, or submit to FHMUS.com/jokes

ILLUSTRATIONS BY NISHANT CHOKSI

HOMBRE

BE YOUR OWN MAN

INSTANT WISDOM

- The first convertible with a power top was introduced in 1939 by Plymouth.
- 52% of Americans get their car washed less than once a month. 15% never do it at all.

PHOTOGRAPHY BY HAGOPIAN

SCAPE

TOPLESS HOSE-DOWN >>

For our peek at this year's new convertibles, Pontiac lent us the Solstice GXP for a day. Returning it in pristine condition was the least we could do

Pontiac Solstice GXP www.pontiac.com

Top-down time 20 seconds **Power** 260 hp

Like any good supervillain wielding a doomsday device, this new turbo-charged roadster is about one thing—more power. The GXP runs with 83 more horses than the original Solstice. StabiliTrak skid control helps channel all that superpower, but you can claim it's your driving skills doing the work. Add its sleek curves, and the GXP is the perfect addition to the garage of any secret lair.

$25,000 est.

PHOTOGRAPHY BY PATRIK GIARDINO

Plus

GET A BETTER TATTOO

EXPLORE UNFAITHFULNESS

DRESS LIKE A HOOLIGAN

UPGRADE YOUR BOARD

BUILD A HOME THEATER

SALIVATE

WHEELS

INSTANT WISDOM
- Lenny Dykstra, Charles Oakley and Tim Hardaway all own car washes.
- The Rose Royce song "Car Wash" was written by Norman Whitfield on a fried-chicken bag.

MORE ROOF-DOWN RIDES

This summer, give the pigeons something new to aim for in one of these other fine convertibles

1 Jaguar XK www.jaguar.com

Top-down time 18 seconds **Power** 300 hp
With an aluminum body that's lighter and stronger than steel, the Jag XK can eat up a quarter mile of pavement in 14.4 seconds.

2 Ford Shelby Cobra GT500 www.ford.com

Top-down time 13 seconds **Power** 475 hp
Put a Cobra logo on the grill of a Mustang and a supercharged 5.4-liter V-8 under the hood, and you've got one monster mobile.

3 Volvo C70 www.volvocars.com

Top-down time 30 seconds **Power** 218 hp
A fully automatic roof folds away with no latches to fumble with. If only Victoria's Secret products were designed with such ingenuity.

4 Volkswagen Eos www.vw.com

Top-down time 25 seconds **Power** 200 hp
Straight out of Deutschland comes a hardtop whose steel roof folds conveniently into the trunk as easily as a fresh Mafia hit.

SUDS AUTO BATHING!

Earth is two-thirds water. Here's how to put some of it to good use

Meguiar's Ultra Plush Wash Mop and Versa-Angle Body Brush

Reach around every corner of your car with this telescoping mop, which boasts a swivel head, and a soft, no-scratch brush for exhuming insect corpses from hard-to-reach areas. It's perfect for bathing oversized SUVs and obese family members! **$11 each** **www.meguiars.com**

Zymöl Synthetic Chamois

The Chamois is a goat-like animal from the Carpathian Mountains in Eastern Europe but this shammy is faux-leather, so using it to squeegee off drops of moisture will keep PETA off your ass. **$9** **www.zymol.com**

Turtle Wax Ice

The clear liquid wax can be applied in direct sunlight to almost any part of your auto's exterior. Plus, it doesn't leave any messy white residue like you've been known to do in the back seat. **$17** **www.turtlewax.com**

DuPont Wheel Cleaner and Tire Shine

As with showering, it's easy to overlook scrubbing your dirty back wheels. This cleaner gets rims gleaming factory fresh and the shine gives tires that glazed doughnut look. **$6 each** **www.carcare.dupont.com**

Pinnacle Complete Wash System with Dolly

Why drag a heavy bucket of suds around your car when you can ride it—and on a cushioned seat no less? Celebrate your victory against filth by giving your neighbor's kid a Gatorade bath of grime. **$70** **www.autogeek.net**

PREVIOUS PAGE: "TOPLESS HOSE-DOWN" BY DAN CARNEY; THIS PAGE: "MORE ROOF-DOWN RIDES" BY DAN CARNEY; "AUTO BATHING!" BY JOHN MIHALY; STYLING BY ERIKA SCOTT; HAIR BY RANDY STODGHILL USING REDKEN FOR EXCLUSIVE ARTISTS; MAKEUP BY SHIYENA CHUN USING ARMANI COSMETICS FOR EXCLUSIVE ARTISTS; BIKINIS BY TRASHY.COM; SHOT ON LOCATION AT THE LA CIENEGA CAR WASH, 1907 LA CIENEGA BLVD., LOS ANGELES, CA 90034

INK

ILLUSTRATIONS BY BOB WAKELIN

INSTANT WISDOM

- A tattoo machine's needle punctures the skin up to 50 times per second.
- According to a recent poll, 36 percent of Americans age 25 to 29 have at least one tattoo.

SKIN

CUT-OUT TATT KIT!

When you're 90 years old, would you rather be stuck with a lame shamrock, or one of God's greatest creations?

Taco Bell Crunchwrap Supreme

Wiffle Ball

Winnebago

Olde English 800

SECOND THOUGHTS

Want to get rid of your old tattoo? If only you'd heeded this advice before getting inked

Avoid light colors "To remove a tattoo, I pass light over it with a laser, which breaks down the ink's pigment," explains New York City cosmetologist Carol O'Brien. "Dark blue and black absorb light well and are easiest to remove. Leafy green and sky blue are hard to do and people usually aren't satisfied with the results."

Stay away from tribal crap Each treatment obliterates one layer of ink. The deeper the ink, the more you'll need. "Tribal designs are very deep, dark and thick," O'Brien says. "They require as many as 20 visits, each of which costs $200 and can be followed by irritation, scabbing, blistering and bleeding."

Never get names, plants or Slayer "Thirty percent of my business is removing the names of people's exes," O'Brien says. "Heavy metal bands are common too. And it's always weird when a guy puts a rose on his leg. What's that about?" A clever way to never forget another Valentine's Day?

BEFORE TREATMENT

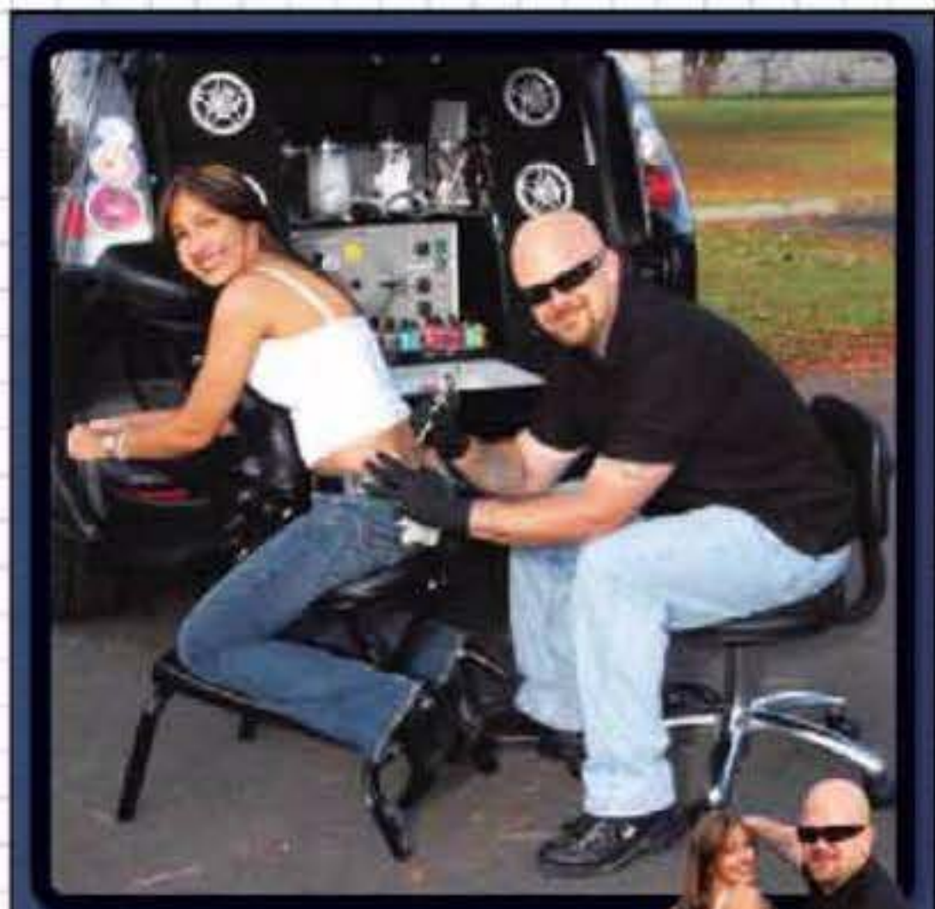
"SECOND THOUGHTS" BY DAN REILLY; "INK ON WHEELS!" BY DINO ANTHONY MARKUS; MAZDA: FRANKLIN BERGER (7)

Your new tattoo!

Cut out one of these designs and bring it to the tattoo shop to have it traced.

Mr. Peanut

Vida Guerra



INK ON WHEELS!

Do something regrettable in a car that won't put cash into pimp hands

When tattoos and minivans cross paths, chances are it's because a suburbanite is being carjacked. But, body ink and dad-mobiles coexist peacefully in the Mazda5 "Tattoo," which custom shop Galpin Auto Sports of Van Nuys, CA, debuted earlier this year at the L.A. Auto Show.

"Open the back and it's got everything you need to tattoo—needles, ink and sterilization equipment," says Galpin vice president Beau Boeckmann. "There's even a camera, computer and printer so you can see a picture of what you'd look like with a tattoo before you get it."

So, while Mike Tyson should consider adding one to his fleet, he should also be prepared to pay handsomely for it since the "Tattoo" is a one-of-a-kind ride. Galpin will build you a copy for $80,000—as long as you promise not to ink Asian characters onto white boys.

www.galpin.com

AFTER 3 TREATMENTS

AFTER 4 TREATMENTS

XXXXXXXXX

INSTANT WISDOM

- 45 million Americans work from home.
- Aaron Spelling's Beverly Hills home boasts America's biggest walk-in closet, measuring 3,500 square feet.

DÉCOR

DICTATOR DENS! >>

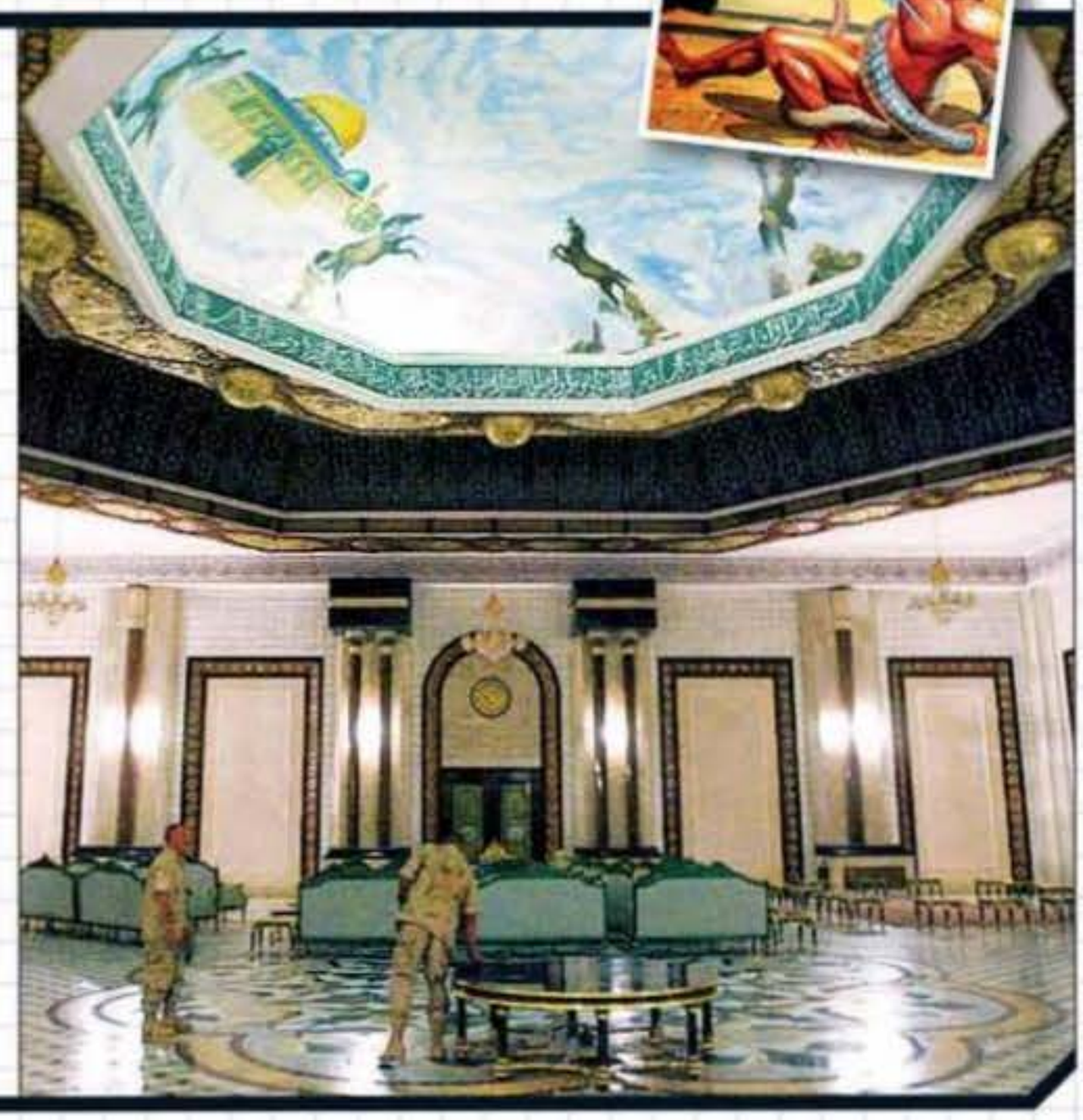
Queer Eye: good for homes. Saddam's eye? Not so much

To their credit, history's most infamous despots excelled at paranoia, fear-mongering and uniform-wearing. But, as author Peter York reveals in *Dictator Style*, their decorating sense was as hopeless as any man's.

SADDAM HUSSEIN

Iraq, 1979-2003

Best known for Invading, not playing nice with Bushes.
Style "Saddam had something like 65 palaces," York says. "His country has this enormously long history, but he didn't draw on it for his palaces' designs. On the walls were horrible soft-porn pictures of women being tormented by prehistoric beasts. They were like heavy-metal album covers from the '70s, only more sadistic."



ADOLF HITLER

Germany, 1933-'45

Best known for Crimes against humanity, mustaches.
Style "Hitler's Alpine retreat looked like something out of a Bond film," York says. "It was on a hill in south Germany overlooking his homeland, Austria, where he'd failed as a painter and architect. All of the bedrooms were decorated with his watercolors. It's as if the whole house was saying, 'I've made it. I'm a man of taste.'"

MOBUTU SESE SEKO

Zaire, 1965-'97

Best known for Publicly executing rivals, wearing funny hats.
Style "Mobutu's Chinese-style palace felt like a theme park," York says. "After he was deposed, it was discovered that nothing was real. The chandeliers were plastic and the Ming vases were fake. So, the question is had Mobutu been conned, or had he done this on purpose to get more dash for his cash?"

JOSIP BROZ TITO

Yugoslavia, 1945-'80

Best known for Uniting Slavs, bickering with Joseph Stalin.
Style "Tito's style was what you'd call '50s Midwestern contemporary," York says. "He liked to decorate with stuffed, dead animals, as if to say, 'I'm an alpha male who can kill alpha animals.' In this photo there are various stuffed animals. The dog is alive, but he's probably wondering if he's going to be stuffed next."

BAT HEAD

Furnish like Adam West

Scott Fensterer of Oscoe, FL, makes Shakespeare busts with power switches hidden under their heads, similar to the one from the 1960s *Batman* TV series. Who buys them?

"A lot of fan-boy, *40-Year-Old Virgin* types," Fensterer says. "One customer is converting his basement into the Bat Cave. He's got the bust wired up to a moving bookcase." His next project: sex with a girl.

$300; www.protohypestudios.com

"DICTATOR DENS!" BY TOM CONLON; "BAT HEAD" BY DAN REILLY; SADDAM: AP PHOTO/IRAQI TV VIA APTN; HITLER: ROGER VIOLLET/GETTY IMAGES; MOBUTU: JACQUES PAVLOVSKY/SYGMA/CORBIS; TITO: AP; PAINT ROLLER: CORBIS ROYALTY-FREE; DICTATOR HOMES (5): COURTESY OF PETER YORK AND CHRONICLE BOOKS

PHOTOGRAPHY BY GAVIN BOND

GOSPEL

JENNY'S JOY >>> OF CHEATING!

America's hottest bombshell wants you to get off— and get away with it

Hello, boys,

and welcome to my new *FHM* column. Over the coming months I'll teach you how to get more sex, better sex and sex with women who are neither fat nor ugly. And because I must have been a guy in a previous life, I'm starting with cheating—how to do it and how not to get busted. But first, let's get one thing straight: These tips are to be used only on women who deserve to be cheated on. If you cheat on a good woman, you are going to die a miserable death, probably of cancer. If she's evil, though, go right ahead. Here's how.

> Don't talk There's having a one-night mistake and there's having an affair. If you cheat once with some stranger when you're away on business in Boise and feel horrible about it, shut up. Too many guys confess all to get over the guilt. That's a pussy move. Audit why you did it. Was your dick throbbing? If all you needed to do was come, then it's not too bad, is it? If you find yourself fucking a lot of girls in airport hotels, though, you need my help.

> Do stick to routine If you don't normally return home from a business trip with a present for your girl, *don't* come home with a present after screwing someone. We can smell your guilt. Instead, walk in the door, rip her clothes off and fuck her. That's what I call double-dipping—you just dipped some place else and now you're dipping at home. If you've been away for a week, she expects you to be horny, and if you do her when you walk in the door, she's less likely to think you've taken care of business elsewhere.

> Don't get stylish Only idiots get lipstick on their collars or give their girlfriends chlamydia. The most common giveaway is when guys change their routines and start caring about how they look. If you're screwing another girl, you'll start changing your image to meet your new woman's tastes. Worse, you won't know that you're doing it. Be gradual in your change. Or better still, make your old girlfriend think that she's part of your transformation.

The only time guys change their hairstyle is when they want some action. If you want a cut to impress your new girl, do it, then call your girlfriend on your way home. Say, "I'm *so* pissed! This new barber fucked up my hair!" When you arrive home, your girlfriend will be primed to tell you how much she likes it. My strategy for upgrading your wardrobe is similar: Tell your girl you need some new clothes and ask for her help. At the store, gravitate to the more fashionable clothes, grab a shirt and ask her, "Would I look gay in this?" She'll probably like the shirt and tell you so. Even better, she'll think she's helped you see the light when it comes to fashion.

> Do blame doctors If you really want to raise your girlfriend's suspicions, start exercising and stop drinking beer. The only way you can get away with getting in shape is by going to your doctor for a checkup. When you come home, say, "Holy shit, my cholesterol is off the charts!" Give your girlfriend a health scare. Cholesterol is easy—everyone has high cholesterol—and your case is so bad you have to be placed on a strict diet and exercise regularly or face an early grave. New girlfriend, meet Mr. Buff.

> Don't Scott Peterson Of all the things to remember when it comes to keeping your affair a secret, the most important is to not kill your girlfriend. When they find the body, everyone will know you were enjoying some serious side action.

Until next month,

Jenny xxx

IS SHE CHEATING ON YOU? Behold Jenny's tell-tale signs that your woman's gone dude shopping

1 "She has a drawer of silk panties but she wears only ugly cotton ones for you."

2 "She has started grooming her bush with more dedication than ever."

3 "She guards her cell phone so that you don't read her dirty text messages."

4 "She starts going out without asking you to join her."

5 "She's screwing someone else on the sofa when you walk in the front door."

STYLING BY CANNON FOR OLIVER PIRO, INC.; PROP STYLING BY BRADLEY GARLOCK/GARLOCKDEGUICEIS FOR JUDY CASEY INC.; HAIR BY FRANKIE PAYNE AT LUXE; MAKEUP BY GLEN JACKSON FOR CLOUTIERAGENCY.COM; MANICURE BY APRIL FOREMAN FOR CLOUTIERAGENCY.COM; TOP AND BOTTOMS BY PFIFF; JEWELRY BY NOIR; SHOES BY EDMUNDO CASTILLO

INSTANT WISDOM

• The World Cup was first held in 1930 in Uruguay, which was awarded the tournament to honor the nation's centennial. Only 13 teams competed compared to 32 today.

SOCCER

AMERICA WEAR

As patriotic as blowing off your hand on the Fourth

Now that our soccer team is actually halfway decent, the U.S. finally has a shot at spanking the rest of the planet in something other than desert bombing. For this summer's shot at World Cup glory, Nike designed the team's official jerseys to resemble the ones worn during the 1950 U.S. upset over England. Want one? Guess how far the U.S. team will go in the 2006 World Cup, and you'll be entered to win this shirt. We'll even have members of the U.S. squad autograph it. See page 134 for rules, and don't say we never did anything for you.

$70; available at Niketown stores

SUPER BALL

Meet the Adidas Teamgeist Match Ball, the newly anointed, official rock of the World Cup. While the checkerboard ball of yore was sewn together, this marvel's 14 panels are thermally bonded, reducing stitches by 60 percent. That translates to more sweet spots than a whipped-cream orgy. **$130; www.shopadidas.com**

RUN THE FIELD!

ADIDAS F50 TUNIT The first customizable boot features interchangeable sets of studs for play on soft or hard ground. www.adidas.com

PUMA v1.06 Constructed from a lightweight leather-like fiber called ConTec, Puma's v1.06 is built for split-second speed. www.puma.com

LOTTO ZHERO GRAVITY Worn by Italian striker Luca Toni, this is the first cleat to eliminate laces. Paragon, NY, 212-255-8036; Niky's Sports, L.A., 323-735-2181

SNEAKER DIPLOMACY

Painting a flag on your chest would reveal your suspiciously healthy cleavage to the world, so instead support your team with a pair of country-themed kicks by Adidas Originals. Representing FIFA's heaviest hitters, each shoe in the collection features a flag on its tongue and does us all the favor of keeping your reek factories covered. **$65; Adidas Originals stores or www.adidas.com**

"AMERICA WEAR", "SUPER BALL" AND "SNEAKER DIPLOMACY" BY ELISABETH DICK; "RUN THE FIELD!" BY MONICA AVERSA; APPAREL PHOTOGRAPHY BY GORMANPHOTO.COM

NUPTIALS

BRIDESMAID BAIT >>

Look sharp and sweat less while mourning the death of bachelorhood at summer weddings

FORMAL WEDDING

If you're forced to don a monkey suit in 90-degree weather, avoid the nickname "Wet Willy" with a James Bond–style off-white jacket that will keep you cool by reflecting the sun instead of absorbing it.

DINNER JACKET, $575, TUXEDO PANTS, $225, HABERDASHERY TAB-COLLAR SHIRT, $70, SATIN TIE, $68, ALL BY J.CREW; LOG ON TO WWW.JCREW.COM
MOSS SHOES IN PATENT LEATHER BY DONALD J PLINER, $260; 888-307-1630 OR LOG ON TO WWW.DONALDJPLINER.COM

CASUAL WEDDING

Ditch the Gordon Gekko power suit for a neutral cotton/linen blend and bright pastel shirt that will flatter any skin color. Loafers finish the look and have no laces to trip over while Electric Sliding.

LINEN SUIT BY HICKEY FREEMAN, $1,450; HICKEY FREEMAN, NY, 212-233-2363
DRESS SHIRT BY BROOKS BROTHERS, $108; BROOKS BROTHERS STORES OR WWW.BROOKSBROTHERS.COM
FAST APPROACH LOAFERS BY ROCKPORT, $80; LOG ON TO WWW.ROCKPORT.COM

BEACH WEDDING

The invite says barefoot on the sand, but unless you're lucky enough to be at a *Magnum, P.I.*–themed wedding, opt for a guayabera shirt, linen pants and leather sandals over bare-chested in a bathing suit.

GUAYABERA SHIRT AND LINEN PANTS BY BANANA REPUBLIC, $68, $128; LOG ON TO WWW.BANANAREPUBLIC.COM
LEATHER THONGS BY EDDIE BAUER, $40; EDDIE BAUER STORES OR 800-426-8020

GROOM 911

Tux-buying tips for when it's your turn to play house

Rent to own

If you've blown the bank on lady ice and don't mind wearing something a high school kid likely puked on two nights earlier, consider buying a used tux from a rental shop. Renting a tuxedo generally costs from $70 to $200, while buying used will run you $125 to $450.

Reasonable

Score points with your bridezilla-to-be by outfitting your entire wedding party at J.Crew. This one-stop shop for gowns, bridesmaid's dresses, tuxedos and suits will save you a bundle so you can hire a DJ with more experience than your recently paroled cousin Anthony.

Custom-built

If money's no object, spring for a custom tuxedo. Depending on the fabric, a made-to-order tux can cost from $400 to $28,000. But given that it's cut to your exact measurements, it's worth it. If you plan on keeping your weight within 10 pounds for the rest of your life, that is.

TEXT BY ELISABETH DICK; PHOTOGRAPHY BY GORMANPHOTO.COM

SEE NATALIE IN ACTION AT WWW.FHMUS.COM/GULBIS

PUTTING

MASTER THE GREEN!

FHM golf columnist Natalie Gulbis offers tips for your short game

1

2

Putting styles are like problems. Everyone usually has several and they're often willing to share them with anyone who will listen. The most important thing about putting is to feel comfortable. I putt with an unorthodox style. My stance is very open with my left foot wide of my right. I also split my hands on the club (1), which gives me a better feel for the ball. Try finding a spot halfway down your putting line between the ball and the hole and putt through that spot (2). It is much less daunting than trying to putt to the hole itself.

QUEEN OF CLUBS
NATALIE GULBIS

PHOTOGRAPHY BY PERRY HAGOPIAN

STYLING BY RUTH KAHN; HAIR AND MAKEUP BY MARY ROCKWOOD-CRABTREE FOR ENVY ARTISTS; HAIR CARE BY KIEHL'S; COSMETICS BY CHRISTIAN DIOR; SHIRT AND SKIRT BY ADIDAS

COMPONENTS

SKATE LIKE THE ELITE

Fresh out of pig fetuses, we instead dissected the boards of three top pro riders

TEXT BY JASON BUHRMESTER; SKATEBOARDS: GORMANPHOTO.COM; CABALLERO: ADAM ROUNTREE/GETTY IMAGES; LASEK: CHRIS POLK/AP; ALVA: V. SUMMERS/ADMEDIA

Steve Caballero

STREET CRED

An original Bones Brigade member, Caballero has been punishing plywood for 30 years.

ABOUT HIS RIG

"My ramp setup has a long wheelbase, so the board doesn't turn as sharp or get wobbly at high speeds," Caballero says. "I ride looser trucks on ramps so that I can carve. And, I've been using rails since 1980. They give me a smoother ride on rail slides—the board rarely sticks."

Bucky Lasek

STREET CRED

America's No. 1 ramp skater has enough X Games gold to make Trump look homeless.

ABOUT HIS RIG

"I have a bigger deck now because ramps are getting bigger," Lasek says. "That makes your board easier to handle. With new trucks, I always swap out the bushings with Bones Hardcores. It takes a while to break in new trucks, but the Bones bushings make them feel like an old set. They're instant gratification."

Tony Alva

STREET CRED

This grandpappy of skateboarding was part of the legendary Z-boys skate team in the '70s.

ABOUT HIS RIG

"I like ceramic bearings in my wheels," Alva says. "They're nice and fast and last a long time. I hang on to trucks for a while—I'll ride them until they break. Trucks don't have much memory at first, but after a while they learn your movements and respond to them better."

CABALLERO'S GEAR

1	DECK	$50
	STEVE CABALLERO POWELL PRO MODEL WWW.POWELLSKATEBOARDS.COM	
2	TRUCKS	$40
	INDEPENDENT TRUCKS 139s WWW.INDEPENDENTTRUCKS.COM	
3	WHEELS	$33
	AUTOBAHN CABALLEROS, 54MM WWW.AUTOBAHNWHEELCO.COM	
4	BUSHINGS	$5
	BONES HARDCORE BUSHINGS WWW.POWELLSKATEBOARDS.COM	
5	BEARINGS	$110
	BONES SWISS CERAMIC BEARINGS WWW.POWELLSKATEBOARDS.COM	
6	RAILS	$7
	POWELL THIN RIBS WWW.SKATEONE.COM	
7	HARDWARE	$4
	RANDOMS WWW.RANDOMS.COM	

LASEK'S GEAR

1	DECK	$50
	BUCKY LASEK ELEMENT PRO MODEL WWW.ELEMENTSKATEBOARDS.COM	
2	TRUCKS	$40
	INDEPENDENT TRUCKS 139s WWW.INDEPENDENTTRUCKS.COM	
3	WHEELS	$25
	ELEMENT AMOEBAS, 54MM WWW.ELEMENTSKATEBOARDS.COM	
4	BUSHINGS	$5
	BONES HARDCORE BUSHINGS WWW.POWELLSKATEBOARDS.COM	
5	BEARINGS	$40
	ELEMENT SWISS BEARINGS WWW.ELEMENTSKATEBOARDS.COM	
6	HARDWARE	$4
	ELEMENT RATIONS WWW.ELEMENTSKATEBOARDS.COM	

ALVA'S GEAR

1	DECK	$50
	ALVA SACRED GEOMETRY WWW.ALVASKATES.COM	
2	TRUCKS	$45
	INDEPENDENT TRUCKS 215s WWW.INDEPENDENTTRUCKS.COM	
3	WHEELS	$35
	ALVA BLUE BALLS, 60MM WWW.ALVASKATES.COM	
4	BEARINGS	$110
	BONES SWISS CERAMIC BEARINGS WWW.POWELLSKATEBOARDS.COM	
5	HARDWARE	$4
	RANDOMS WWW.RANDOMS.COM	

INSTANT WISDOM

- ArenaBowl XX takes place June 11 in Las Vegas.
- Elway's Colorado Crush are the defending AFL champions.
- In the first year of the AFL there were only four franchises.

Q&A

JOHN ELWAY >>

With ArenaBowl XX coming up, the Hall of Famer talks about Cleveland, tuba players and his own arena football team

As an owner of the AFL's Colorado Crush, how hard is it for you to stay off the field?
Sometimes I wish I could do some play-calling, but they do a good job without me. The thought of playing again ends when I see those guys get hit.

In the AFL, most players play both sides of the ball. Quarterbacks don't. Why are QBs so soft?
You don't want your quarterback getting hurt playing linebacker. My anger overtook my ability to think whenever I threw an interception. That's when I'd get my hit in. Once, against Seattle, there were three guys leading the inteceptor, and I got through all of them to make the tackle. That was the best play I ever made defensively.

Do any AFL players hit Romanowski-hard?
There are a lot of tough guys in the AFL but they don't punch other guys in practice. Bill is great to have on your team, but he's annoying to play against.

Besides Cleveland, what other cities can't you visit?
None really. Every time I see Cleveland fans, they bring up the Drive and those AFC championships that we beat them in. I always say, "Sorry, better you than me."

You were Stanford's QB in the 1982 game against Cal in which the band ran onto the field early. Did you take out any tuba players in anger?

The thought of playing again ends when I see those guys get hit

I thought about it, but didn't. It had been fourth and 17 on our 13 and we were able to pick that up and move down to kick a field goal. I went to the bench happy to have the lead. The next thing I know, it was confusion and chaos out there.

Is that why the Crush doesn't have a band?
Exactly. And if we did, we'd teach them how to tackle.

WIN!
SCORE A TRIP FOR TWO TO ARENA BOWL XX IN LAS VEGAS! SEE FHMUS.COM/WIN FOR DETAILS

THROW ELWAY'S SPIRAL!

Learn No. 7's throwing technique. Then use it to taunt a Browns fan

The drop-back
"Your eyes can easily give you away when you're under the center," Elway says. "So can your drop-back. That's why it should be done the same, whether you're throwing to the left or to the right. When taking that first step into the throwing position, your front foot and hip should move toward your target."

The grip
"I always position two fingers on the laces—my ring finger on the second lace and my pinkie on the fourth," Elway says. "Like golf grips, however, everyone's is different. Guys with smaller hands will grip more toward the end of the ball." Presumably, Doug Flutie has never touched a lace.

The motion
"You don't create the spiral by spinning the ball off your hand," Elway explains. "The rotation comes from your hand moving across your body. For right-handers, your right thumb should move to your front left pocket as you throw."

The follow-through
As your right arm moves across your body, your weight should transfer to the left. "That creates more torque to throw farther," Elway says. "But after you do, get the weight off that left leg because that's when guys will roll into your knee." That's not exactly a Theismann, but it should be a decent reminder.

INTERVIEW AND TEXT BY PHILLIP CRANDALL; ELWAY: E.L. BAKKE/AFL/WIREIMAGE.COM; ILLUSTRATIONS BY ANDY PARKER

WIRES

HOME THEATER HEROES!

Thanks to these electronic entertainers, good weather and summer sun has never meant so little

$4,200

Panasonic TH-50PX600U

50-INCH PLASMA BEAST

www.panasonic.com
Fifty inches is a whole lot of screen to fill, but Panasonic squeezed 29 billion displayable colors into their latest hi-def plasma. The inconspicuous built-in speakers make the set look like a work of art suitable for hanging right between your framed Lamborghini and Kathy Ireland posters.

$450

Bowers & Wilkins CM1

www.bwspeakers.com
These CM1 bookcase loudspeakers blast that luxe B&W sound but in a smaller package. Put them on your shelves to keep your Dean Koontz collection from falling over. They even come in three different wood finishes, none which will match your bean-bag chair in the den.

$3,000

InFocus Play Big

www.infocus.com
Other than filling walls with better-than-the-big-screen images, the best part of the IN76 is that it looks nothing at all like a projector.

$300

Sony DAV-DX255

www.sonystyle.com
Sony's five-disc changer DVD sound system means one very important thing—*Death Wish* quintilogy marathons on tap. Let the onscreen display tell you exactly how to set up the speakers in seven different configurations; then enjoy Charles Bronson dispensing vigilante justice in 5.1 surround sound for the next 10 hours.

$1,000

Sony BDP-S1

www.sonystyle.com
Donate your DVDs to the homeless to make room for Blu-ray. This new standard for hi-def video stores movies on discs that hold 50 GB. But the BDP-S1 can still play your ancient DVDs, so screw charity.

$600

Polk Audio I-Sonic

www.polkaudio.com
Save space without skimping on sound. The I-Sonic packs in a DVD player and blasts both HD Radio and XM Satellite Radio for when you tire of watching *Old School*. And you will.

TEXT BY JOHN MIHALY; PHOTOGRAPHY BY GORMANPHOTO.COM

FLAMES

FIRE STARTERS!

Heat your meat with the greatest grilling machines of this season

Gourmet 3000 Sports Bar & Grill

starting at $15,075 www.calspas.com

Even without the help of Kahn or a midget, the Cal Flame Barbecue Island is a flesh cooker's fantasy come true. At over 13 feet wide, this grilling monster requires professional installation before its five burners can engulf your burgers and tube steaks in flames.

1 Television

With enough room for up to three 17-inch LCD, flat-panel screens, you'll never miss a single, agonizing pitch of that Sunday afternoon getaway game between the Pirates and the Padres.

2 DVD and stereo

Nothing on TV? Then fire up a DVD alongside some of those brats. And if everyone gets sick from watching *Alive*, rock some music through the Clarion six-speaker sound system.

3 Options

If a home theater outside the home isn't enough, spend some extra bank and add a beer tap, refrigerator or even a therapeutic waterfall for when the stress of grilling finally breaks you.

Char-Broil Double-Door Smoker

$200 www.charbroil.com

If you prefer a smokier flair to your vittles, go with Char-Broil. The dual doors provide better access to the meat and reduce heat loss for better-cooked BBQ. Besides, a firebox that offers double entry for two C-notes is a great deal anywhere you go.

Weber Q 300

$370 www.weber.com

For grilling in cramped quarters—like the bathroom—the gas-powered, two-burner Q 300 keeps those home fires burning bright. Built-in folding work tables save on space while a removable drip tray collects fat like a Jenny Craig sign-up drive.

Coleman BackHome Select

$1,300; www.coleman.com

The 8200 offers a side burner for top-secret sauces and a rotisserie for roasting little piggies. Since this flame cage comes 95 percent assembled, you'll be grilling faster than the time it takes your five-alarm chili to start pounding your colon.

GRILL TIPS

Scorch flesh like a pro by avoiding these BBQ blunders

CRANK THE HEAT

Don't throw the meat on until the fire is blazing. "Meats have open pores and heat seals the juices in," says Rick Browne, host of PBS's *Grilling America*. "Once seared, finish cooking with indirect heat."

DON'T FLIP OUT

Over-flipping is for rookies. "The more you turn, the more protein gets cooked. That makes the meat tougher," Browne says. "And when you lift the lid, you lose heat and precious cooking time."

HOLD THE SAUCE

Wait until the very end to apply your BBQ paint job. "The sugars in the sauce caramelize faster than meat cooks." Browne says. "You think the meat is done but it's still raw in the middle."

REST THE MEAT

Let the steak sit a few minutes after you take it off the grill. "People cut right into it and complain it tastes dry," Browne says. "The juices need time to migrate."

TEXT BY DUSTIN GOOT; BURGER, COALS : ISTOCKPHOTO.COM; SPATULA: STOCKDISC CLASSIC

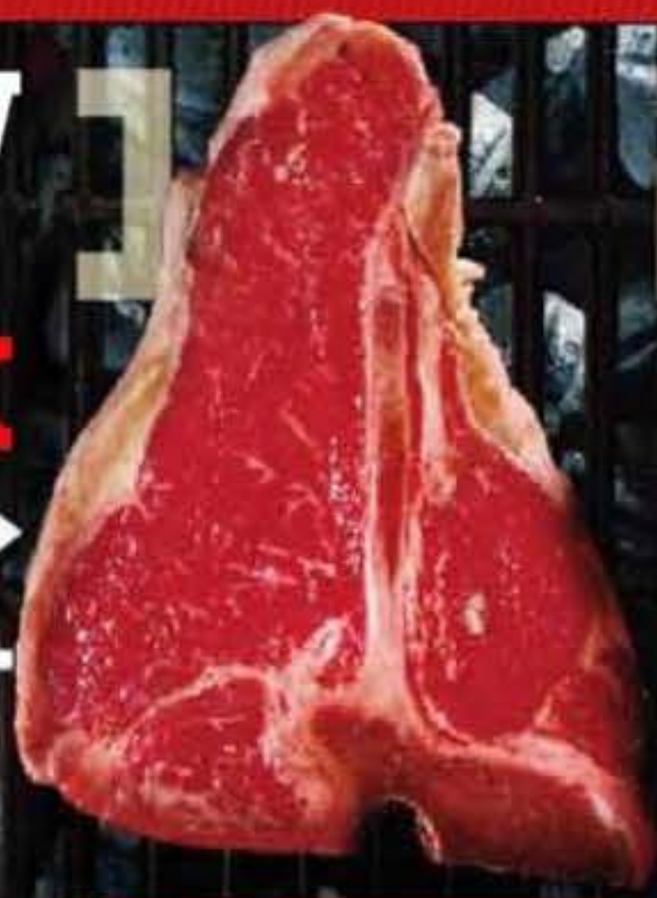
LOINS

KNOW YOUR STEAK

Which part of the cow tastes best? No, you can't guess "udder"

INSTANT WISDOM

- The New York strip steak was created by NYC's Gallagher's Steak House.
- The U.S. has less than 10% of the world's cattle but produces 25% of its beef supply.



Porterhouse

The porterhouse is the steak you order before you get the electric chair. "It's big!" says Terry Condon, general manager of Gallagher's Steak House in New York City. "You're getting filet and sirloin, aka a strip, split by a bone down the center." That makes for a lethal injection of meat.

Filet mignon

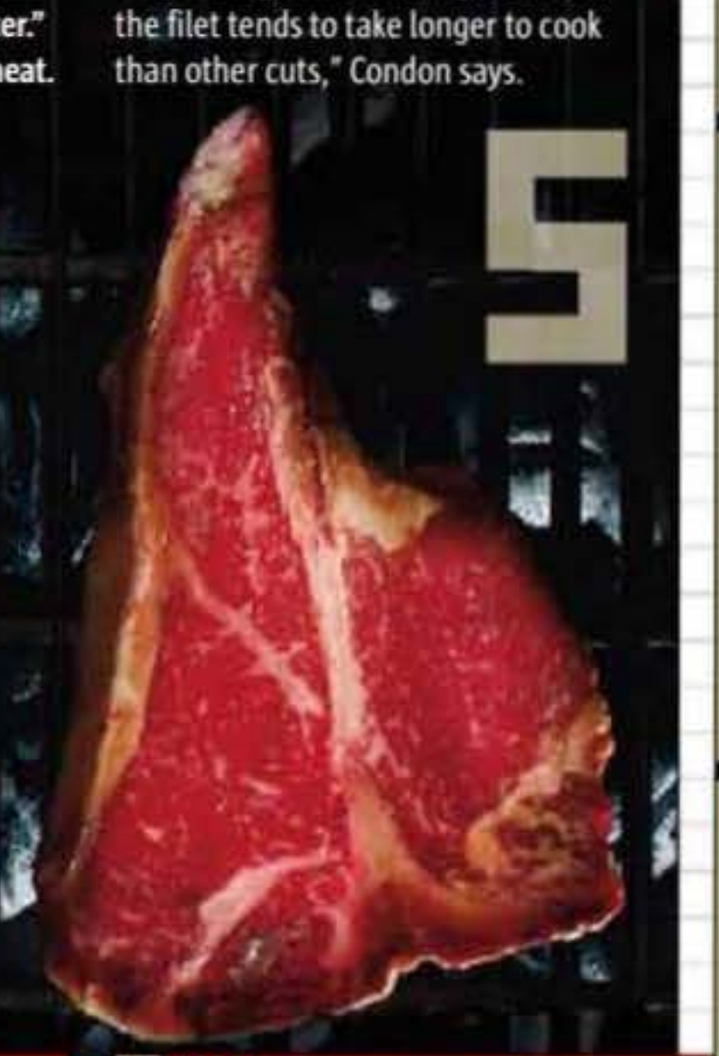
The most expensive and tender cut of steak is the filet because, unlike the rope swing at Janet Jackson's house, it has very little fat hanging from it. "Depending on how thick you slice it, the filet tends to take longer to cook than other cuts," Condon says.

Rib-eye

Delmonico and Cowboy would be a great name for a cop show if those titles weren't already reserved for the rib-eye. "Carved out of the rib section, where prime rib comes from, the meat is more marbled," Condon says. "That makes it the most flavorful cut."

Strip

This steak is sometimes known as the New York or Kansas City strip, depending on the side of the Mississippi from which you hail. "The sirloin can be served bone in or out," Condon says. "And it's a more tender cut." This area on the cow doesn't build up that much muscle. Just like you.



T-bone

The T-bone is like a porterhouse, but with a smaller filet and a bone across the top. "It's a difficult cut to choose," Condon says. "The two pieces can be inconsistent." Your juicy filet could be complemented by a sirloin so veiny you'd swear it came off of Grandma.

BEEF TIPS

Avoid a barbecue mutiny with our red-meat shopping guide

Redder the better
Look for redness in a cut. That means it's fresh. "You want to stay away from meat with brown or purple coloring," Condon says. "The discoloration is a sign the blood has drained out and the meat has been sitting around for far too long."

Bring the fat
Check the marbling, which is the fat content running through the meat. "Fat is flavor. It breaks down during cooking and gives the beef its taste," Condon says. "You want a lot of fat lines through the center of the cut."

Look for girth
The thinner the cut, the more difficult it will be to grill. "A good cut should be an inch and a half thick," Condon says. "When cooking on an open-flame grill, a slim cut has a tendency to cook too quick. The meat can dry out and curl up."

TEXT BY JOHN MIHALY; PHOTOGRAPHY BY GORMANPHOTO.COM; ILLUSTRATION BY DAVID HOPKINS

FHM Summer Preview

MOVIES MUSIC AND MORE

OUR SUMMER ENTERTAINMENT PREVIEW OFFERS COMPELLING REASONS TO AVOID THE SUN

SUPERMAN SAGA

The process of bringing the man in tights back to the big screen for *Superman Returns* has been a comic adventure all its own

◆ **1993** Warner Brothers acquires the rights to the film, and burns through multiple script attempts, including one from comic book fanboy and *Clerks* writer/director Kevin Smith. Some of the discarded plot points include Superman dying but first impregnating Lois Lane with his spirit, Superman losing his ability to fly and Superman ditching his tights for an all-black costume.

◆ **1997** Tim Burton begins pre-production on a version called *Superman Lives*, with Nicolas Cage in the tights. Then, without warning, the studio cancels the $140 million film. Due to his contract, Cage makes his full $20 million fee without working a day.

◆ **2004** *Charlie's Angels* director McG signs on to film a script written by *Lost* and *Alias* creator J.J. Abrams. At the last minute, McG quits, reportedly because the studio insists on filming in Australia and he's afraid to fly. Weeks later, director Bryan Singer walks away from his *X-Men* trilogy to helm *Superman Returns*. Between that film's budget and the cash put into failed attempts, the studio has reportedly spent close to $300 million on Superman.

Superman Returns *opens June 30.*

[FILM]

INSTANT WISDOM

- Kevin Smith made the first *Clerks* in 1994 for $27,575.
- It was originally rated NC-17 for language. The studio hired Alan Dershowitz to appeal the rating. He won it an R.

DECEPTION

DA VINCI BLUFF!

You haven't read *The Da Vinci Code*. Here's how to BS the losers who have

If someone says "I loved this book and I can't wait to see the movie. I hope they don't change the characters much since they were so richly done, don't you think?" **You respond** "I do. Though the story is obviously in many ways Robert's, I really felt the supporting characters were the strength of the story. For example, the albino assassin is a fascinating lesson in contradictions. He kills others, but he claims a moral superiority and sanctity because he believes his work is in the name of Opus Dei, and thereby God. Then there's Sophie who initially eschewed the Priory of Scion, though she's lived much of her life under its protection. When she is identified as the most direct progeny of the bloodline, it could be suggesting that the Priory will bring the dynasty back to power, but you never know with author Dan Brown."

The Da Vinci Code hits theaters May 19.

INVESTMENTS

MAKE X-CASH!

Profit off nerds by buying up then selling comics that will get a price bump from *X-Men: The Last Stand*

When *X-Men: The Last Stand* debuts, fanboys will want to overpay for the comic books that inspired it. There's no reason they shouldn't overpay *you*. "Buy now, then wait to sell until the week after the movie hits," says Ryan Penagos, an editor at the comic book magazine *Wizard*. "That's when all the fans will be searching on eBay" Here's what comics to buy up:

Amazing Adventures No. 11 "Beast is in this film and this was his first appearance with blue fur," Penagos says. "It's at $170, but could hit $200."

X-Men Nos. 101 and 134 to 137 They originated the film's Jean Grey subplot. "They run $50 to $80 each, but I could see one topping $100," Penagos says.

X-Men No. 1 The first X-comic ever goes for $12,000. It could surge 15 percent.

X-Men: The Last Stand *hits theaters May 26.*

COMING SOON!

THE BREAK-UP
After splitting up, Jennifer Aniston and Vince Vaughn each try to force the other out of their condo. Thus raising the question: Who do you think got the *Mr. & Mrs. Smith* DVD?

LITTLE MISS SUNSHINE
This Sundance favorite boasts Greg Kinnear, Steve Carell and as much hilarious family dysfunction as you can fit into a VW bus on an epic road trip.

STRANGERS WITH CANDY
Imagine sitting in the high school cafeteria with your degenerate uncle to get a feel for this story of a middle-aged ex-con and ex-junkie back in school.

MIAMI VICE
Director Michael Mann uses Colin Farrell and Jamie Foxx to reimagine the classic '80s TV show he created. Sadly, this time there's no pastel suits or crocodile in the mix.

LANGUAGE

CLERKS RETURNS

Twelve years ago *Clerks* set the bar for delightfully offensive dialogue. How will Kevin Smith up the ante in *Clerks II*? Here's an excerpt from the script

53 INT MOOBY'S - DAY

Randal types furiously at the Mooby-Net kiosk. Dante's behind the counter, trying to put together an order.

DANTE
I need two Cow-Zingers and we're almost out of hash browns.

RANDAL
Hold on.

DANTE
Now, Randal.

Randal half moves away from the terminal and half stays. He taps a few last keys and then heads for the kitchen.

DANTE
What're you writing over there, anyway? Your memoirs?

RANDAL
I'm battling this jackass at his blog's message board.

DANTE
About what?

RANDAL
About how he's got too much free time and no life.

DANTE
Says the guy who's flaming him on his website.

RANDAL
I can't help it. Guy pisses me off.

DANTE
What's the blog?

RANDAL
(while cooking)
wheelieblog.org. It's this fuck in a wheelchair who's always preying on everyone's sympathies and writing these long diatribes about how he'll never walk again, and how walkers should appreciate the blessings of their functioning legs.

DANTE
That "diatribe" as you call it sounds more like some poor, crippled guy pouring out his heart and feelings.

RANDAL
Oh, fuck him - trying to guilt me into walking around more because he's all gimped out. What kinda mind-fuck is that shit?
(dumping fries)
So I've been getting even it with him on his board - throwing it back in his stupid, crippy-boy face about how much I love to just sit around, and how I'd rather drive to the end of the block than walk.

DANTE
The guy's in a wheelchair!

RANDAL
Yeah - that's why I called him "crippy-boy."
(handing bag to customer)
Have a good one.

Clerks II *hits theaters August 18.*

"DA VINCI BLUFF" BY JEN ADAMS; "MAKE X-CASH!" BY DANNY SPIEGEL; ILLUSTRATION BY STAN WATTS; ROUTH HEAD: BUSINESS WIRE VIA GETTY IMAGES; STILLS: DAVID JAMES

HOW TO MAKE THE
PERFECT
COSMOPOLITAN

THE PATRÓN
PERFECT COSMOPOLITAN

1 1/2 oz Patrón Silver Tequila
1/2 oz Patrón Citrónge Orange Liqueur
1 oz Fresh Lime Juice
1 1/2 oz Cranberry Juice

Add ingredients together
in a shaker with ice.
Shake until well blended
and strain into an ice filled glass,
garnish with a lime wedge.

TEQUILA
PATRÓN

[FILM]

INSTANT WISDOM
- Disneyland and Disney World are updating their Pirates of the Caribbean rides to be more like the films.
- The third film of the *Pirates* trilogy will be released in 2007.

VERISIMILITUDE

'YOU'RE NOT A REAL PIRATE!'

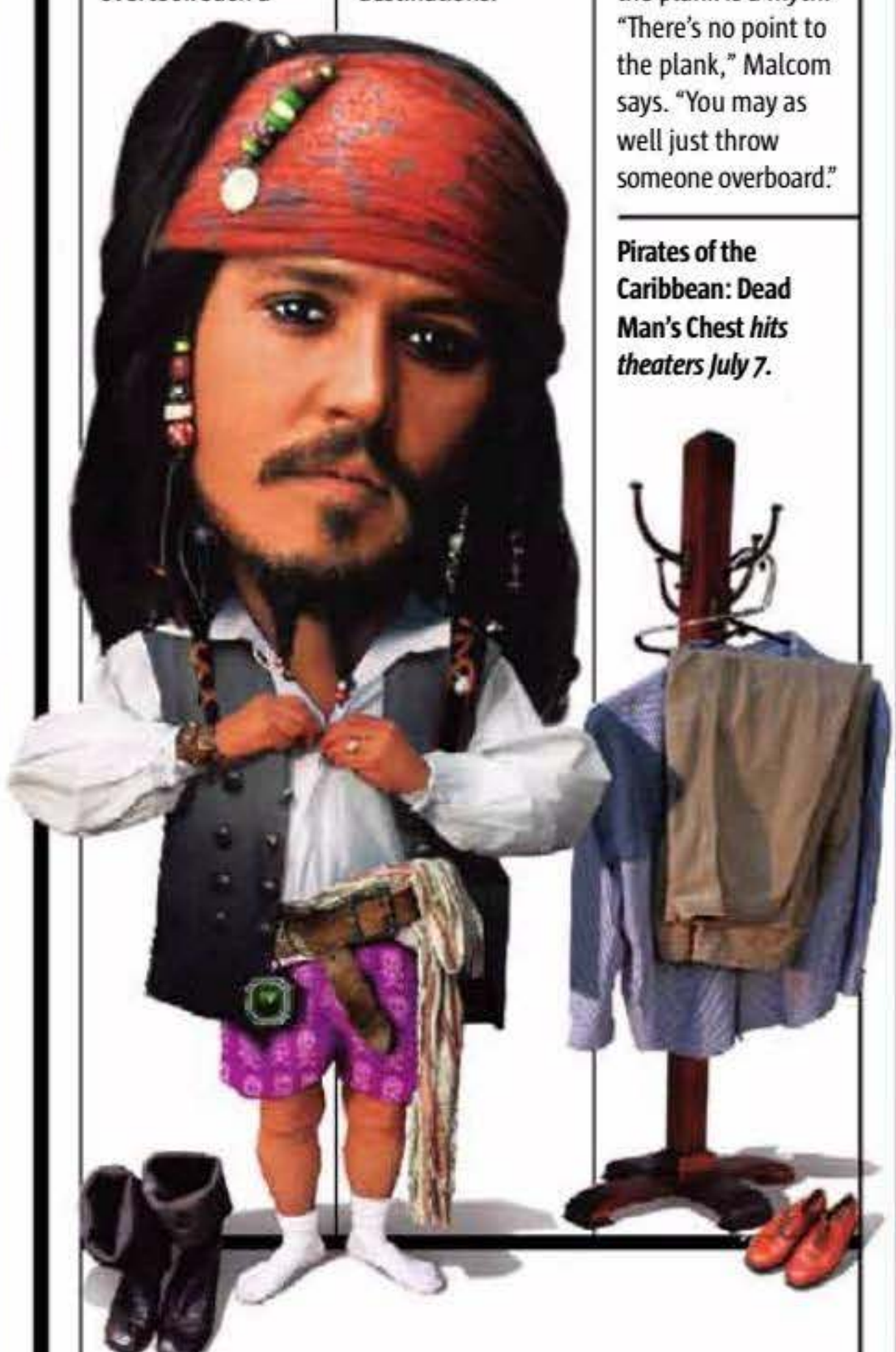
Johnny Depp doesn't swashbuckle like the sea dogs of yore. Here's how his Captain Jack falls short of history

He doesn't have a hook Many pirates were originally poor sailors on trade ships where accidents were common. "Getting caught in rigging and losing fingers happened a lot," says Corey Malcom, an archaeologist at the Mel Fisher Maritime Museum. When a pirate ship overtook such a vessel, the captain often invited sailors to join his crew.

He wasn't elected Yes, pirates elected their captains. "Some were egalitarian," Malcom says. "Each man was in the venture equally, and whatever they stole would be divided up." Many also voted on their destinations.

He fights with a sword To hell with glinting steel, most pirates preferred an ax. "It may have been a matter of convenience," Malcolm says. "Maybe you needed an ax to smash down a door. You can do all sorts of wonderful things with an ax."

He says "Walk the plank" Sadly, the plank is a myth. "There's no point to the plank," Malcom says. "You may as well just throw someone overboard."



Pirates of the Caribbean: Dead Man's Chest *hits theaters July 7.*

COMING SOON!

CLICK
A magic remote gives Adam Sandler the power to fast forward and rewind to different points in his life, but it still can't help him figure out why he made *Mr. Deeds*.

BEERFEST
With this summer's best display of courage, the guys from *Super Troopers* compete in a mysterious and ancient drinking game—against Germans.

SEE NO EVIL
A group of teens working in an abandoned hotel is stalked by a serial killer, played by the WWE's Kane. Only a wrestler could be scarier than a psycho with mommy issues.

THE OMEN
Fittingly released on 6/6/06, this remake of the 1976 scare-fest stars Liev Schreiber as the dad who thinks his son is Satan's spawn. Get over it, Liev—condoms break.

ILLUSTRATION BY STAN WATTS; DEPP HEAD: WALT DISNEY/COURTESY EVERETT COLLECTION

[FILM]

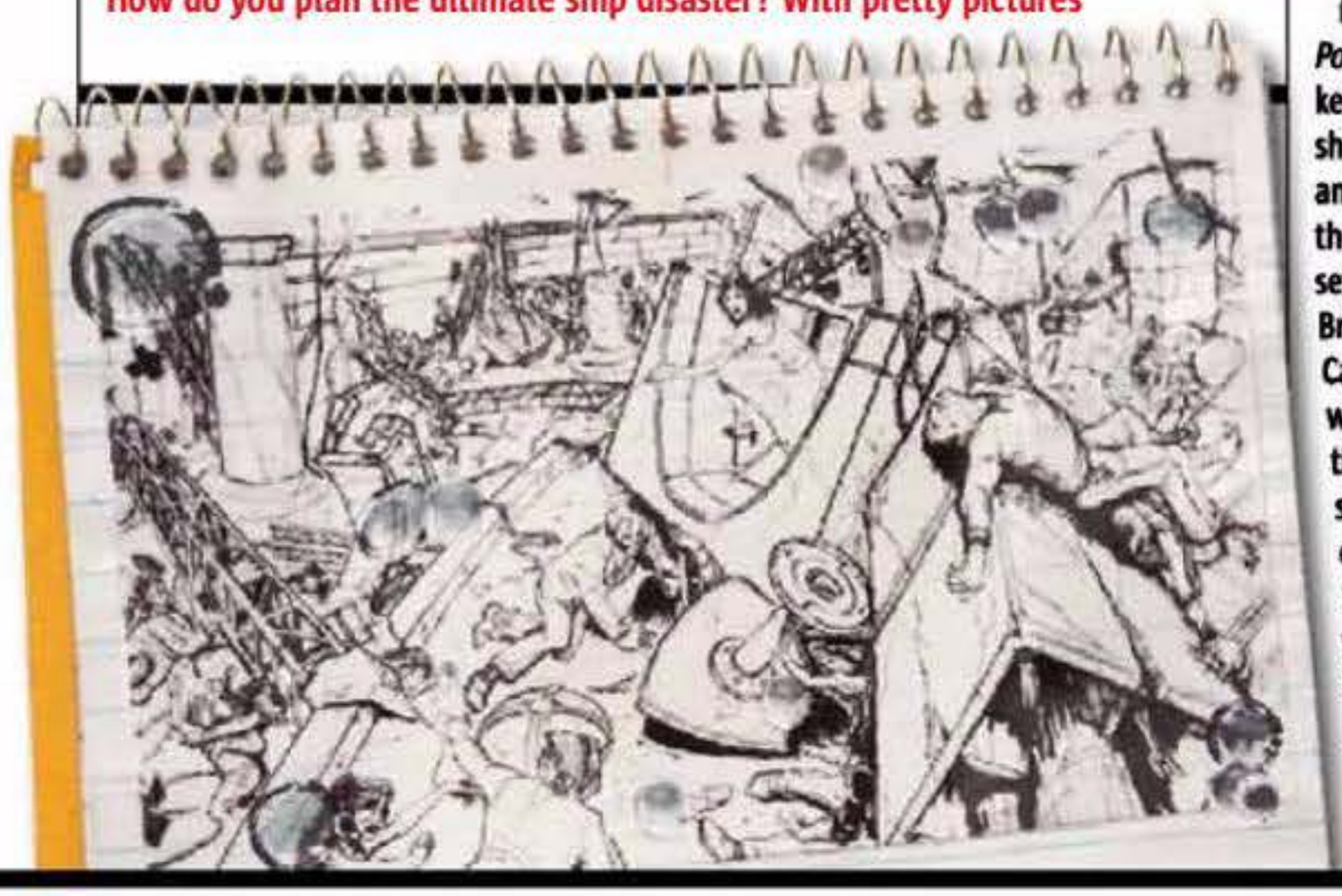
INSTANT WISDOM

- *The Poseidon Adventure* is credited with starting the disaster movie genre.
- *Poseidon* director Wolfgang Petersen also helmed the wet *Perfect Storm* and *Das Boot*.

VESSELS

OCEAN CARNAGE

How do you plan the ultimate ship disaster? With pretty pictures



To remake 1972's *The Poseidon Adventure*, *Poseidon* filmmakers kept it old-school, shunning lots of CGI and building all of the boat's interior sets on the Warner Brothers lot in California. "This was classic, old-time filmmaking," says production designer William Sandell. "These were the biggest sets built here in 50 years."

Because the ship capsizes, Sandell's team built one version of each set right-side up and another upside down. "It was like walking into an M.C. Escher print," Sandell says. "If you turn left, you're really turning right. It's very disconcerting."

The team built each set upside down

To ease the confusion, filmmakers relied on drawings such as the one to the left. "We did these before anything else," Sandell says. "The set looks almost exactly as it does here. Everything has to be strategically placed. This scene is in the boat's disco. The upside-down set was 100 by 90 feet, with tables, booths and a bar bolted to the ceiling and hanging above. It was an engineering nightmare."

Poseidon *hits theaters May 12.*

SUPERCHARGE NASCAR!

Talladega Nights director Adam McKay explains how to juice up Will Ferrell's new sport of choice

HUMANIZE THE DRIVERS

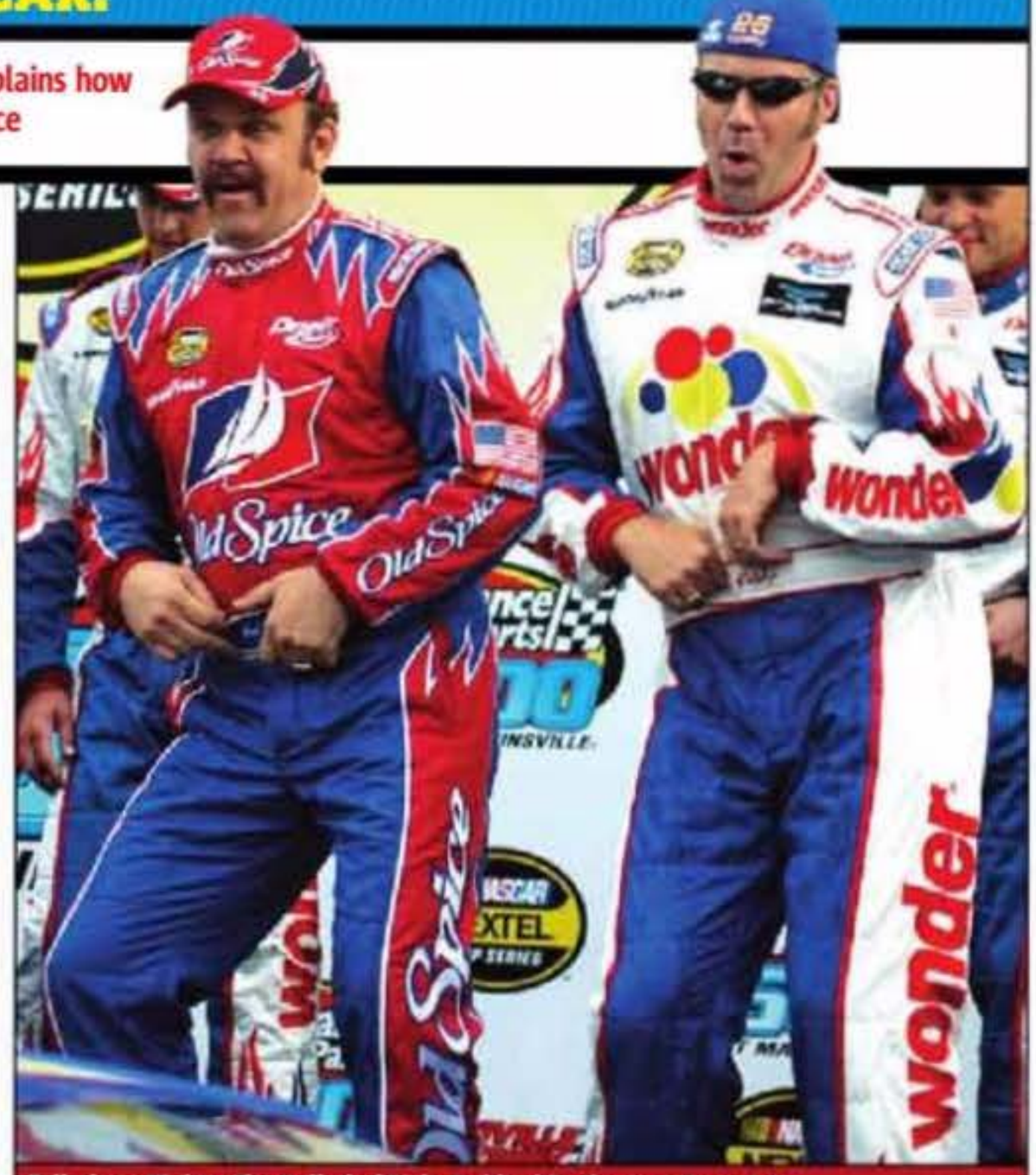
"The camera in the car should be in the driver's face," McKay says. "Announcers should dig up stuff about a driver's ugly divorce or an incident with his father he's suppressing and ask him about it at 200 mph. Put cello music into the car to dramatize it."

BREAK THE COURSE'S CIRCLE

"It should be like *Grand Theft Auto*," McKay says. "In the suburban version, you get 10 points for picking up a kid from school in five minutes. You can also drive into Gary, IN, jack a store and take the cash to your meth-addict stepbrother for bonus points."

ENCOURAGE FISTICUFFS

"Put a stormtrooper in a turret on top of each car," McKay says. "As the cars trade paint, the trooper jumps and attacks the other trooper. If he wins, he uses the car to support his own driver. There would be gangs of cars with post-apocalyptic rules."



Talladega Nights: The Ballad of Ricky Bobby *hits theaters August 4.*

THIS PAGE: "SUPERCHARGE NASCAR!" AS TOLD TO STEVE MARZOLF; "OCEAN CARNAGE" BY MEGHAN CONATON; BACKGROUND WATER: PHOTEX/ZEFA/CORBIS; NOTEBOOK STILL: GORMANPHOTO.COM

COMING SOON!

SNAKES ON A PLANE
There are snakes. And they are on a plane. What more do you need to know? Maybe only that Samuel L. Jackson is also part of history's best-named film.

NACHO LIBRE
Jack Black plays a Mexican monk who moonlights as a masked wrestler, leading him to say such prayers as, "Precious Father, please forgive me for being such a great warrior."

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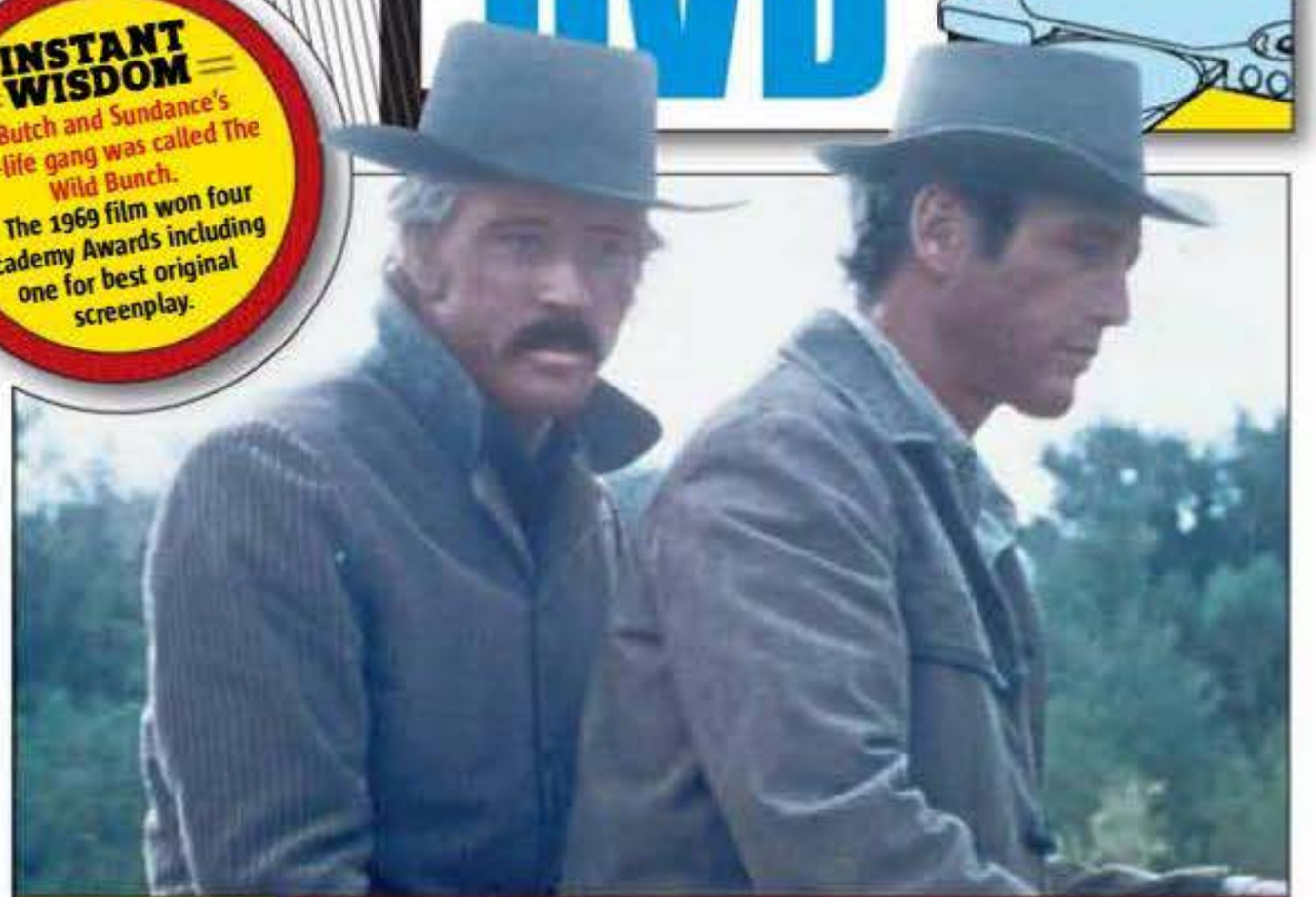
DVD



INSTANT WISDOM

- Butch and Sundance's real-life gang was called The Wild Bunch.
- The 1969 film won four Academy Awards including one for best original screenplay.

5 THINGS YOU DIDN'T KNOW ABOUT... BUTCH CASSIDY AND THE SUNDANCE KID

1 The film's original title was *The Sundance Kid and Butch Cassidy*. The studio wanted a star to play Sundance, but when they couldn't get any big actors, little-known Robert Redford got the part. Executives then switched the names in the title to emphasize Paul Newman's role because he was more famous.

2 Steve McQueen, Warren Beatty and Marlon Brando were all offered the role of Sundance and turned it down. Brando refused it because he said he was too upset about the recent assassination of Martin Luther King Jr. to work.

3 Newman's stuntman refused to do the film's famous bicycle tricks because they were too dangerous. While arguing with him, director George Roy Hill saw Newman riding the bike with one foot on the seat and his other in the air. Hill fired the stuntman and Newman did the work himself.

4 Filmmakers built a cabin in the abandoned Mormon settlement of Grafton, UT, for some scenes because it looked like a ghost town. Tourists visited the so-called "Butch Cassidy house" until the early '90s, when campers tried to use the fake fireplace and burned the entire structure down.

5 Midway through shooting one of the cliff scenes, Hill suffered violent back spasms that made it difficult for him to move. He directed the duration of the film from a reclining position, propped up against a board. The crew kept his injury a secret from the studio so that the executives wouldn't replace him.

Butch Cassidy and the Sundance Kid: Collector's Edition *hits DVD June 6.*

"BUTCH CASSIDY AND THE SUNDANCE KID" BY KATHARINE CRITCHLOW

COMING TO DVD!

Ronin: Collector's Edition
De Niro puts the best car chase scene since *Bullitt* on film. Includes an interview with the driving stunt coordinator.

Beavis and Butt-Head: The Mike Judge Collection Volume 2
Cornholio returns with 15 episodes never before available to own.

Napoleon Dynamite: Like, the Best Special Edition Ever!
Vote for Pedro with alternate scenes and actor audition tapes.

The John Wayne–John Ford Collection The eight movies include *The Searchers*, *Stagecoach*, *Wings of Eagles* and *Fort Apache*.

NEW BLACK MAGIC
TITANIUM.

TAKE YOUR SHINE TO THE EXTREME.

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GAMES

INSTANT WISDOM
• With more than 120 million units sold since its debut in 1989, Game Boy is the most successful gaming platform in history.

PLAYER

TIPS FROM THE GAMING GODDESS

Sex and concerts aren't all you can do outdoors this summer

Cold weather has faded away into summer, taking with it any last excuse you have for staying in the house in self-imposed, gaming exile. Unless you're tight with the American Dermatological Association, friends will soon be dragging you outside to enjoy the sun. Make the most of UV radiation with these portables.

For PSP

Daxter
Like yellow in the shallow end, sidekick spin-offs are to be avoided. But, this platformer starring Jak's second fiddle looks promising, boasting unlockables, wireless multiplayer, mini-games and 15 hours of gameplay—long enough to give your sunburn a tan.

Ultimate Ghosts 'n Goblins
This throwback action game brings back Sir Arthur—star of the '85 coin-op classic, *Ghosts 'n Goblins*—in a 3-D, wraith-slaying side-scroller. While fun, the game is *very* tough. As if the combination of a shameful physique and a Speedo wasn't already wreaking havoc on your feelings of inadequacy.

For Nintendo DS

Metroid Prime: Hunters
This touch-screen first-person shooter is perfect for the beach. Just don't confuse your mission to collect crystals spread throughout the galaxy with Grandpa's mission to collect loose change spread throughout the beach with a metal detector.

New Super Mario Bros.
If coordination "isn't really your thing," forgo a game of backyard Wiffle Ball for a patch of shade and your old pals Mario and Luigi—after all, they can't point and laugh. This all-new pipe-diving epic will delight fans of the NES original and has enough updated content to hold the interest of any gamer. Until an errant line drive tattoos a raspberry on your face.

X-PLAY'S MORGAN WEBB

PERPLEXED BY VIDEO GAMES?
Whether you're stuck on a level or just stuck to your couch, *FHM*'s all-knowing video-game expert is here to help. E-mail your gaming questions to Morgan at **gaminggoddess@FHMUS.com**
And watch *X-Play*, weeknights at 11 p.m. EST on G4.

PHOTOGRAPHY BY PERRY HAGOPIAN; STYLING BY DEBORAH FRANCIS; HAIR BY SAM LEONARDI FOR REDKEN AT RAYBROWNPRO.COM; MAKEUP BY LISA GARNER FOR ARTISTSBYTIMOTHYPRIANO.COM; BIKINI BY CYN & LUCA

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GAMES

Q & A

SPY SMACKDOWN!

Dwayne "The Rock" Johnson busts Jabroni ass in this summer's *Spy Hunter* sequel

In *Spy Hunter: Nowhere to Run*, your character, Alex Decker, stars alongside a famous car, the Interceptor. Does that make you the new Knight Rider?
Comparing Michael Knight to Alex Decker is like comparing wine to vinegar. Didn't Knight wear a Serucci jacket? Alex doesn't care about wearing the coolest jacket. All he cares about is kicking ass.

Did you hang out at the arcade as a youngster?
Every day. The arcade was the place to go to impress the ladies.

You were the bully who shook kids down for their quarters, right?
No, but remember that game *Dragon's Lair*? It was like a dollar to play. We were dead-ass broke. I don't know how he came up with this, but a buddy of mine used to drag his feet across the carpet to create static electricity, then he'd touch part of the coin slot door with a pair of handcuffs, which would instantly get him 100 credits. I shit you not.

In the game you drive the Interceptor, but what's the most beat-up car you've owned?
It was a 1979 sky blue Thunderbird I bought from a crackhead when I was 15 years old. He wanted 80 bucks for it. I had only $40, but I told him I'd get him another $40 in an hour if he gave me the keys. He gave them to me, and that was it. I drove off in my new car. But, as I'm driving down the highway, my buddy is like, "There's something in the back." I turned around and there was another crackhead lying on the floor. In the end, I had to dump the car in an abandoned parking lot because I never got the key to the gas tank from the guy.

Out this June for PS2 and Xbox. For more from The Rock, visit FHMUS.com/Rock

PLAY THESE NOW!

MONSTER HUNTER FREEDOM
Capcom PSP
Use swords, guns and traps to go Ted Nugent on mythical beasts.

ROGUE TROOPER
Eidos PS2, Xbox, PC
Your mission in this futuristic shooter is a familiar one: hell-bent revenge.

MLB SLUGFEST 2006
Midway PS2, Xbox
Arcade-style ball, complete with spikes-first, testicle-shredding base slides.

FINAL FANTASY XI ONLINE
Square Enix 360
Xbox 360 is no longer excluded from this PS2 and PC online world.

TABLE TENNIS
Rockstar 360
GTA's maker, Rockstar, does Ping-Pong, and with nary a cop-killing in sight.

"SPY SMACKDOWN!" BY JOHN MIHALY; "PLAY THESE NOW!" BY JASON BUHRMESTER

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WHAT KIND OF TROJAN® CONDOM MAN ARE YOU?

Take the Trojan® Condom Man personality quiz and enter for a chance to win a trip to an exclusive FHM event!

1 GRAND PRIZE
(ARV: $2,500)

A three day, two night trip, including airfare and hotel accommodations to one of the following *FHM* parties that best fits your personality:

1. The *FHM* Fashion Party in Las Vegas, NV; August 2006
2. The *FHM* Players Party at the "Big Game" in Miami, FL; February 2007
3. The U.S. Open Snowboarding in Stratton, VT; March 2007

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[TV]

INSTANT WISDOM
- Many of *Rescue Me*'s extras are current or retired New York City firemen.
- Denis Leary's Firefighters Foundation has donated more than $3 million to real firefighters.

HAZING

FIRE GAMES

The ball-busting camaraderie on *Rescue Me* isn't all fiction. Here, Denis Leary's crew shares their best off-camera tales

Callie Thorne aka Sheila Keefe

"Last year, the show had a great Christmas party . . . and then we turned 12 years old and played truth or dare. The goal was to get everyone to laugh at you. The restaurant was empty and I was dared to lift my shirt and rest my breasts on the bar. In the spirit of 'I won't be shown up,' I did it. No one saw anything except for the stinking bartender. I was like, 'Turn around!'"

Daniel Sunjata aka Franco Rivera

"Steve Pasquale and I had to jump in the East River in New York for a scene. It was traumatizing. As soon as I got out of the water, I was vomiting because a little bit of that stanky, nasty water got up my nose and down my throat. That's all it took. My stomach was like, '*That* has to go right now!' Meanwhile we glanced over at Denis and he was having a nice little chuckle."

Michael Lombardi aka Mike "The Probie" Siletti

"In the pilot episode, the director or someone yelled, 'Mic up! Mic up!' We were all sitting, and my name is Mike, so I stood up. Everyone else knew he was talking about the boom microphone, which was too low, so you could see it in the camera frame. That one haunts me with the other guys. The other day we were about to shoot a scene and Denis yelled, 'Mic up!'"

John Scurti aka Kenny "Lou" Shea

"We were doing a scene that required a very long shoot in a crowded bar. Fucking Lombardi worked the beginning of the day, went to his trailer for like eight hours and then, as we were wrapping up, he sauntered in. Two minutes later, he had some broad under his wing. I turned to Denis and said, 'We've been working all fucking day and *he's* the one who's gonna get laid tonight?'"

Steven Pasquale aka Sean Garrity

"Denis arranged for the NYPD to give me fake parking tickets every day until I was ready to explode. I was like, 'What the fuck? I'm parking where I'm supposed to on set! Why am I the only person getting tickets?' The last straw was when they painted a giant fake scratch on my new car. Then, my head did explode. They all laughed and said, 'You don't owe New York City $1,700.'"

Rescue Me *airs on Tuesdays at 10 p.m. on FX beginning May 30.*

ALSO ON TV!

SUPERGROUP
Old metal gods such as Ted Nugent try again. VH1, Thursdays, 10 p.m. starting May 18.

DOG BITES MAN
Fake local news gets funny. Comedy Central, Wednesdays, 10:30 p.m. starting June 7.

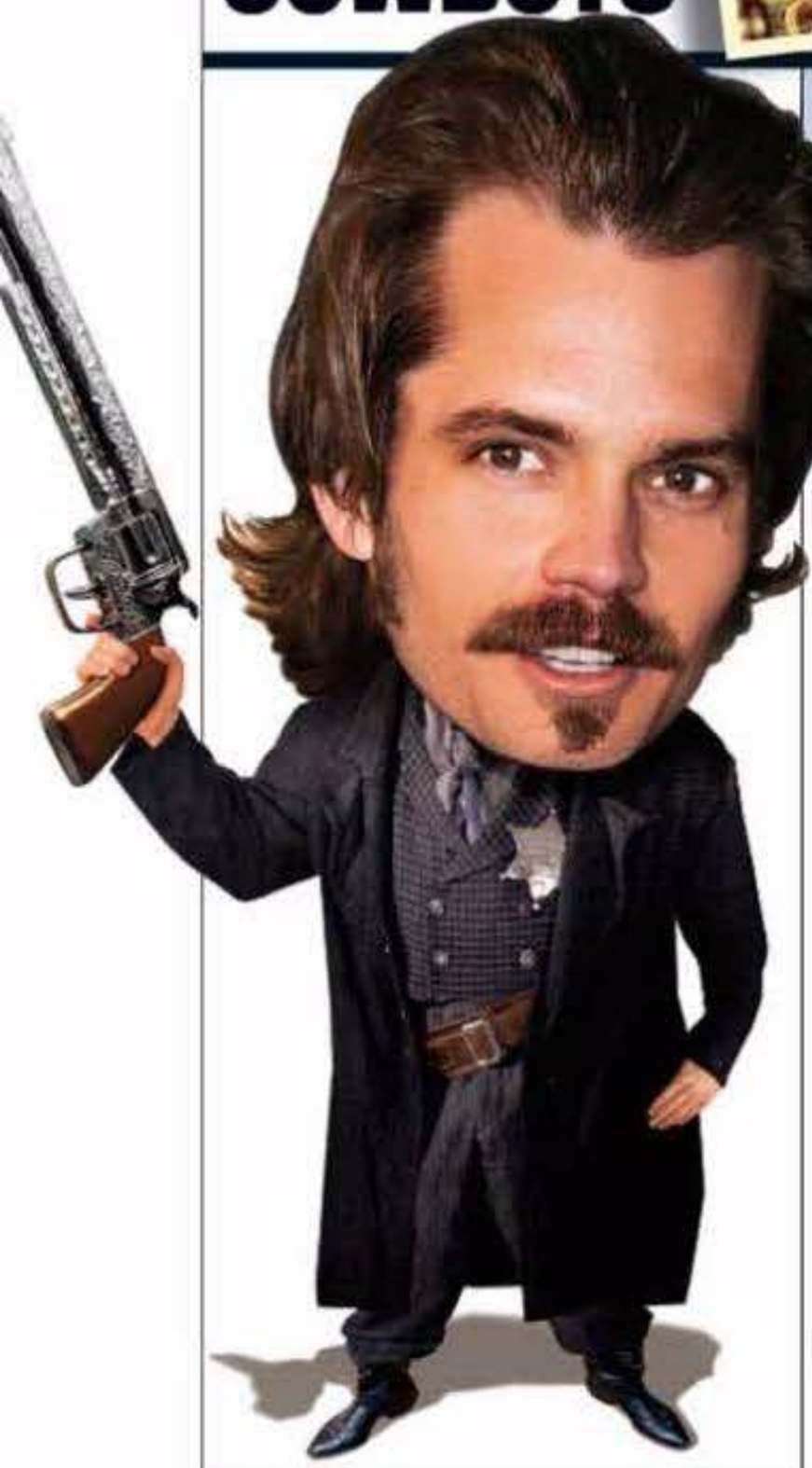
ENTOURAGE
Discover this year's "Hug it out, bitch." HBO, Sundays, 10 p.m. starting June 11.

SAVED
A paramedic has a gambling problem. TNT, Mondays, 10 p.m. starting June 12.

THIS PAGE: "FIRE GAMES" AS TOLD TO DANNY SPIEGEL; OPPOSITE PAGE: "CURSING COWBOYS" BY DAN REILLY; "FIGHT CLUB" BY MEGHAN CONATON; ILLUSTRATION BY STAN WATTS; FINAL FU: MICHAEL YARISH/COURTESY OF MTV2; DEADWOOD: JOHN P. JOHNSON/HBO; THORNE: JIM FISCUS; SUNJATA, LOMBARDI, SCURTI, PASQUALE: CRAIG BLANKENHORN

PROFANITY

CURSING COWBOYS



Q Did the real-life men who lived in Deadwood curse as much as the characters on the show do?

A Yes. "It was over the top," says Deadwood historian Mary Kopco. "It got so bad that the eastern Dakota territory enacted a penal code making cursing illegal, punishable by a fine or imprisonment." The law led the residents of the western territory to consider splitting off because they thought profanity was crucial to their way of life.

While uttered frequently, the actual words Deadwood-ians used to say would mostly get past the FCC. "The most popular were 'goddamn,' 'son of a bitch' and words that were taboo because of religious overtones, such as 'hell' and 'Jesus,'" Kopco says. "They seem tame now, but they weren't back then. Words in the show, like 'fuck,' 'cocksucker' and 'cunt' existed, but, until World War I, they were used only to describe the act or the body part itself. But if Al Swearengen were just saying 'hell' and 'damn' now, *Deadwood* wouldn't reflect the lawlessness and profanity of the times." And it would also be on Lifetime.

Deadwood ***airs on HBO on Sundays at 9 p.m. beginning June 11.***

FIGHT CLUB

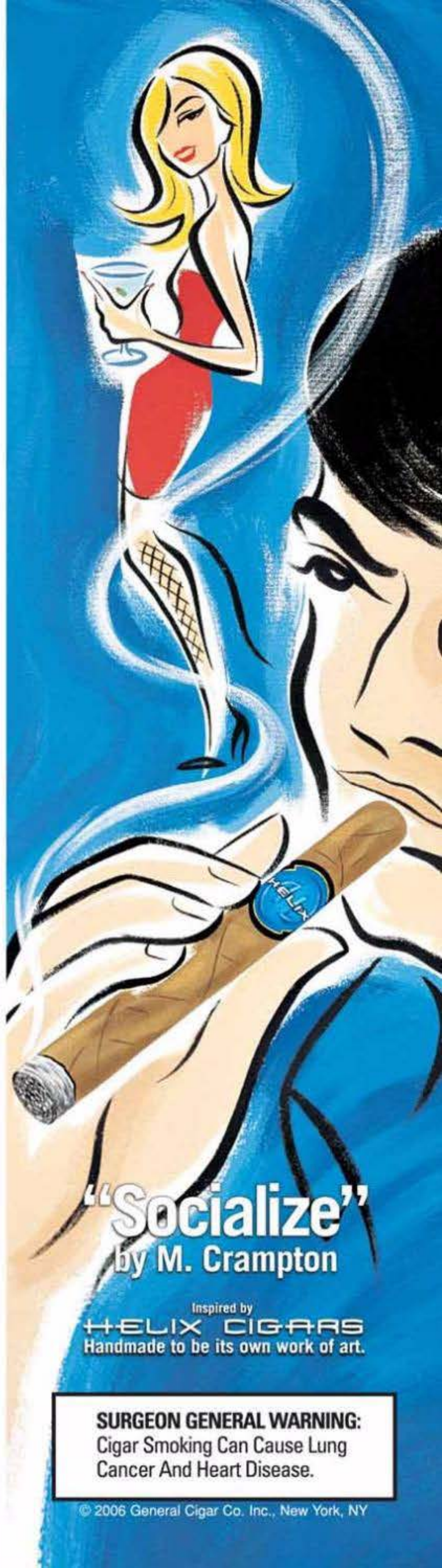
Final Fu **is like Mortal Kombat—but with real people! Here's how it beats your PS2**

It's a walking video game "Nobody gets their spine ripped out, but this is a game come to life," says Ernie Reyes Jr., martial-arts expert and *Final Fu* master. "We've intentionally made it that way, but it also has that feel because the competitors are of the video-game generation. They've developed acrobatic moves like the games."

Guys hit girls "There's no mercy on the girl," Reyes Jr. says. "They get banged around just as much as the guys, but in the martial-arts world, the fights are set up so that the girl has just as much of a chance. It's about speed, power and control, but the level of contact doesn't change."

The ref gets in the fights To break up fights when they get too intense, Reyes literally throws himself in between the two competitors. "It happens every fight," he says. "My job is to make sure it stays clean. In some of the fights I wind up taking more blows than the competitors."

Final Fu ***airs on MTV2 on Mondays beginning July 17.***



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[MUSIC]

INSTANT WISDOM

- Taking Back Sunday's Eddie Reyes was a placekicker for Amityville Memorial High School's football team.
- Frontman Adam Lazzara sang on Cyndi Lauper's 2005 acoustic CD.

TOURISM

SUNDAY SIGHTS!

Guitarist Eddie Reyes on Taking Back Sunday's hometown of Amityville, NY

Amityville Horror House

"I was 12 and we dared a buddy to run around the house. I had just seen *The Amityville Horror* movie, so I was pretty freaked out. But you really don't get a chance to hang out there for long because the cops show up right away."

Blue T Pizza

"When I was in high school, they had two slices and a Coke for $2. When people pulled up there and asked, 'Do you know where the Amityville house is?' I'd say, 'Yeah, for two bucks.' Then I'd get money for lunch."

Pete's Deli in Farmingdale

"This is a famous place nearby that I made deliveries for. Once, I stopped at a red light, and the delivery van's side door fell off and landed on top of a car."

Sundance at Bay Shore

"While crowd-surfing at a show here, the bouncers pulled me down. I hit my head and got six stitches. The club, now closed, paid for it and gave me a year of free shows, so it was kind of worth splitting my head open."

Taking Back Sunday's album Louder Now *is in stores now.*

SUMMER SHOWS!

Plan your sick days now! Here are the season's hottest festivals

CMA Festival
Nashville, June 8-11
Brooks & Dunn, Montgomery Gentry, Brad Paisley, Carrie Underwood
www.cmafest.com

Warped Tour
Kicks off June 15 in Columbia, MD
Thursday, AFI, Less Than Jake, NOFX
www.warpedtour.com

Ozzfest
Kicks off July 1 in San Francisco
Ozzy Osbourne, System of a Down, Disturbed
www.ozzfest.com

Lollapalooza
Chicago, August 4-6
Kanye West, Red Hot Chili Peppers, The Flaming Lips
www.lollapalooza.com

COMING SOON!

WOLFMOTHER
Wolfmother
Modular/Interscope
Math is hard, but this equation isn't: White Stripes plus Black Sabbath plus Led Zep equals Wolfmother. This Aussie trio's first disc is the debut of the year, so far.

ICE CUBE
Laugh Now, Cry Later
Lench Mob
Ice Cube's first solo album in six years proves that he hasn't gone soft. Surprisingly, Snoop guests on the track "Go to Church" and not "Smoke Some Weed."

TOOL
10,000 Days
Volcano/ZLG
Tool's experimental fourth album mixes prog rock, stoner rock, heavy metal and world music. Warning to ADHD sufferers: Most songs clock in at over seven minutes long.

NELLY FURTADO
Loose
Geffen
Nelly teams with Timbaland for sexy tracks such as "Maneater." Your girlfriend will swoon over "All Good Things," a duet with Coldplay's Chris Martin.

LUCIFER

SUMMER OF SATAN!

Here's how the masters of metal will spend the century's evilest date: 06/06/06

SLAYER

GUITARIST KERRY KING
"June 6 is the first date of our Unholy Alliance tour with Lamb of God and Mastodon, in San Diego. I might see a matinee of the remake of *The Omen*, which comes out that day. We wanted to release a record on that date, but it won't be out until September."

DEVILDRIVER

SINGER DEZ FAFARA
"DevilDriver will be headlining an event called the Hellfest in Belfast, Ireland. I'm going to be bringing my wife over to Europe for the first time in 10 years, which means that day I won't be in a graveyard digging up dead bodies or anything."

IHSAHN

FORMER EMPEROR SINGER
"I'll probably toast the day with a glass of wine. I'll likely be in the studio recording metal. If anything tragic or apocalyptic should happen, it wouldn't be because of anyone Satanic. It's hardly Satan worshipers who are blowing things up all over the world these days."

CRADLE OF FILTH

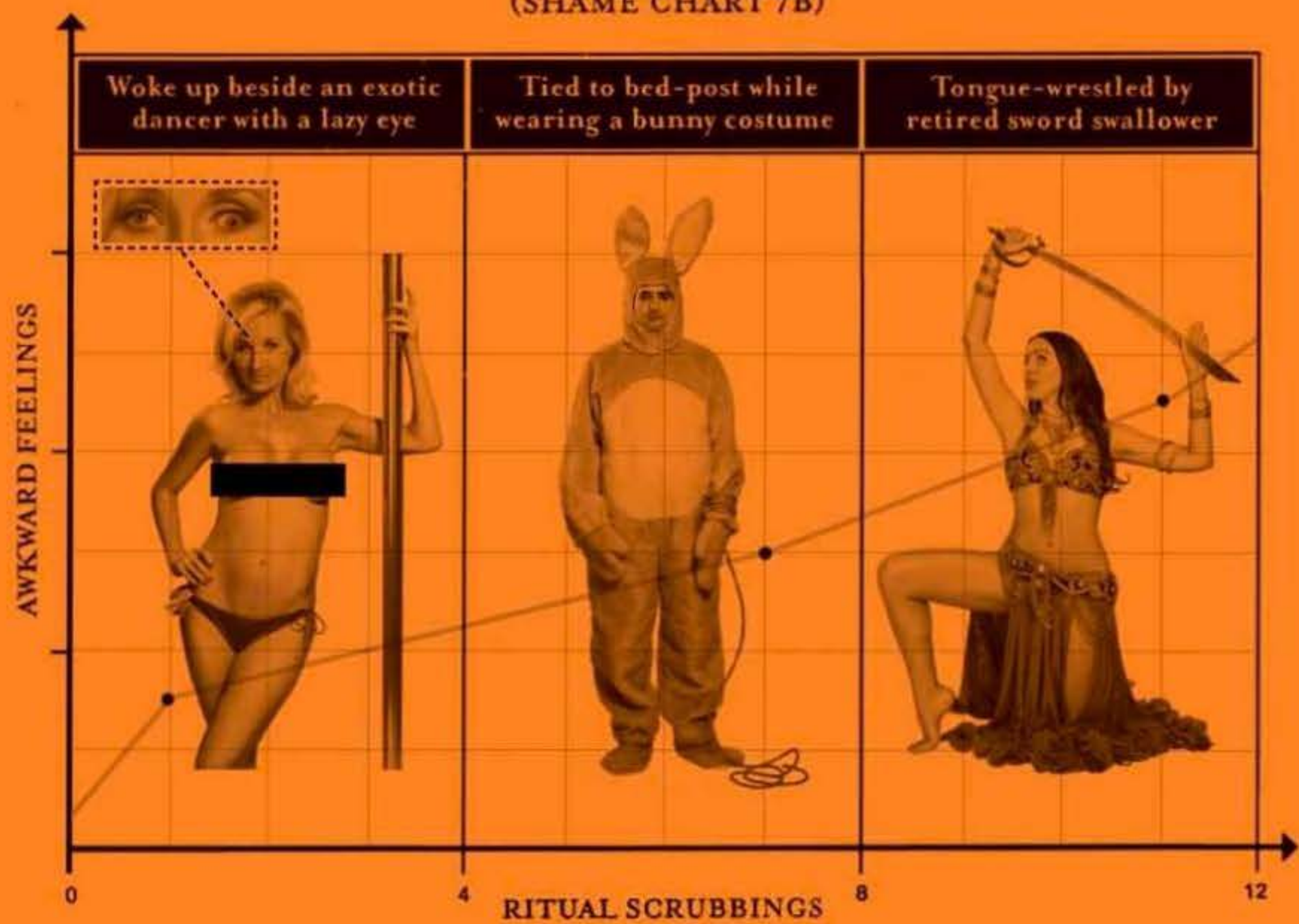
SINGER DANI DAVEY
"Lucifer would probably want our fans to fly to Germany and see us play the Rock-am-Ring festival. They should meet us on the Brocken, the infamous witch's site, which is apparently the mouth of hell. And when I say fly, I mean on broomsticks."

"SUNDAY SIGHTS!" AND "SUMMER OF SATAN!" BY JON WIEDERHORN; AMITYVILLE HOUSE: BETTMANN/CORBIS; BROOKS & DUNN: CHAPMAN BAEHLER; OZZY: BIL ZELMAN; SATAN: RON CHAPPLE/GETTY IMAGES

Scrub Away The Shame

The Order of The Serpentine can help you get over a questionable hook-up.

(SHAME CHART 7B)



Using Axe Snake Peel as part of The Daily Scrubbing Ritual will wash away shame caused by a questionable hook-up. In rare instances when an extremely questionable hook-up (illustrated above) occurs, several scrubbings may be required. Remember, rinse and repeatus.

For further info, or to join, visit www.orderoftheserpentine.com

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[MUSIC]

INSTANT WISDOM
- Flea's real name is Michael Peter Balzary.
- The Chilis recorded 38 songs for *Stadium Arcadium*—all 10 tracks that didn't make it will be released online or elsewhere.

FUNK

REJOIN THE FLEA CIRCUS!

The Red Hot Chili Peppers bassist talks about partying backstage and wearing the sock again

The Peppers are back with a double disc, *Stadium Arcadium*. How did you outlast all those other '80s and '90s bands?
For a lot of bands, when it gets to be a bummer, they stop. You have to work through it. Our original guitarist, Hillel Slovak, died, and our current guitarist, John, became a junkie and nearly died—those were real fucking bummers.

How did you come to be named for an insect?
One time I went on a ski trip with friends. One of my friends gave us names for the trip: "I'll be Squeak, you'll be Tree, and you'll be Flea." The other fellow is still called Tree, though Squeak didn't stick. But it's possible that Anthony might have called me Flea before then.

Who wears less clothing, you or Anthony?
We both like to wear very little. But I don't give a fuck if people see my cock, and he likes to keep his under wraps.

When did you last perform with socks on your cocks?
I don't recall. The "Sock Man" is a good look—it might have to return one day. For that to happen, we'd have to be backstage before an encore and someone in the band would have to yell out, "Sock Man!" and then everyone would have to feel the enthusiasm for the Sock Man.

What pre-show rituals do the Peppers have?
We keep this wading pool in the dressing room and we have five or six naked women back there. Then we get in the pool and we fuck them ruthlessly for three hours each before we play. The pool's usually filled with jellybeans, bowling balls, sticks of dynamite and cream cheese.

You're kidding, but do you still party?
I'm in a very committed relationship now, so I'm not into slutty activity anymore. But in the course of our history, there have been many interesting and pliable people of both sexes.

So are we talking bisexuality here?
No, I mean—what do you want me to tell you, that we smoked crack and fucked girls in the ass? It's like, who cares?

The Red Hot Chili Peppers' double album* Stadium Arcadium *comes out May 9.

Wearing just a sock is a good look—it might have to return

FOR THE COMPLETE INTERVIEW WITH FLEA
LOG ON TO FHMUS.COM/FLEA

COMING SOON!

THE GAME
The Doctor's Advocate
Aftermath/G-Unit/Interscope
The doc in the title of The Game's second album isn't a certified board physician, but Dr. Dre, who—along with Kanye West and other names—is producing.

THE RACONTEURS
Broken Boy Soldiers
Third Man/V2
Jack White ditches his ex-wife or sister or whoever the hell she is for three old pals to form this band. The result is less quirky than the White Stripes, but rocks just as hard.

THURSDAY
A City by the Light Divided
Island/Def Jam
Thursday singer Geoff Rickly screams like you after spotting a mouse scurrying across the kitchen floor—except his wails aren't girlie and out of tune. Go all emo with the band's fourth CD.

PEARL JAM
Pearl Jam
J Records
Pearl Jam's eighth album is filled with the angsty anthems we've come to expect. If you think the beach is nothing but a place to cultivate skin cancer, then this is the soundtrack to your summer.

INTERVIEW BY MARK YARM; ILLUSTRATION BY STAN WATTS; FLEA HEAD: STEVE GRANITZ/WIREIMAGE.COM

CUERVO,
MEET COLA.

FOR A SMOOTHER TEQUILA EXPERIENCE, TRY
CUERVO BLACK
AND COLA.

JOSE CUERVO BLACK MEDALLION AND COLA
1.5 oz. Cuervo Black
4 oz. cola
Combine tequila and cola with ice. Garnish with a lime wedge.

VIVE Cuervo
DON'T LET GO.

[MUSIC]

SPANGLISH

MAYRA VERONICA

The Latina star wants to be your American idol

Is your girlfriend **al**ways dragging you **to** see foreign films **w**ith subtitles? That **s**ucks for you. Despite **y**our allegiance to **E**nglish, you might **be inspired to pick up a few** words of Español after hearing *Vengo Con Tó*, the debut album by Univision hottie Mayra Veronica that blends pop, hip-hop, Latin and reggaeton.

Vengo Con Tó actually has songs in both Spanish and English, a fact that reflects Mayra's bilingual upbringing in Miami—and her bedroom habits. "When I'm making love, I speak both Spanish and English," the 28-year-old confides. "When you're feeling hot, when you're feeling sexy, language doesn't even matter."

The Cuban-born Mayra made her mark on Univision's *Sabado Gigante* and has graced the pages of *FHM* thrice before—much to readers' delight. "I'm not naive," she says. "I know a lot of what I'm selling is sex, but that doesn't mean that's what you're going to get with me because I sing a provocative song."

The sexy and strong-willed side of Mayra is in full effect on the album's first Spanish-language single, "Vengo Con Tó." "There's part of the song that says, 'You need balls,'" she explains. "It's a reality that an independent woman with balls is called a bitch. I'm not afraid of anything, and if there's something I want, I'll go for it. You don't want to fuck with me."

Mayra promises male fans that her videos will prominently display attributes other than her singing voice. "With guys, it's a whole sexual thing—especially the butt," she admits. "Guys just imagine grabbing it during sex. If you like my butt, you definitely won't be disappointed with this album, and better yet, you'll do plenty of butt-shaking yourself. I'm sure guys will worship my butt even more after this album." Hey, it beats going to church.

Mayra's album* Vengo Con Tó *is due in August.

TEXT BY MATTHEW GRAHAM; CD ART: ROSE STOUT; MAYRA: PERRY HAGOPIAN

INSTANT WISDOM

- Mayra's dad was also a musician—he sang for the top Cuban rock band Los Dada.
- A character based on Mayra will be featured in EA Sports's *Def Jam 3*, out next year.

NORTH

MISS FHM 2006

A Tournament of Beauties

SOUTH

CENTRAL

ANGELA DELICIA

SUNSHINE TUTT

ASHLEY VARGO

KARISSA GUSTAFSON

ELIZABETH McCLEAN

CYNTHIA BRANDT

KATIE VIRDEN

HEATHER HERNANDEZ

LINDSAY ANN

JOSIE LOPEZ

JESSICA STRAYER

JAIME LYNN

MELANY LORENZO

KATIE MALONE

TIFFANY KRISTENSEN

TANYA GARRETT

LEIGH NGUYEN

JODIE GILMORE

VERONICA HIDALGO

SHANNEL GARLAND

BELLA LANE

KATIE YONKER

WHITNEY ROSE

TANYA RILEY

KHALILAH YASMIN

TIFFANY STONE

WHITNEY HARCHANKO

MISTY DEDITCH

MEGAN HALLAGAN

BRIDGET BOLTHOUSE

JENNIFER JOHNSON

SARA LEONARD

AND THE NOMINEES ARE...

PICTURED HERE ARE 128 CANDIDATES ELIGIBLE TO BE CROWNED MISS *FHM* 2006. CHOOSE YOUR FAVORITES, THEN GO ONLINE TO HELP NARROW THE FIELD DOWN TO THE 64 WHO WILL FILL THE BRACKETS FOR THIS YEAR'S TOURNAMENT OF BEAUTIES.

ALEXANDRA JANICEK

ALEXIS JADE

HOLLY WEBER

ANNABELLE GUTMAN

BONNIE CONTE

SHANTELLE SMILES

BROOKE JEAN

KIMBERLY CULBERTSON

CLAUDIA LOUDON

LINDSAY RETTINGER

NATASHA BLASICK

DANIELLE GAMBA

KIMBERLY BRIDGEFORD

HEATHER CUZZORT

LAURA GOWINS

KERRI RYER

SABRINA MACHADO

JASMYNNE ALI

MONICA CORBETT

NATALIE DREAME

LEILENE STUECKLIN

MICHELLE TUCKER

LARIESA BERNICK

LORI MADISON

MILENA ROUCKA

NICOLE OLSON

NIKI NICHOLSON

CHRISTIE BUTMAN

STEPHANIE APPLETON

NIKI GHAZIAN

CELINA PATCH

ALISHA PIERCE

WEST

EXTREME SCIENCE CLASS!

THE MYTHBUSTERS' KARI BYRON PUTS YOU IN THE MOOD FOR A LITTLE EXPERIMENTATION

BY TOM CONLON
PHOTOGRAPHY BY JOSEPH CULTICE

EXPERIMENT NO. 1

THE CAN CRUSHER

Objective *Smash a beer can without damaging your skull*

Drop a teaspoon of water into an empty aluminum can and hold it over a heat source with tongs. Once vapor begins puffing from the top, flip the can over and plunk its open end into cold water. It'll instantly implode. "This is a great experiment to impress your friends," Kari says. "I doubt many of them learned much from their high school science books."

Why it works "The heated water turns to vapor and fills the can," Kari says. "When you dunk the can in the cold water, the vapor cools and quickly contracts. That creates a vacuum, which implodes the can." The next step is to send the cans off to be recycled, right? "I once drove a whole truck of cans to the recycling center," Kari says. "All I got was $10. You're better off giving them to a homeless dude."

EXPERIMENT NO. 2

SIX-PACK COOL DOWN

Objective *Use a fire extinguisher to chill tepid brew*

It happens to every man at least once in his life, but there's no cheap Canadian prescription for this dilemma: Mid-party, your beer reserves dry up. Like any host who doesn't want holes punched in his walls, you dispatch a team to the store—only for them to return with warm cases. The freezer won't be able to cool them fast enough, so reach for a fire extinguisher. "Why would you do that?" Kari asks. "Because you can, and because it works."

Why it works "One property of all gases is they heat as their molecules are compressed, and cool as they expand," Kari says. "The carbon dioxide inside an extinguisher is highly pressurized. When you let the carbon dioxide out, the molecules expand instantly and cool. Carbon dioxide in particular gets extremely cold. The higher the pressure, the faster it's going to come out and the colder it's going to be. That's why the contents of an aerosol spray bottle don't come out cold—it's not compressed as much."

But what happens if a fire breaks out post-trick? "Being a cautious person, I always have more than one extinguisher ready," Kari says. That's because stop, drop and roll is a crock of shit.

SET DESIGN BY SUSAN BLOCK; STYLING BY EMILY OVIATT; HAIR BY LAURA NAKAMOTO FOR ARTISTSBYTIMOTHYPRIANO.COM; MAKEUP BY LISA GARNER FOR ARTISTSBYTIMOTHYPRIANO.COM; BRA AND PANTIES BY ON GOSSAMER; STILETTOS BY STEVE MADDEN

SEE MORE!

To see video of Kari doing these experiments, log on to FHMUS.com/Kari

EXPERIMENT NO. 3

THE ELECTRIC PICKLE

Objective *Turn gherkins into light bulbs*

Toss your pickle on a glass plate. "A metal table will conduct electricity and a wooden one will burn," Kari points out. "Glass is safe." Spear the pickle with your silverware, then fix an alligator clip to each fork end. Plug the power strip into the wall—making certain it's turned off—and insert the plug end of the alligator clips into the strip. For this experiment to work properly, you may have to try skewering the pickle in different spots.

Avoid jumpstarting your heart with a 120-volt, teeth-chattering zap by wearing insulated rubber gloves. Dim the lights, flip the power strip on and watch vegetation glow like a Sylvania.

Why it works "Basically what you're seeing is electrical current flowing through the pickle thanks to the salt and vinegar inside of it, which are good conductors. A pickle is kind of translucent, so you can see through it," Kari says. "This is the kind of stuff my nerdy cohorts and I talk about all day, but this is the first time I've actually tried to do it."

Remember this lesson the next time your old lady goes out of town and forgets to leave instructions for how to work the stove. "If you put the forks into a hot dog, it would cook the dog," Kari says. "You can fry almost anything this way—including yourself."

LEARN MORE!

Pickles are so high in Vitamin C that they were often packed by early European explorers crossing the ocean in order to prevent scurvy. In fact, America's namesake, Amerigo Vespucci, was a pickle merchant.

EXPERIMENT NO. 4

SOAP SOUFFLÉ

OBJECTIVE *Use a microwave to make a blob-like shower-bar baby*

Place a paper towel in the microwave and put the bar of Ivory in the middle. Nuke on high for two minutes. "Soon it begins to expand and erupt into puffy clouds," Kari says. "It starts like a little tumor. Then it expands like a disease. After it's cooked, allow the soap to cool for a minute before touching it. Amazing . . . it's puffy but rigid." And the best evidence to date that you don't need cats to have fun with microwaves.

LEARN MORE!

Soap works by altering water molecules so they're less likely to attach to one another and more likely to attach to grease molecules.

Why it works "Drop a few brands of soap into a bowl of water and you'll see that Ivory floats while the others don't," Kari says. "That's because air is pumped into it during manufacturing—something that happened by accident at Procter & Gamble back in 1890. While mixing up a batch of soap, an employee left for lunch without turning off his mixing machine. All of the air whipped into the batch caused the bars to float in water. The company decided to capitalize on the mistake by marketing Ivory as 'the soap that floats.'"

Why, though, does it turn into a soap cloud in the microwave? "As you heat the soap, the air and water bubbles trapped in the bar of Ivory expand. The melting soap is soft, so the bar inflates—it's like blowing a bubble. This is a demonstration of Charles's Law, which states that as the temperature of a gas increases, so does its volume." Other brands of soap do exactly what you'd expect when they're nuked: melt like a Nazi caught staring at the Ark of the Covenant.

You will need

1. Microwave
2. One bar of Ivory soap (Important: must be Ivory!)
3. Paper towels

EXPERIMENT NO. 5

SODA GEYSER

Objective Replicate Old Faithful with cola

Place an open bottle of soda on the floor and drop in a whole pack of Mentos. You'll be rewarded with an epic cola eruption. "It's instantaneous," Kari says. "This is a fun thing to do at a party if you want to make a huge mess." That's if getting tanked until you lose control of bodily functions isn't an option.

Why it works "Soda has carbon dioxide gas pumped in during bottling," Kari says. "Each gas bubble has water molecules surrounding it. Arabic gum in the Mentos—the thing that makes it chewy—causes the surface tension of these water molecules to break, releasing gas and instantly expanding the amount of stuff in the bottle. It's got nowhere to go except out the small hole. Shaking the bottle would also release the carbon dioxide—the arabic gum just makes this happen faster. If you shook the bottle, soda wouldn't shoot out more than a few inches, but I've heard of Mentos geysers getting as high as 16 feet." FHM

LEARN MORE!

The phosphoric acid in soda is so strong that cola can be used to loosen rusted screws and remove stains from toilets.

Check out Mythbusters *Wednesdays at 9 p.m. EST on the Discovery Channel.*

PHOTOGRAPHY BY NAOTO IKEDA

Isaac's commencement address

Learn more life lessons in 10 minutes than college taught you in four years

"**Students, faculty and men everywhere, you deserve a commencement speech from someone with intellect and prominence. Instead, you have me. Why? Because there are five essentials to living a happy life. And I can give them to you. So let's get straight down to business.**

1) The first five years are for you

After you graduate, you're going to need time to focus on yourself and pursue your life's work. That means no marriage for at least five years. Don't believe the movies that tell you there's only one perfect girl who you could love for the rest of your life. That's bullshit. Take your time. There are many girls who would make you happy.

Early in your life, a woman can get in the way of important things. After you graduate, you'll need to devote your time to pursuing your life's work, and some women won't be OK with the amount of time that leaves for them. Don't let them slow you down. As you work hard, you'll get promoted. And as you get promoted, girls who used to be out of your league will all of a sudden notice you. Why? Because women deal with men on the basis of potential.

Know this: When you meet a woman, the first thing you'll be judged on is your job. You go out to drinks and what's the first thing they ask you? 'What do you do for a living?' And a girl is going to be either turned on or turned off by your answer.

Now a guy who looks like Brad Pitt—he can say he wants to be a garbage man and he's still going to get laid. But that's just sex, it's not a relationship.

2) Marriage is a gamble

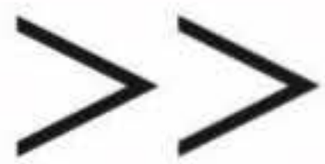
Guys wonder how they'll know when it's time to get married. Here's the answer: You *don't* know. You *never* know. You think a guy ever *wants* to get married? The only time a guy wants to get married is when he's snared a woman with huge potential. It's like, 'Hey, Kevin Federline, what's going on?' And he's like, 'I'm going to marry this bitch! And I'm gonna get her pregnant as soon as I can because that will lock me in for life!'

Understand that you won't really know a woman until you marry her. Because sometimes when a woman is aiming for that ring, she'll tell you what she thinks you want to hear, instead of the truth. And a woman can hold her breath a lot longer than a man can. Then once she gets married, all of a sudden she'll exhale.

For example, your woman may insist that she'll always fix you breakfast on Sundays. You go with this girl for *four years*, and every Sunday she's fixing you breakfast. I mean, she's inventing menus: 'I think we'll have some waffles with poached eggs,' and all of that shit. Then you marry her, and the first Sunday you say, 'Hey, how about breakfast?' She says, 'Get in the kitchen and get it yourself! I'm *tired*. I can't do that shit anymore.' See what happened? Your old lady was waiting to exhale.

Know this: The first thing a woman will judge you on is your job

So keep that in mind on the day when your girlfriend finally gives you the engagement ultimatum: 'It's either now or never.' That's when you'll know if it's time to get married. You can either say, 'I've loved this woman for four years and I'm going to stick with her for better or worse.' Or you can say, 'Four years? We had a good run. See you later, baby.'"



Isaac's commencement address

3) Let your friends go

During college, you made a whole new group of buddies. But if you and a friend begin to grow apart now, don't feel forced to maintain that friendship at its current level. Because that's the surest way to fuck it up.

When a friendship begins to fade, you may feel like you're losing something. Don't worry. That relationship will come back around on its own. I call this a Gopher Situation. During our *Love Boat* days, Gopher and I became close friends because we were always together. Since then, we've naturally grown apart. But we're still buddies. He became a politician and I remained an actor; he moved to Maryland and I stayed in Los Angeles. Still, whenever I'm in his area, we have dinner and pick up right where we left off. But if we tried to force things—calling each other every week to see what was going on—it would strain the friendship.

As you change over the years, don't try to fit a round peg into what's become a square hole. You'll taint the memories of what you and your buddy used to have.

There's an old, corny saying, "If you love something let it go, and it will come back to you." Well, that corny saying is rooted in truth. You lose things you try to hold onto too tightly. That lesson applies to a lot of things: The girl's either going to stay or she's not. You'll either get the job or you won't. Forcing the issue will only cause damage. So relax. You're in a Gopher Situation.

Your old lady will test all of your bottom lines. It's like a check-off list

4) Maintain your bottom lines

From the moment you start settling down with a woman, you need to establish your bottom lines. And prepare yourself, because she *will* test them. Maybe one of your bottom lines is that you always watch *CSI* on Thursdays. At some point, she's going to ask you to do something on Thursday right when *CSI* comes on. She'll say, 'I'm sorry, we can't do this any other time.' Don't fall for that. Make the thing wait until Friday, because the bottom line is: You get your time on Thursdays.

This is very important: Women want to know how far they can push you. You say, 'My bottom line is that I don't eat Chinese food. So why are you throwing me a birthday party at Fu Manchu's Chinese restaurant?' And she says, 'I thought you'd like it. The price was right and the cake was free.' Now you could say, 'Oh, thanks anyways! Even though it's in a Chinese restaurant, I love that you threw me a party.' But *fuck that*! She just fucked with your bottom line. You walk out of that fucking party telling everybody, 'Hey, meet me down at Schmitty's Bar.'

And you know what? Your old lady won't do it again because you didn't give in. Believe me: Every bottom line gets tested. It's like a check-off list.

5) Roll with life's lessons

One of my first TV jobs was on a comedy called *Mr. T and Tina*. It starred Pat Morita, who most of you know as Mr. Miyagi from *The Karate Kid*. I'll diplomatically say that the show's writing was not as strong as it could be.

And Pat was always late to set. If the producers said, 'Pat, we're going to start at 10,' he'd show up at 10:30. If they said, 'Fine, we'll start at 10:30,' he'd show up at 11.

Now, my character actually got laughs on the show. One day, a producer said to me, 'You're the funny one here. We wish Pat was like you. If we could just get Pat here earlier, we'd be able to give you more screen time because we could work out more jokes between you two.'

'Wow,' I thought. 'More screen time!' So when Pat came in late the next day, I exploded at him. What I didn't realize was that there were other issues between Pat and the producers, and he was coming in late on purpose. I was being manipulated by the producers to take the heat off of themselves.

If I had yelled at any other actor like I yelled at Pat, we probably would have ended up fighting. But Pat realized what was going on, and instead of yelling back, he calmed me down and explained his situation.

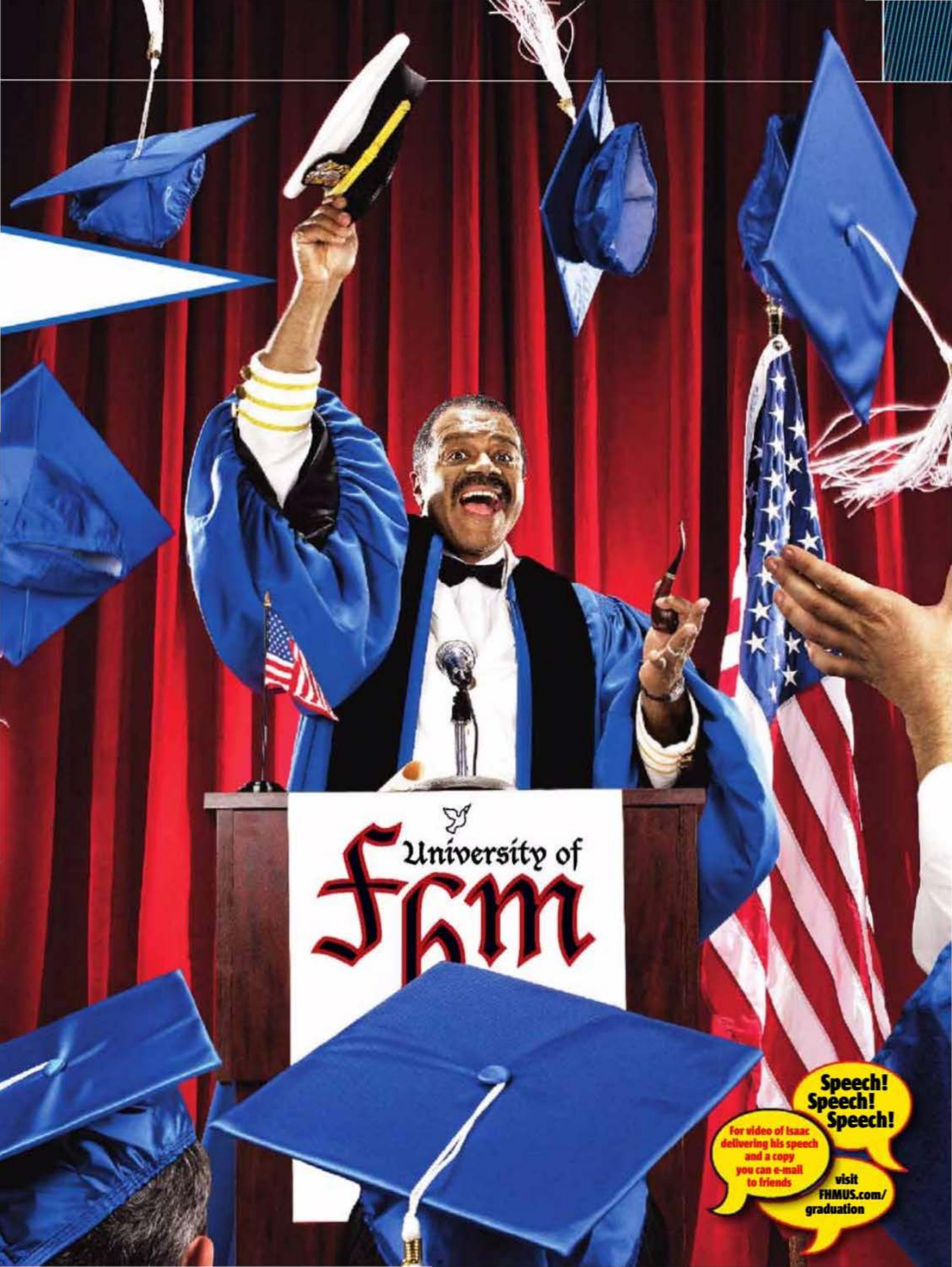
That's a lesson. As a young guy, you'll be taught how to do your job, but you won't be taught the politics. You need to be able to accept those lessons when they come. And surviving them will make you stronger.

I survived that lesson with Pat, because I was at least smart enough to respect my elders and apologize. Pat was like, 'Relax. Your shit will come. Before you know it, you'll be on some fucking boat serving drinks.' They were wise words. It was like *The Karate Kid* in the making.

Those, gentlemen, are my essentials for living. If you follow them but still somehow die unhappy, come find me in heaven. You can bitch at me then.

Good Luck

GROOMING BY TAMAH K. FOR DERMALOGICA; PROP STYLING BY EYAL BARUCH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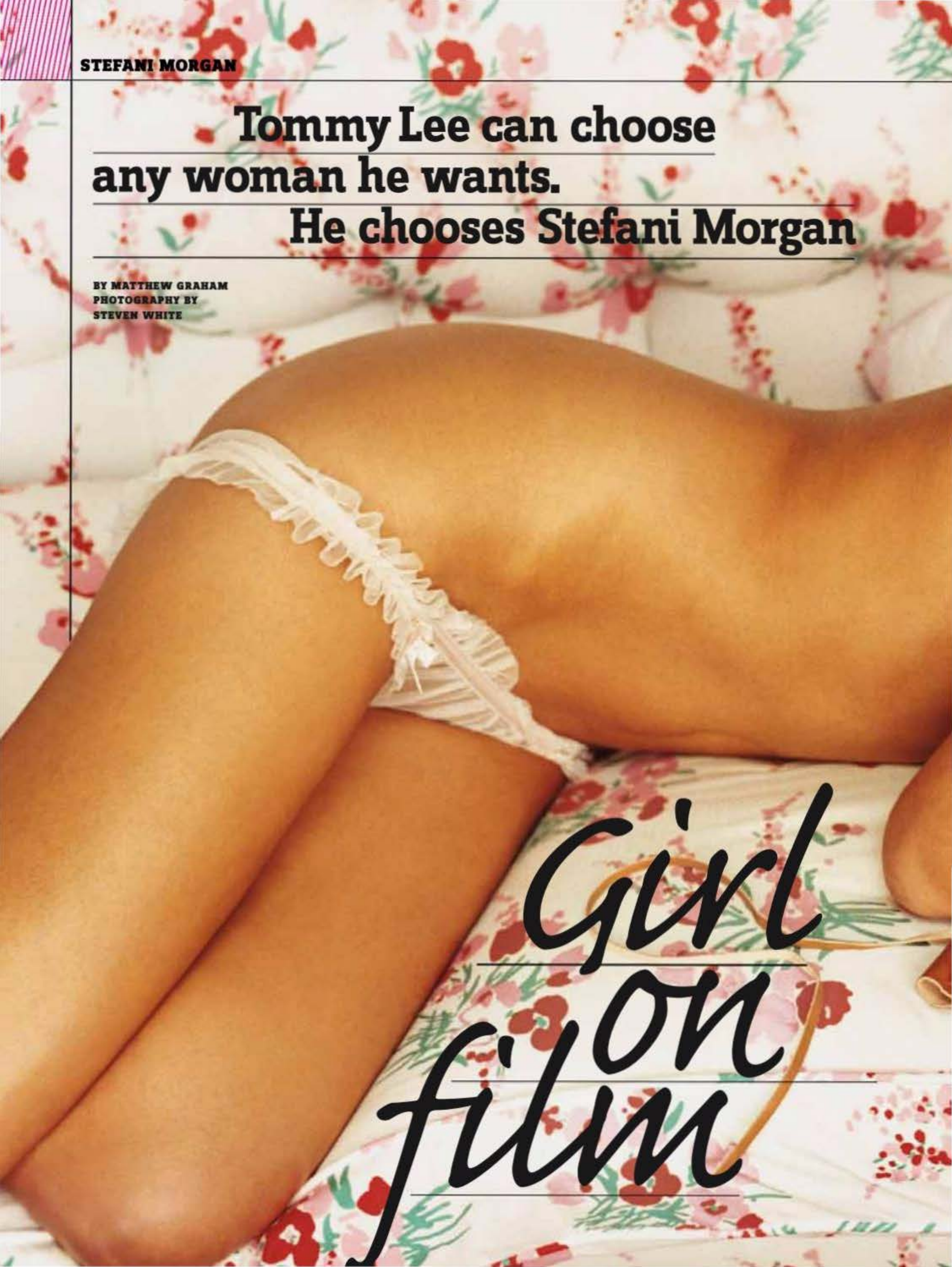
Tommy Lee can choose any woman he wants. He chooses Stefani Morgan

BY MATTHEW GRAHAM
PHOTOGRAPHY BY
STEVEN WHITE



Girl on film

"Everyone asks me, 'So, how's the sex with Tommy?'" says 20-year-old former model Stefani Morgan, who was introduced to the legend after a Las Vegas awards show earlier this year. "I have no complaints."

It's not as if she's lacking points of comparison. Since arriving in Los Angeles from her native Riverside, CA, two years ago, Stefani has counted among her conquests such tabloid regulars as Wilmer Valderrama, Jesse Metcalfe, JC Chasez and Rick Solomon. Oh yeah, and she also ditched modeling in favor of a career as an adult-film star with Vivid.

"People are like, 'You're too pretty to do that,'" Stefani says. "I'm like, 'I'm happy, so why does it matter?' People know it's not a last resort—it's not like I wasn't working beforehand—but they're always trying to talk me out of it. Sex is in my blood. It's a necessity in my life. I think about sex every second."

So how exactly do you go from modeling, where you didn't take off any of your clothes, to porn?

I'd been thinking about it for a year. I gave it a lot of thought, because it's not something you can go back on. None of my girlfriends were surprised at all because I've always been very sexual. When I was younger, my girlfriends were like, "You're going to be a sex therapist."

What do guys think?

Well, one of my friends is dating a photographer, and before meeting me, he walked into the room and said, "OK, which one's the porn star?" I was like, "Me," and he goes, "No, really." I said, "Really." He started laughing and he was like, "Why would you do that to yourself? There's no reason you can't succeed in the regular world." It's annoying because I hear it all the time. I asked him, "Why do you take photos for a living?" I found something that I love, and I'm happy.

Is Tommy Lee the biggest celebrity gent you've been with?

I suppose so. He's not the biggest *guy* I've been with, though. More guys than girls ask me about Tommy in the bedroom. The girls want to know, of course, but guys go on and on about it. I've had a lot of great sex with other people beforehand, too, and with Tommy it's awesome. He's also the most down-to-earth person I've ever met. I'm crazy about him.

I think about sex every second

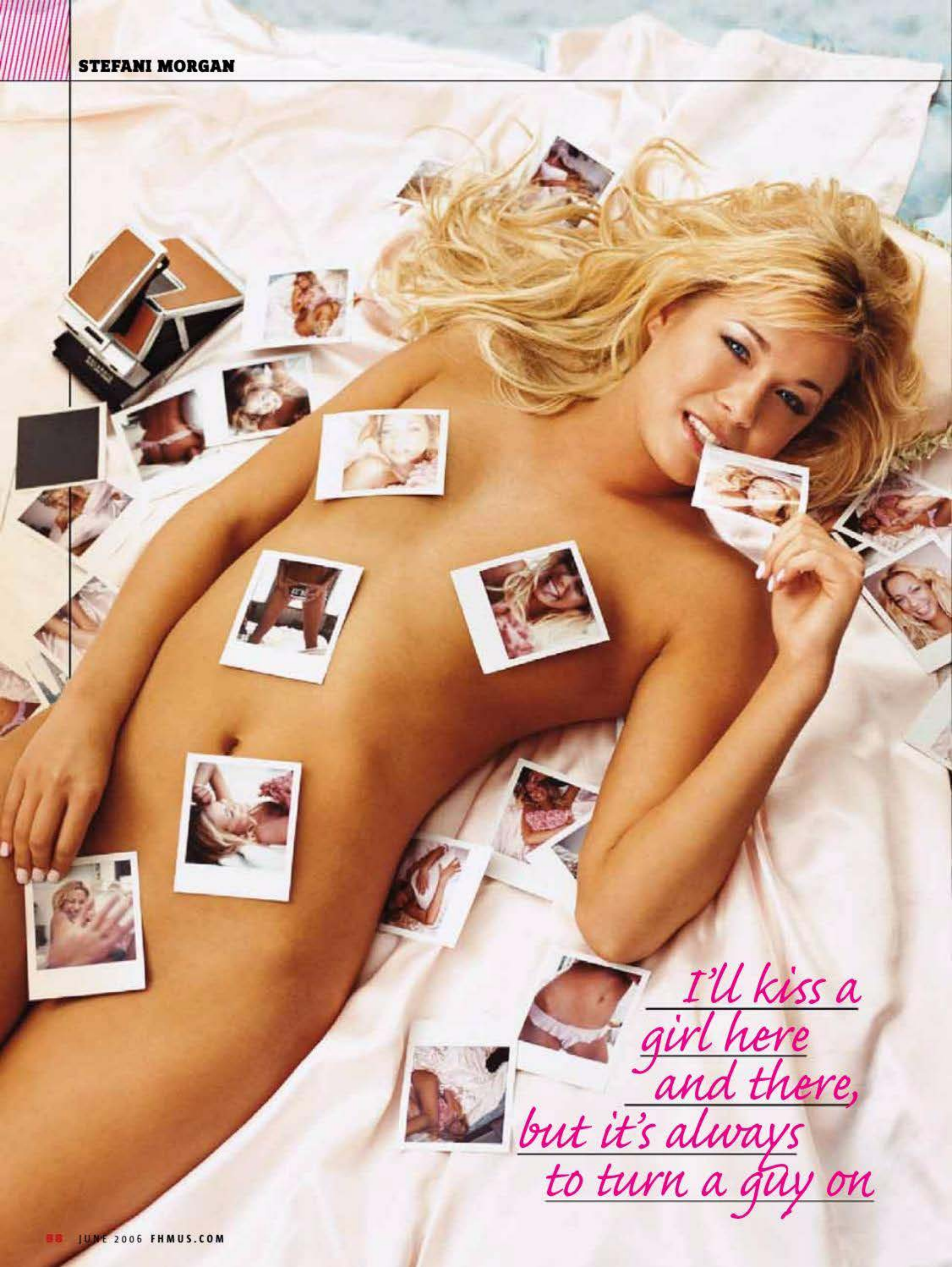
More guys than girls ask me about Tommy in bed

How did Tommy land you?
[*Girls Gone Wild* creator] Joe Francis introduced us at a Vivid party in January. Tommy stood up to shake my hand, but Joe spun me around and lifted up my dress to show him my ass. Tommy cleared the bench and had me sit next to him.

What about getting together with Jesse Metcalfe of *Desperate Housewives* fame?
That was short-lived. I'd met a guy he was living with and we started hooking up. And then it was done. I guess we were both over it.

What do guys get wrong when it comes to dating porn stars?
They think they can handle it. At first, it's fun for them. After that, it becomes, "Why do you do what you do?" That kind of insecurity is very unattractive. To me, it's just sex. People want to control me, and that's never going to happen.

STYLING BY ANGELA AARON/THEREXAGENCY.COM; HAIR BY JOHN BLAINE FOR MS-MANAGEMENT.COM; MAKEUP BY AMY NADINE FOR BARDEEN AGENCY; OPENING SPREAD: TOP AND BOTTOMS BY CHARNOS AT FIGLEAVES.COM; NECKLACE BY GEM M.C. AT LAVISH ON MELROSE AVENUE; THIS PAGE: BOTTOMS BY VICTORIASSECRET.COM; OPPOSITE PAGE: TOP AND BOTTOMS BY DKNY AT NORDSTROM; NECKLACE BY GEM M.C. AT LAVISH ON MELROSE AVENUE



I'll kiss a girl here and there, but it's always to turn a guy on

What's the difference between your sex life on camera and at home?
On set you're not really into the guy. When I'm filming, the turn-on for me is people in the room watching. I noticed when I was younger that I liked sex in public—elevators, hallways in apartment buildings, gosh, just about anywhere I can pull it off.

Are guys intimidated by you?
Some are. I dated a guy last fall, and he had a problem with what I do. I was like, "My sex life off camera is so much better because there's an actual connection." He couldn't understand. He felt like he was constantly in competition.

Who was this mystery man?
JC Chasez. We tried to date, but we're just too different.

Wilmer Valderrama wouldn't have that problem, right?
I wasn't a porn star when I met Wilmer, but he loves that I'm a porn star now. I wouldn't say we dated; we had a couple of flings. There's something about him that's sexy and mysterious. It lures you in.

Did you make a Paris Hilton–style sex tape when you were with Rick Solomon?
We did film ourselves together once. I think it was deleted. I *hope* it was; we'll find out, I suppose. The Paris Hilton video was playing in the background. I needed some inspiration and I needed to look at a hot girl. I had actually never seen the Paris video, but Rick had a copy.

Have you ever been with a famous woman?
I don't really like women. I'll kiss girls here and there, but it's always to turn a guy on. I kissed Paris on my birthday when we were hanging out. Rick called me afterward and was like, "You fucked her, didn't you?" I said, "I don't know. I don't remember, but I'm pretty sure I didn't." She said we didn't, so I'm going to say we didn't. She is a good kisser, though. **FHM**

See more of Stefani at FHMUS.com/girls

BOTTOMS BY VICTORIASSECRET.COM

BORED WITH PRIME RIB? THEN TRY THE ANIMAL BITS THAT TYPICALLY JUST END UP IN HOT DOGS

BY JACOB DITKOFF
PHOTOGRAPHY BY GORMANPHOTO.COM

1) EARS

Emerging superpower China already rules the world when it comes to weird-ass eats. Pig ears, which have the texture and taste of undercooked bacon, are a particularly popular meal there—so much so that on the mainland, pig ears fetch a higher price than prime cuts of pork. However, much like your HMO, pig ears offer negligible health benefits.

2) BRAINS

Cow brains aren't so popular these days, mostly because of that mad cow thing. Thankfully, researchers have found that calves are too young to get the fatal neuron-decimating disease. On the downside, even one young'un noggin far exceeds the recommended daily intake of 300 mg of cholesterol.

3) EYES

If your knowledge of Mexican food begins and ends with Taco Bell, you must check out the real deal—tacos de ojos, in which a full cow eyeball is placed in a tortilla surrounded by chunks of meat from the bovine's head. Cow eyeballs are crunchy on the outside, while the inside has the consistency of snot—and don't pretend for even a second that you don't know what eating snot is like.

4) SNOUT

A pig's sense of smell is 50 times more sensitive than a dog's, but for some reason you never see a bomb-sniffing hog at the airport. Rather than use powerful pig snouts for homeland security purposes, the Italians take them and convert them into a sausage called musetto. Pig snouts have a gelatinous composition and, like many unusual meats, taste like chicken. Figures.

5) TONGUE

Germans serve zungenwurst, a sausage made of pig's blood, bread crumbs, organ fat, oatmeal and pieces of pickled pig tongue. A porker's tongue has 15,000 taste buds—6,000 more than a human's—all of which are removed before the organ is cooked. Because, clearly, eating a tongue with the taste buds still attached would be disgusting.

6) HEART

Clarice Starling would be relieved to know that the lambs do stop screaming—after you rip out their hearts. Weighing about four ounces, a lamb's blood-pumper is approximately the size and shape of a human's. To prep for cooking, scoop out naturally occurring blood clots and resist the urge to send the organ to your ex-girlfriend in the mail. Sicko.

FRANKENMEAT

9) TESTICLES

People out West call calves' testicles Rocky Mountain oysters, which seems more than a little misleading. The oysters are a popular snack at Colorado Rockies games, where the bull balls are battered and deep-fried, then served with hot sauce. Beef nuts are the size of a baby's shoe and are similarly suitable for bronzing.

10) TAIL

Just as dogs show they're happy or scared with a wag or twitch of the tail, cows use what's attached to their asses to communicate their feelings. Bovine tail is popular around the world but especially in England, where they'll apparently boil anything. There, oxtail soup is available pre-made in cans. But we sell canned creamed corn in the U.S., so who are we to judge?

7) STOMACH

People don't like thinking of putting a stomach in their stomach, so they call it tripe. Because cows have multiple stomachs, there are multiple kinds of tripe. The best is honeycomb, which looks like its name. The worst comes from the cow's first stomach and has a furry texture. Tripe has little flavor and, when cooked, the consistency of Jell-O. Think of it as tofu for devoted carnivores.

11) MARROW

Marrow, the creamy center of large bones, packs monounsaturated fats, which can decrease bad cholesterol. Osso buco, literally "bone with a hole," is a dish from Milan. A diner scoops out marrow from a braised veal shank using a little fork—unless he's in an Italian school cafeteria, in which case it's a little spork.

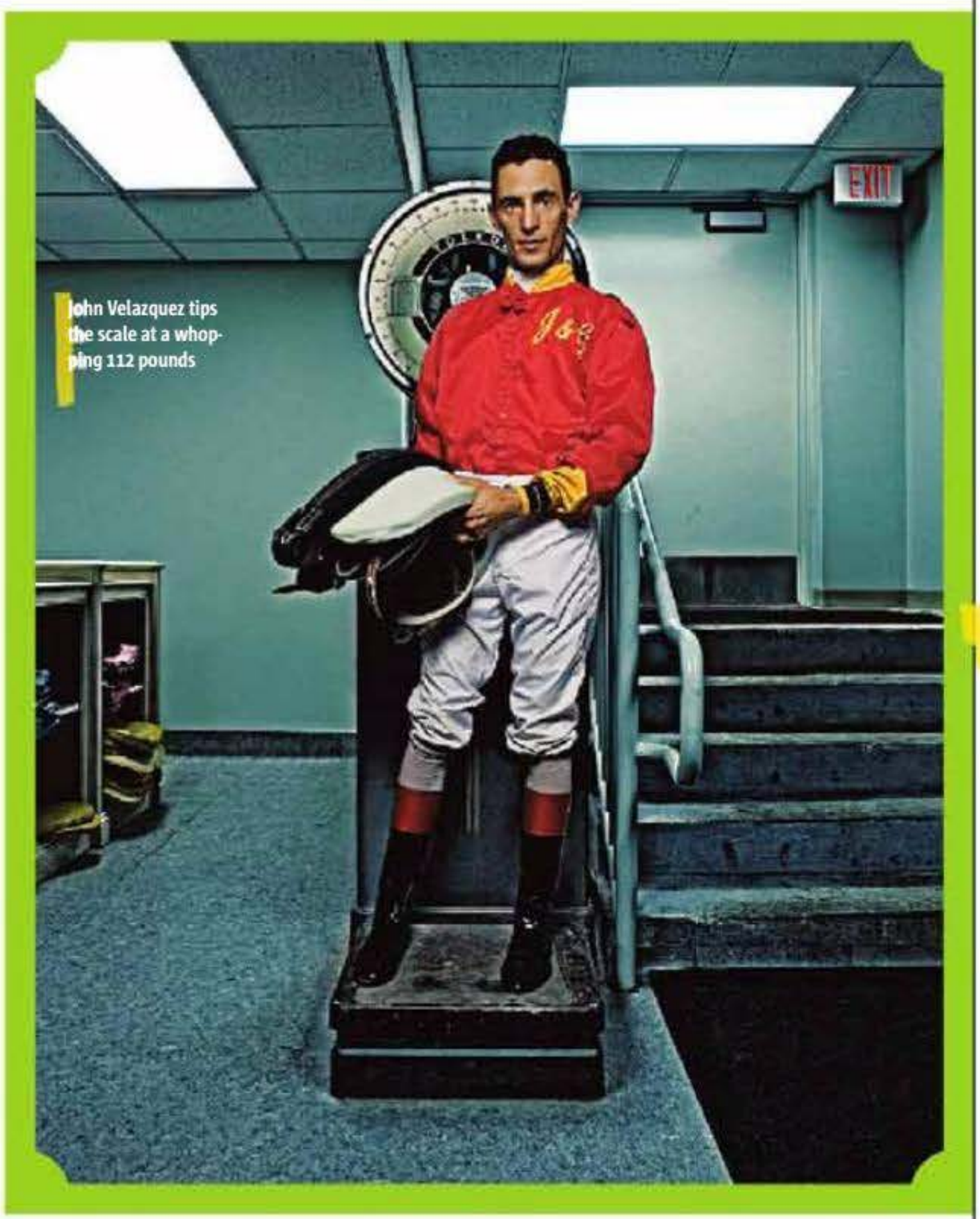
8) INTESTINES

Sheep intestines are part of Scotland's national dish, haggis. Onion and oatmeal are stuffed in the intestine, as are the sheep's heart, liver, windpipe and lungs. America's national dish, the hot dog, is also wrapped in a sheep intestine—though it's called a "natural casing" so you won't vomit. Until you find the rat droppings, that is.

12) FEET

In the southern U.S., people simply boil pig's feet in water and vinegar along with onions, pepper and cloves. The Slavic peoples of Russia take more care, first browning the feet over an open flame, then seasoning the tootsies with garlic and paprika. Either way you prepare them, pig's feet need at least two hours worth of boiling. Then again, after soaking in hot water for that long, even your Timberlands are edible. **FHM**

BY PETER RUBIN | PHOTOGRAPHY BY VINCENT SOYEZ



John Velazquez tips the scale at a whopping 112 pounds

BORN TO RIDE

THINK HORSES HAVE IT TOUGH? SPEND A DAY WITH AMERICA'S TOP JOCKEY, JOHN VELAZQUEZ

Free food is something rarely passed up. That is, unless it's set out in a jockeys' quarters. On a Wednesday morning at Ft. Lauderdale, FL's Gulfstream Park the only people munching on free bagels are the big guys. "Big guys," in this case, meaning anyone taller than Elijah Wood or weighing more than a buck-twenty. In other words, non-jockeys.

The jockeys themselves aren't so free to indulge. "If you don't make weight, you don't ride," says America's best, John Velazquez. When your livelihood depends on saddling up, chowing down isn't an option. So to pass the time, the men play pool, teach a non-Latino jockey how to curse in Spanish ("No, *cabrón*, '*Mari*cón!'") or watch the two flat-screen TVs on the wall. One is always set to HRTV, a cable channel showing races from around the country. For reasons unknown, the other one is playing *Martha*.

Velazquez is lucky. His races have a limit of 121 pounds, and he'll qualify easily. "I'm about 111 stripped," he says. Then he gestures down to the underclothes he's wearing—jersey, leggings and kneesocks. "So with this, I'm maybe now 112." He walks over to the scale in the jockeys' quarters and hops up: The needle stops just short of 113 pounds. He has guessed his weight to within a fraction of a pound. "I know my body very, very well," he says.

Safely under the limit, Velazquez fixes himself a breakfast feast: half a cup of coffee and a quarter of a bagel. It's pretty

When water weight needs to go, jockeys hit the sweatbox

The jockeys' facilities at Gulfstream Park also feature a sauna (top) for those into dry heat and bunks (bottom) for those who like naps

'GIMME THAT PURSE!'

How winners divvy up the cash from the Kentucky Derby

The guaranteed minimum purse at the 2006 Kentucky Derby is $2 million. The 2005 purse ended up hitting $2.4 million. Here's how that paid out:

Fifth place	$60,000
Fourth place	$100,000
Show	$200,000
Place	$400,000
Win	$1.6 MILLION

much all he'll eat until the day ends at 5:30. "Maybe I'll drink some water or suck on an orange," he says. Still, in a sport where stringent weight requirements mean some jockeys resort to dangerous weight-loss measures, Velazquez is fortunate to be letting his meal stay put. He pats his stomach. "Anything I put in, I keep in," he says. "It comes out normal."

As race time draws near, attendants help riders dress. Velazquez—or Johnny V, as horse fans call him—is riding in six of the day's 10 races. He will stretch, shave and strategize while studying the racing form. His mere presence in a race will be enough to alter the odds.

In January, Velazquez received the Eclipse Award for Jockey of the Year—the highest award in his sport. He won it last year too. He's also been the top money-earner among all North American jockeys for two years in a row. His mounts pulled in almost $24 million in 2005 and another $22 million the year before. He spends his summers in New York and his winters in sunny Florida—at least when he's not riding in the Kentucky Derby or the Dubai World Classic. Oh, and one day at Saratoga Springs in 2001, he won six races in a single day, a track record that still stands. Point being: The guy is *good*.

Velazquez grew up around horses in Puerto Rico. Then a friend—who was the nephew of legendary jockey Angel Cordero, Jr.—told him about a high school that trained boys to race. "The love for the horses was part of it," Velazquez says. "But when I realized I could actually earn money, I started paying attention, watching races and learning anything I could." The minimum age for entry was 16, but the boys tried to get in at 14. "They looked at my feet and said, 'No, you're going to be too tall,'" he recalls. "By the time I was 16, I was still only 5-foot-3, so they let me in."

In 1990, Velazquez journeyed to the U.S., staying with Cordero in New York and trying to race as an apprentice. Normally, wannabe jockeys in the States begin by working for an owner or trainer, and gradually move up to race riding. But thanks to his schooling and mentor, Velazquez went right to the track.

VELAZQUEZ ONCE WON SIX RACES IN A SINGLE DAY

Velazquez preps for races by scrutinizing the day's racing form

"As an apprentice, you have to get 45 wins in a year to move on," Velazquez explains. "And once you get 45 wins, you better *keep* winning, because you're not an apprentice anymore." Johnny V had 101 wins as an apprentice.

Because of his obvious skills, Velazquez races constantly. He saddled up more than 1,200 times last year, and is on a similar pace this year. And when he rides, he wins. On this particular day, the purses in Velazquez's Gulfstream Park races range from $13,000 to $37,000. The winning horse's team gets 60 percent of the purse, of which the jockey gets 10

'THAT HORSE IS A DIVA!'

While jockeys starve, their mounts live as garishly as Trump spawn

They drink bottled water!

Since even the slightest annoyance can affect a champ's performance, a horse often travels with its own water supply pumped from a home well—because God forbid the racetrack's swill disturbs its delicate palate.

They eat doughnuts!

Common thoroughbred treats include Pop Tarts, doughnuts and peppermint candies. One steed, Tapit, got three eggs and a pint of Guinness every day before the 2004 Kentucky Derby. But it didn't help—he finished ninth.

They get rubdowns!

Hair brushing isn't bad, but horses probably prefer their "sheath cleanings." That's when a veterinarian essentially gives the stallion a handjob, in order to coax out its penis and remove dirt.

They're exempt from foreplay!

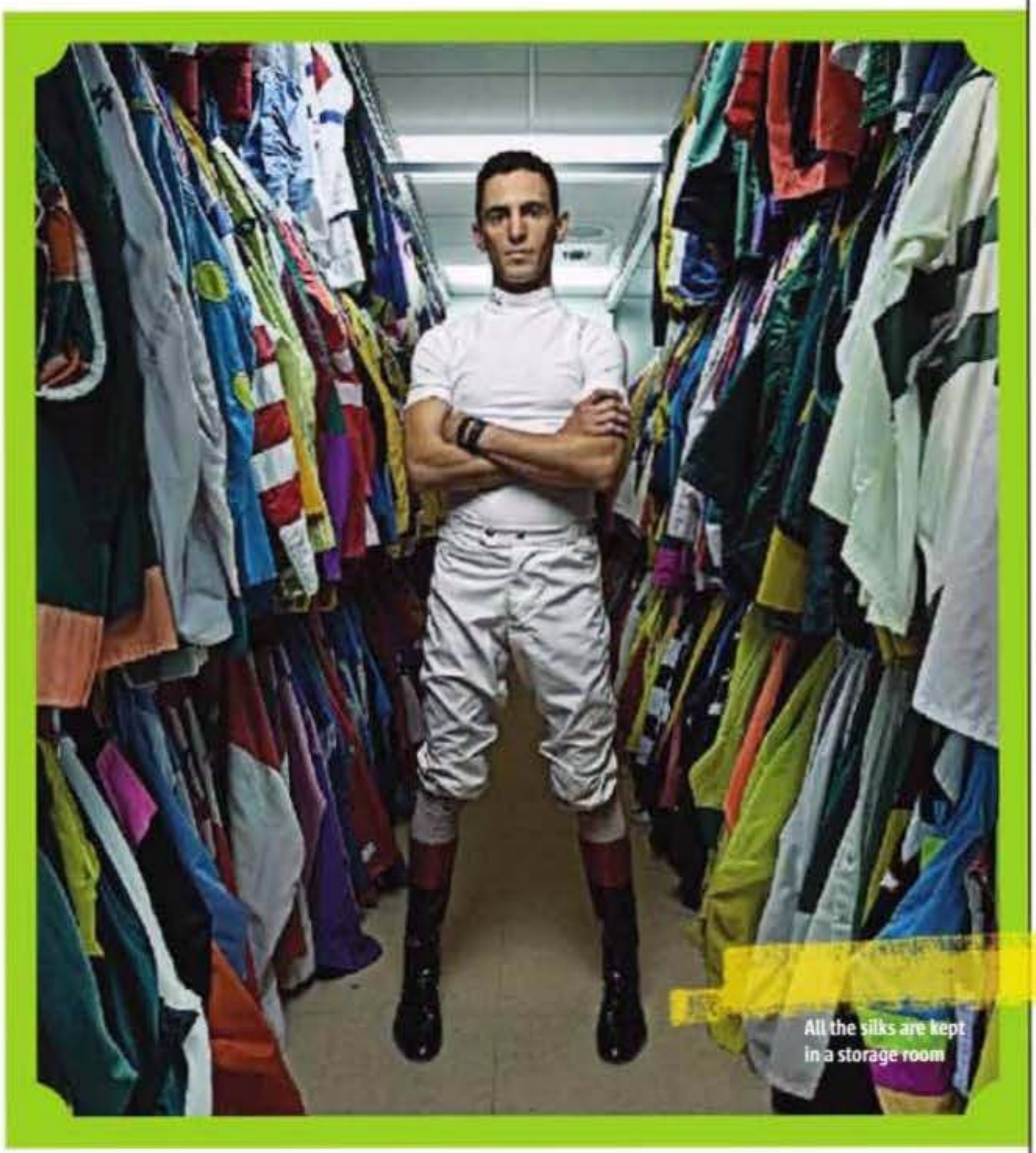
After retirement, a champ begins his second career: sperm bank with legs. He won't even bother with foreplay; breeders keep "teaser" horses on hand to get the fillies ready before swapping in the champs for the actual hay romp.

They get Eastern medicine!

Horses get arthritis something fierce, so trainers may bring in acupuncturists or even animal chiropractors, who will manually crack the horse's fist-sized vertebrae into alignment.

They get their own damn pets!

Famously social animals, horses will hit it off with goats or stable cats. They then freak out with loud protests and dangerous skittishness if ever forced to travel alone. So they're always shipped off with an animal buddy in the trailer.



All the silks are kept in a storage room

Sucking on an orange often serves as Johnny V's lunch

percent. (He then has to pay out his agent and tip the stable help.) When Velazquez won the Dubai World Cup in 2005, the $6 million purse meant he walked away with more than $300,000.

Yet even with paychecks like that, Johnny V is still a grinder, riding multiple races every day he can. "If you don't ride, people think you're not hungry enough," he says. "They forget about you quickly. There's always somebody they can replace you with when you take a break or get hurt. Then it's hard to get it back."

As the day's races begin, Johnny V continues to talk money while keeping an eye on the television to gauge the track condition. The $24 million his horses earned last year means he took home more than $1 million after taxes and fees. As chairman of the Jockey's Guild interim board of directors, Velazquez knows that figure puts him into the pay scale stratosphere. If a jockey doesn't finish among a race's top three, he only gets between $40 and $55. Of that, $4 goes to the Guild. "And you still have to pay your agent," he adds. So the industry is full of working stiffs on horseback who bring home 30 grand a year. If that doesn't work out—and it often doesn't—their best bet is to become exercise riders, galloping horses in the mornings for $500 a week. There's no such thing as a fallback career for men who, in many cases, have sacrificed their education to get an early shot at racing. "You start when you're 14 or 15—a lot of them don't finish high school," Velazquez says. "We need to start educating these guys."

Even when the money is at its best, though, a jockey is always only one fall away from losing it all. So far, Johnny V's been lucky, but he has still taken his share of tumbles. "Sometimes it's so fast that you hit the ground and you don't know what the heck happened," he says. "Then you just hope no one runs you over. A couple of times I've actually felt the horse run over me. Usually they don't hit you with all their weight—but when you

'A COUPLE OF TIMES, I'VE ACTUALLY FELT THE HORSE RUN OVER ME'

"THAT HORSE IS A DIVA!" BY NICK SUMMERS; DIVA: AFP PHOTO/CYNTHIA HUNTER

Jockeys kill time by playing Ping-Pong (top); When it comes time to dress, the riders receive extensive help from attendants (bottom)

Because they start at age 14 or 15, many jockeys never finish high school

really get stepped on, that's when the danger comes. Some guys come back a year later, and some just never do."

Not all harm is done on the track, either. The sport's weight limits generally range between 110 and 122 pounds. "I can make weight for 99 percent of the races," Velazquez says. For the days when he's over, Velazquez primarily relies on the sweatbox—a steam room kept at a towel-soaking 118 degrees. Other riders sometimes opt for faster means. "Some guys use Lasix"— a dehydrating agent used to slow bleeding in horses—"some guys use laxatives," he says. And, of course, there's good old-fashioned **purging, wh**ich jockeys call "flipping."

SOME TRACKS HAVE TOILET STALLS RESERVED FOR PURGING JOCKEYS

Some tracks have a dedicated "flipping stall," a special toilet in the locker room designed for the sole purpose of catching a jockey's lunch. Gulfstream Park doesn't have one—at least not officially. "It's a new track," Velazquez says. "And they're not going to promote [flipping], let's put it that way. It's been done for many, many years, and we're trying to educate young riders that they don't have to do it."

Johnny V hits the winner's circle after his victory

With his first race drawing near, Velazquez pulls out his homework—the day's racing form. He focuses primarily on splits for each horse's past races, comparing their times at various stages of the run to see who brings the heat and when they bring it. From watching the day's first race, he has already noticed that the track is running fast. ("Those horses are fast, but they're not a minute-ten fast," he says to a jockey across the room.) Today's races, then, are going to be faster than the horses are used to running, a bad thing if he's on a mount that doesn't bring blazing speed out of the gate.

At 1:30 p.m., Johnny V pulls on his silks for his first run of the day. He'll be riding Keep Cruising, a 4-year-old he's never mounted before. Judging by the horse's past times, Keep Cruising is an average racer at best, yet because Velazquez is in the saddle, the horse comes in at 4-to-1, making him one of the favorites.

Once saddled up, Velazquez relies on instinct. "I'm very relaxed on the horse," he says. "I want to have a connection with him. It's a very basic feeling—trying to feel the horse and trying to read the race at the same time. When I don't get the feeling, things don't work out."

His first race must lack that feeling; Velazquez keeps the reins tight early on, holding the horse back before relieving the pressure and moving to the whip late in the race in hopes of making a run down the stretch. Yet Keep Cruising fades, finishing sixth out of seven. "I ride 1,200 horses a year, so I can't be perfect every time," Velazquez says afterward. "I replay races in my head and second-guess everything. There are times I think, 'Gosh I really screwed that up.'" And this time? "There just wasn't enough horse," he says.

His next mount doesn't seem to have the same problem. Velazquez is on Ever Elusive, a horse he's won with the last two times out, and he holds back until just the right moment, moving up from next-to-last to fourth at the halfway point. On the final turn, he emerges from the pack and charges ahead. For 15 seconds, the other horses actually look like they're running in slow motion, and Ever Elusive takes the race by a length and a half. The $37,000 purse means a quick $2,200 in Velazquez's pocket.

It's not bad for 70 seconds of work for a short kid from Puerto Rico. **FHM**

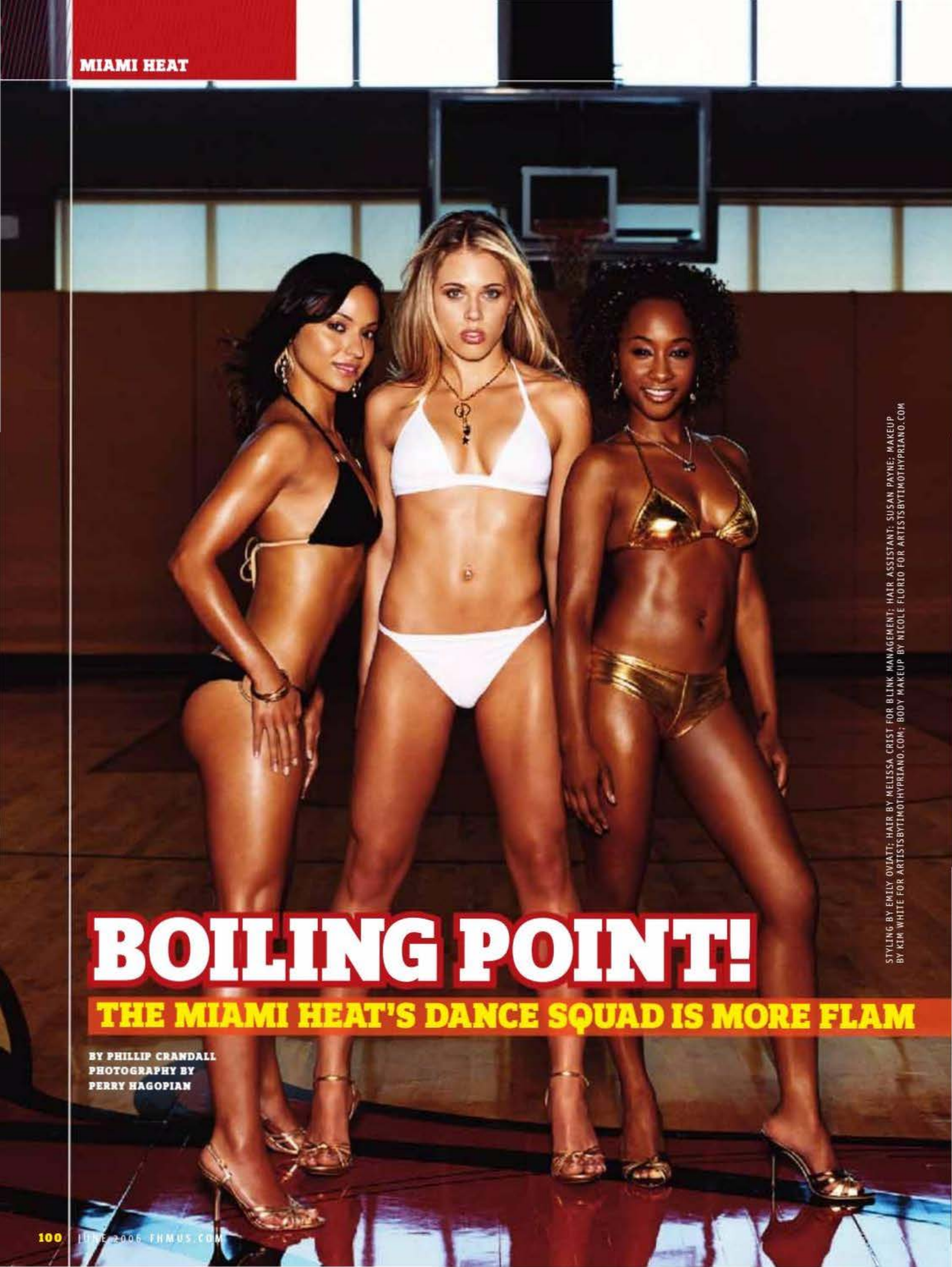
THE CUT!

A sample split of race winnings

Who profits when a horse wins? It's an inexact formula where everyone from stable help to exercise walkers gets tipped out. Here's an example of how a payout may be split:

Owner	78%
Jockey	8½%
Trainer	8%
Agent	2½%
Groom	1%
Other helpers	2%

"THE CUT!" BY NICK SUMMERS

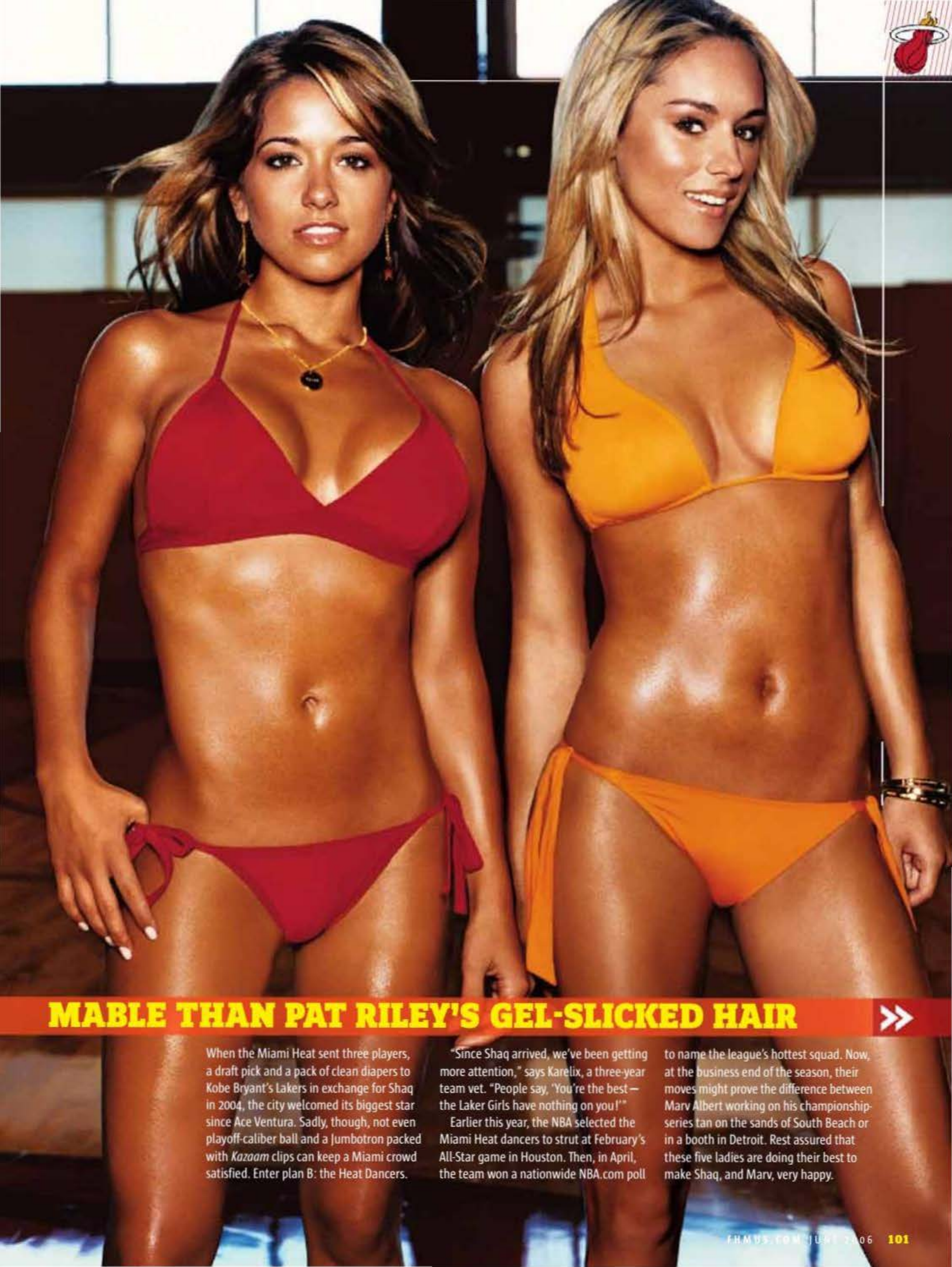


BOILING POINT!

THE MIAMI HEAT'S DANCE SQUAD IS MORE FLAM

BY PHILLIP CRANDALL
PHOTOGRAPHY BY
PERRY HAGOPIAN

STYLING BY EMILY OVIATT; HAIR BY MELISSA CRIST FOR BLINK MANAGEMENT; HAIR ASSISTANT: SUSAN PAYNE; MAKEUP BY KIM WHITE FOR ARTISTSBYTIMOTHYPRIANO.COM; BODY MAKEUP BY NICOLE FLORIO FOR ARTISTSBYTIMOTHYPRIANO.COM



MABLE THAN PAT RILEY'S GEL-SLICKED HAIR

When the Miami Heat sent three players, a draft pick and a pack of clean diapers to Kobe Bryant's Lakers in exchange for Shaq in 2004, the city welcomed its biggest star since Ace Ventura. Sadly, though, not even playoff-caliber ball and a Jumbotron packed with *Kazaam* clips can keep a Miami crowd satisfied. Enter plan B: the Heat Dancers.

"Since Shaq arrived, we've been getting more attention," says Karelix, a three-year team vet. "People say, 'You're the best—the Laker Girls have nothing on you!'"

Earlier this year, the NBA selected the Miami Heat dancers to strut at February's All-Star game in Houston. Then, in April, the team won a nationwide NBA.com poll to name the league's hottest squad. Now, at the business end of the season, their moves might prove the difference between Marv Albert working on his championship-series tan on the sands of South Beach or in a booth in Detroit. Rest assured that these five ladies are doing their best to make Shaq, and Marv, very happy.

JENNIFER

On dining "I'm a Cuban girl, so I don't like healthy foods—I'd much prefer a salad or some fish. When I go to Wendy's, I order two cheeseburgers, chicken nuggets and fries. Or I'll get a frosted milkshake and fries. I chow down, which is why I have to work out all the time. I stick with cardio to keep my shape, but some of my teammates could bench more than most guys."

NAIMAH

On hoedowns "The Heat has much better musical variety than other teams in the league. At games, we dance to jazz, Latin, hip-hop—even country. I was in a Walgreens recently and one of the country songs we dance to came on. People stared at me as though I had serious problems when I started doing the whole routine in the deodorant aisle."

OPENING SPREAD: KARELIX: BIKINI BY VITAMIN A AT FIGLEAVES.COM, EARRINGS AND BRACELETS BY JULIESANDLAU.COM; JENNIFER: BIKINI BY ERES.COM, NECKLACE AND BRACELETS BY GKDESIGNS.COM; KATHERINE: BIKINI BY AMERICANAPPAREL.COM, EARRINGS BY JESSICAELLIOT.COM, NECKLACE BY AMERICANAPPAREL.COM, EARRINGS AND NECKLACE BY GKDESIGNS.COM; NIKKI: BIKINI BY COSABELLA.COM, EARRINGS BY JESSICAELLIOT.COM, BRACELETS BY GKDESIGNS.COM; ALL SHOES BY ALDOSHOES.COM; THIS PAGE: JENNIFER: BIKINI BY FRENCHFIFTY.COM, EARRINGS BY JULIESANDLAU.COM; NAIMAH: TOP BY ERES.COM, BOTTOMS BY LAPERLA.COM, NECKLACE AND BRACELET BY GKDESIGNS.COM

KATHERINE

On booty "Someone once asked if Miami Heat dancers have to be a certain weight. We don't. Our squad is made up of so many different types of girls, and that's what makes us amazing. I don't have a butt, but I don't feel the pressure to get a huge ass because the other girls compensate. We have a lot of cuties with booties."

BIKINI BY AMERICANAPPAREL.COM; EARRINGS, NECKLACE AND BRACELETS BY GKDESIGNS.COM

SCSACSACSACSACSACSA

NIKKI

On diversity "The Miami Heat dancers are a lot more than just a group of pretty faces. For instance, I'm studying to become a firefighter because it's a meaningful job. My entrance exam was on the same day as the *FHM* photo shoot, though, so I couldn't take it. I'll have to wait until next year."

KARELIX

On hazing "Nobody on the squad is guaranteed a spot, and every year you have to compete against hundreds of girls to get in. It all depends on how many girls who look like you are trying out—if you're brunette, you're competing against all the brunettes. If you do make the team, the veterans are usually nice. One year, though, we made all the new girls wear Depends during an entire rehearsal." **FHM**

See more of the Miami Heat dancers at

FHMUS.com/girls

KARELIX: BIKINI BY D'AMOUR AT VICTORIASSECRET.COM, EARRINGS BY JESSICAELLIOT.COM;
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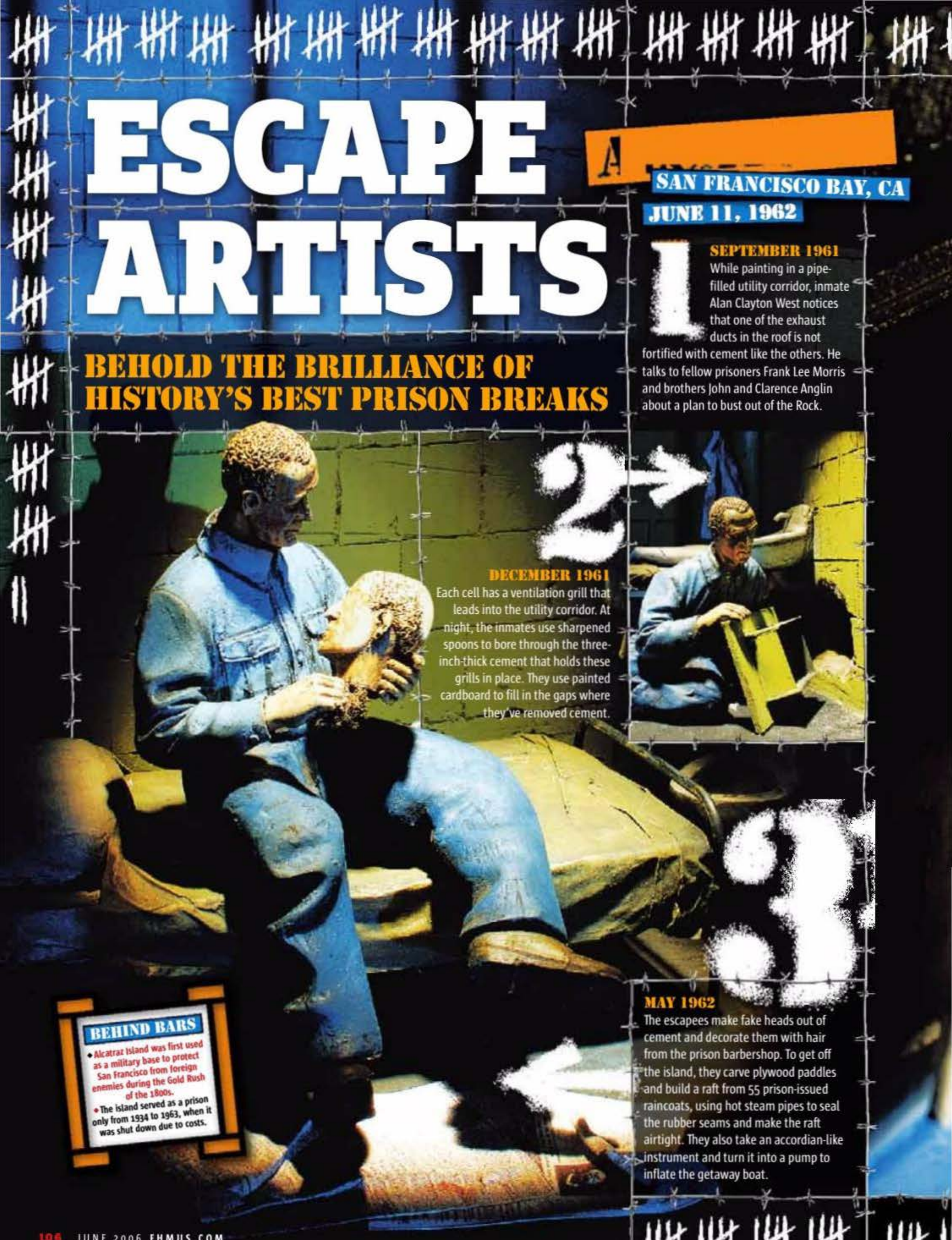
ESCAPE ARTISTS

BEHOLD THE BRILLIANCE OF HISTORY'S BEST PRISON BREAKS

A [redacted]

SAN FRANCISCO BAY, CA

JUNE 11, 1962



1 SEPTEMBER 1961
While painting in a pipe-filled utility corridor, inmate Alan Clayton West notices that one of the exhaust ducts in the roof is not fortified with cement like the others. He talks to fellow prisoners Frank Lee Morris and brothers John and Clarence Anglin about a plan to bust out of the Rock.

2 DECEMBER 1961
Each cell has a ventilation grill that leads into the utility corridor. At night, the inmates use sharpened spoons to bore through the three-inch-thick cement that holds these grills in place. They use painted cardboard to fill in the gaps where they've removed cement.

3 MAY 1962
The escapees make fake heads out of cement and decorate them with hair from the prison barbershop. To get off the island, they carve plywood paddles and build a raft from 55 prison-issued raincoats, using hot steam pipes to seal the rubber seams and make the raft airtight. They also take an accordian-like instrument and turn it into a pump to inflate the getaway boat.

BEHIND BARS

- Alcatraz Island was first used as a military base to protect San Francisco from foreign enemies during the Gold Rush of the 1800s.
- The island served as a prison only from 1934 to 1963, when it was shut down due to costs.

BY CATRINEL BARTOLOMEU
MODELS BY BRUCE TEAL
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PHOTOGRAPHY BY
GORMANPHOTO.COM

41

JUNE 11, 1962

The inmates remove the ventilation grills in their cells and sneak into the utility corridor. When West's grill gets stuck, he's left behind. The remaining three climb 30 feet of pipes to pry open the exhaust duct and break out onto the prison roof. They then shimmy down a 40-foot drainpipe to the cliffs above Alcatraz's beach. Next comes a 12-foot barbed-wire fence and then a 75-foot drop to the beach, which the inmates manage by lowering themselves down with a long electrical cord. They inflate their raft on the beach and push off.

THE ESCAPEES BUILT A RAFT FROM 55 PRISON-ISSUED RAINCOATS

THE AFTERMATH

Two days later in San Francisco Bay, cops find a paddle and pictures belonging to the brothers. Some think the men died at sea. But the fact that their bodies were never found leads others to believe that the trio executed history's most elaborate escape attempt from America's most secure prison.

THE CONNALLY UNIT

KENEDY, TX

DECEMBER 13, 2000

BEHIND BARS

- The prison was named after former Texas governor John Connally, who was wounded alongside JFK in the president's doomed Dallas motorcade.
- Even prior to the breakout, the jail had the state's worst record of prisoner-on-guard violence.

1

11:20 A.M.

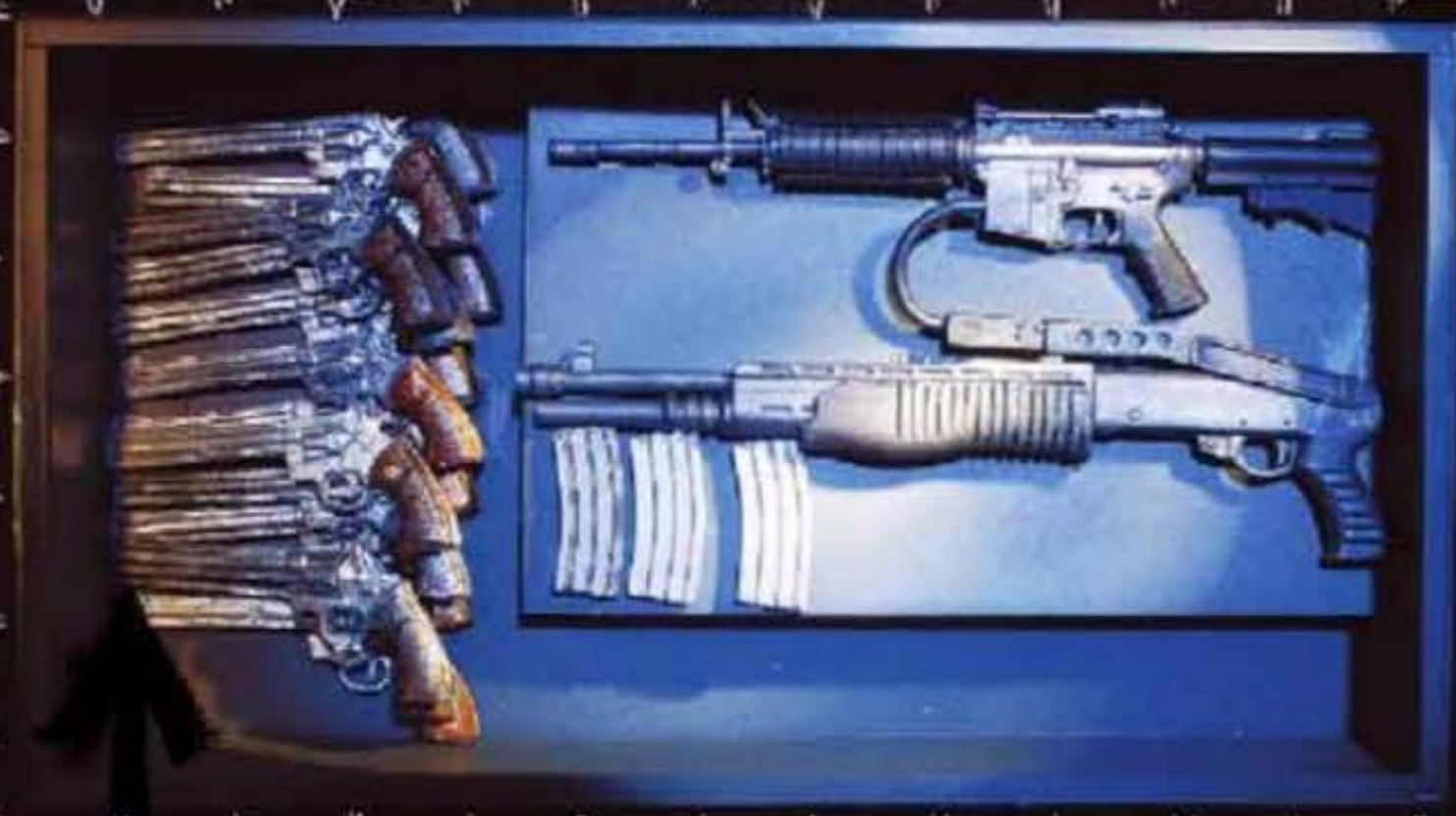
Convicted kidnapper George Rivas and five other inmates volunteer to work through lunch waxing the floor in the prison's maintenance department. As a seventh conspirator keeps lookout, an inmate asks the lone guard left in the shop what to do with a motor under a table. When the guard bends over to inspect the motor, the prisoner cracks him over the head with an ax handle. The inmates steal his clothes, gag him, bind his hands and feet, and lock him in an electrical closet.

2

11:45 A.M.

Awaiting the return of prison officials from their lunch breaks, the inmates attack, disrobe and bind two guards, eight civilian workers and three inmates who weren't in on the escape plan. All hostages get stacked in the closet.

THE INMATES ATTACKED, DISROBED AND BOUND 13 HOSTAGES



3

1:20 P.M.
The prison's back exit has both an interior and exterior gate. Pretending to be maintenance workers, the inmates call the interior gate and announce they're coming over for a repair job. Rivas and another prisoner, Randy Halprin, pull on stolen clothes and head to the gate.

4

1:40 P.M.
The inmates still in maintenance can see Rivas and Halprin arrive at the interior gatehouse. They call to distract the guard, who picks up the phone before asking Rivas for an ID. Rivas attacks the distracted guard, steals his clothes and locks him in the bathroom. The escapees set their sights on the exit's exterior gate.

5

1:50 P.M.
At the exterior gate, Halprin identifies himself as a maintenance worker. His co-conspirators back at the warehouse make another well-timed phone call, and Halprin manages to grab the guard's gun off his desk. Now in control, Halprin forces the guard to show him how to open the final gates. He also gains access to the gate's well-stocked weapons cache.

6

2:00 P.M.
Sporting their stolen clothes, the other escapees pile into a white prison truck taken from the maintenance department. They pick their co-conspirators up at the gate and head for freedom—not to mention national headlines, which dub the escapees The Texas Seven.

THE AFTERMATH

Just 39 days later, a resident at an RV park in Woodland Park, CO, sees the escapees on **an episode of** *America's Most Wanted*. He informs police that the men are at his facility—posing as missionaries. As the cops close in, one escapee kills himself and the rest are captured. They are all later sentenced to death for their role in killing a police officer during a robbery committed while they were on the lam.

MARYLAND PENITENTIARY

BALTIMORE, MD
FEBRUARY 18, 1951

1 JULY 1949

In his eighth year of a 20-year burglary sentence, Joseph Ellsworth Holmes takes up a tunneling hobby. Using a stolen electric drill and a power outlet in his cell, he bores tightly spaced holes into the two-inch-thick slate cell floor to cut out a trapdoor. He even creates metal hinges. Every morning he disguises the holes he's made by filling them with cement dust.

2 AUGUST 1949

With his trapdoor complete, Holmes moves on to the 10 inches of concrete that lay below the slate. Every night between 5:30 p.m. and 9 p.m., as the guards play the evening radio broadcast, he scrapes away at the concrete with a piece of iron wrapped in cloth.

3 NOVEMBER 1949

Holmes hits moist soil! His tunnel slopes down to an eventual depth of 26 feet as it goes beneath the prison wall. The bottom fills with a watery sludge, forcing Holmes to dig in only his underwear to keep his uniform clean. He also uses old pants to create sandbags that hold up the tunnel walls. He flushes the dirt down his toilet.

4 FEBRUARY 18, 1951

Holmes puts a pillow under his blanket so it looks as if he's asleep. He packs up his clothes and $152 he won gambling, then spends 45 minutes wriggling through what has become a 70-foot tunnel. Outside he changes into his packed clean clothes, then on his way to freedom, walks right past the warden's house and the guard dogs that sleep out front.

HOLMES FLUSHED THE DIRT FROM HIS 70-FOOT TUNNEL

BEHIND BARS

- Opened in 1811, the Maryland Penitentiary is the oldest working correctional facility in America.
- In 1998, its name was changed to the Metropolitan Transition Center, but Holmes's cell is still in use.

THE AFTERMATH

Less than a month later, Holmes is arrested in Baltimore after robbing an old woman. For the next 10 years, "Tunnel Joe" tries to sneak tools into his cell, including a hacksaw blade sewn into a shoe. After suffering a stroke, he's paroled in 1970 and lives quietly until his death in 1973. **FHM**

Get tucked in tight with Jenny's favorite fairy-tale fantasies

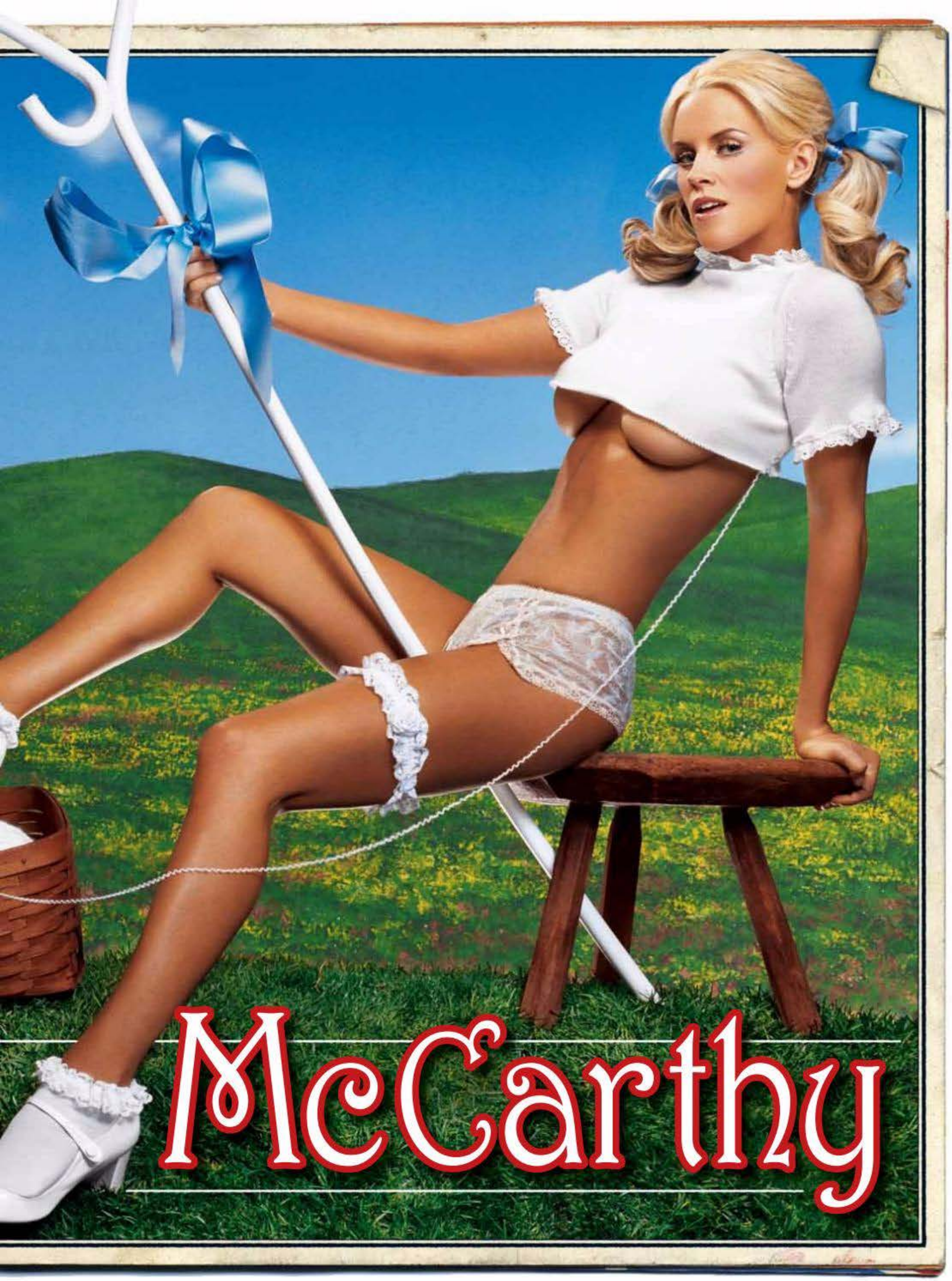
Photography by Gavin Bond

Little Bo Peep

"She pretends she's so innocent, but she grinds up and down on that portable stripper pole of hers"

"I love being naughty and so does Little Bo Peep. She pretends she's innocent, but she hangs out with sheep and grinds up and down on that portable stripper pole of hers. If I had a staff, I'd be rubbing on it all day long too—after all, there's nothing wrong with long and hard. That's why I never travel without sex toys. I pack them in my checked luggage because my carry-on always gets searched. Having your underwear handled is irritating, but having your vibrator picked at is unacceptable."

Story time with Jenny


McCarthy

"Guys who want to date me think I'm a ball-buster. The truth is if you're a powerful man who makes me feel like a queen, I'll drop to my knees and give you some regal head. I never want to feel better than my man. I'm more vulnerable and mushier than you'd think—I want to be held by my king. All women do. Except Oprah. She'd be comfortable on her own."

The Queen of Hearts

"If you're a powerful man who makes me feel like a queen, I'll drop to my knees"

Jenny McCarthy

Cinderella

"Nothing compares to the feeling of looking into a guy's eyes and seeing real love, instead of only lust"

"Every girl is waiting for her Prince Charming, and I'm no different. Nothing compares to the feeling of looking into a guy's eyes and seeing real love, instead of only lust—I want someone who loves me for me and not only for my incredible-tasting honey pot. I also love how Cinderella came from nothing and rose to greatness. Where I grew up in Chicago was kind of lower middle class. All the rich girls at my school tried to beat me up. Now when I go home, I order burgers from those 300-pound, red-headed monsters at the drive-through."

Jenny McCarthy

"There's not a woman alive who doesn't want to say, 'Devour me like a big bad wolf,' so get working on your teeth technique. Men don't chew enough. I'm not talking about chomping on your girl's bologna, either. If you want to get her wet, gently gnaw on her hip for 10 minutes. Don't bite—glide your teeth over the skin and nibble. Get creative with where you chew, too. My favorite? Having my butt squeezed and gnawed at the same time."

Little Red Riding Hood

"There's not a woman alive who doesn't want to say, 'Devour me like a big bad wolf'"

Goldilocks

"I love being naughty but looking sweet—it's the Catholic schoolgirl in me"

"Dressing up like Goldilocks is hot. I should know: I've done it. I love being naughty but looking sweet—it's the Catholic schoolgirl in me. What's hotter: me going down on you dressed as a vampire or while I'm looking up at you wearing cute pigtails? If you want your girl to dress as Goldilocks, wait for Halloween, then suggest you go as a pair—you as a bear, she in totally hot knee-high socks and innocent curls."

Rapunzel »

"Pull your woman's hair correctly during sex, and her nerve endings will go nuts"

"Pull your woman's hair correctly during sex, and her nerve endings will go nuts. Get it wrong and she'll kick you off the bed. Here's the key: The more hair you hold, the better. Don't yank us; be slow and sensual. Pull her head to the side instead of pulling it back—we need to breathe to feel sexy. And don't do it as she's about to come—that's about as sexy as a girl stopping to file her nails while she's blowing you." **FHM**

See more of Jenny at

FHMUS.com/Jenny

TOP AND BOTTOMS BY TRASHY.COM; NECKLACE BY NOIR; OPPOSITE PAGE: TOP AND BOTTOMS BY TRASHY.COM; RING BY SOIXANTE-NEUF AT SUPPLEMENTS; STOCKINGS BY 3WISHES.COM

THE POLYGAMIST

Marvin Wyler on having 110 grandkids, 34 children and three wives

How many wives do you have?

Two. I used to have three, but one died. I have 34 children: nine by the first wife, 16 by the second and nine by the third. We used to call them our twins and triplets because sometimes within three weeks, we'd have three new children. I think the grandkids are up to 110 now. It changes every few days.

The HBO show *Big Love* is about a polygamist. With this becoming a hot Hollywood trend, what is people's biggest misconception?

People think we're dirty old men and this is to take care of our sexual desires. You have to put a lot into plural marriage—most men wouldn't do it just for the sex. If they wanted sex, they could go to a bar.

So, why do it then?

This may seem strange to you, but in the Mormon fundamentalist faith, we believe a man can become a god and have an earth of his own. To qualify for an earth, you have to have plural marriage so you have a population to inhabit it. This is step one of building your kingdom.

Is there competition among polygamous men for wives?

Originally, men would court women. Then the leader of our church said a man would receive a revelation if he was meant to be with a woman. One guy had 28 men come to him and say they had had revelations that his daughter belonged in their family. He knew that 27 of them—if not all 28—were wrong. From that point on, the leader assigned who got married to whom.

Do your wives get jealous?

The No. 1 problem is wives getting jealous about the sex. One may not think she's very good in bed compared to the others. Then there's the fact that you're even *having* sex with another woman. Unless a girl can get it in her head that she doesn't mind someone else sharing her husband, it causes jealousy.

Living with one woman is hard enough. Did three drive you crazy?

It had its hardships, particularly for my first wife. She had me for three years alone and then had to share me. My other two wives and I grew up in families with plural marriage. In fact, those two were sisters. One of them would walk me up to the other woman's bedroom and say good night, then I'd go in and she'd go back to her room. My first wife felt ready for a plural marriage, but she wasn't. Originally, we all lived in the same house. It has 10 bedrooms and eight baths. We've added onto it seven times. But, my first wife was so unhappy, I built a home for her and her children a block and a half from the big house. Everyone gets along much better now.

'The No. 1 problem is wives getting jealous about the sex'

How do you split your time?

I like to be fair, so I alternate nights. If I take one wife to dinner, then soon afterward I'll take the other. It's the same with vacations. Although after my third wife died, the three of us got close enough that we drove from Utah to New York to see the sights. We were together for three weeks and we all slept in the same motel room. Of course, we didn't do anything but sleep—I didn't want to cause any trouble.

Have you ever called a wife by the wrong name during sex?

I've never gotten them confused. We're private about sex. If I compared wives, my life would be over. When one of them gets jealous, I can spend hours sitting and talking to her to convince her I love her.

Are you always in the doghouse with one of them?

It's part of the logistics of the situation. One wife will say one thing and another will say the complete opposite and you're in the middle, knowing they can't both be right. There were always problems among my wives about the children. A child would do something wrong and know he was going to get in trouble, but he'd run to one of the other mothers for protection.

What's it like carting 34 kids around at once?

We take two minibuses on vacation. In my really poor days, we went on a trip and all I had was a pickup truck. We made layers out of wood boards on the pickup racks for the kids to lie down on. I stopped at Sears and the salespeople said, "Look at that triple-decker playpen!" It was 1970 and I didn't even get pulled over. Nowadays, I'd be put in jail for that.

How can you possibly remember the anniversaries and birthdays?

I remember the wedding anniversaries, but I remember only the first kid's birthday. After that, I had to write them down.

Do you recycle everything?

It used to be all hand-me-downs, but this last group of kids won't take them. They're spoiled sick. Socks are a nightmare. I'm always buying socks. I'll tell you, though, the biggest boon to mankind is disposable diapers. We didn't have them when we started out. We went through four diapers per day for each child, so when we had six babies at a time, that was more than 150 diapers each week.

What's your Thanksgiving like?

Last year, five of my kids' families came. We had about 70 people and three turkeys. With a large group, we eat like we used to—cafeteria-style with three tables and kids eating on the floor. In general, we eat a lot of chicken. We stick to the cheaper stuff—drumsticks and thighs. Breasts are too expensive for how many people we feed.

Do you wish you could clone yourself like Michael Keaton in *Multiplicity*?

It's the other way around—I wish I could make copies of my wives so there were more of them for me! I'm retired, but they're busy with their jobs. I'm left sitting around saying, "I do polygamy and I don't even get a wife to keep me company!"

Did you develop a system for naming children, like how hurricanes are named?

My trick was naming kids after my childhood girlfriends. About a dozen of my girls got named after girls I used to have crushes on. My wives found out after a while, but they got a laugh out of it. **FHM**

Interview by Steve Marzolf
Photograph by Vincent Soyez

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NO PURCHASE NECESSARY to enter or win. Contest open to legal U.S. residents (excluding Arizona and Puerto Rico) age 18 years or older. Void where prohibited or restricted by law. By participating, entrants agree to be bound by these official rules, which exclusively govern all aspects of this contest. To enter, send us the first and last name of a person whose picture is circled in **Who the Hell Are You?** on page 16 along with your name, address, age and telephone number by U.S. mail to Who the Hell Are You?, *FHM*, 110 Fifth Ave., New York, NY 10011. One entry per person. Entries will be accepted from 12:01 a.m. EST on 5/9/06 until 11:59 p.m. EST on 6/5/06. Eligible entrant submitting first entry received by *FHM* with correct name identification will win an Sanyo Xacti camera (ARV $399). Substitute prize of equal or greater value may be awarded if prize becomes unavailable. No prize transfer or cash redemption. Taxes and all other unspecified expenses are sole responsibility of winner. Entry information becomes property of *FHM*, will not be returned and may be published in *FHM*. Entrants consent to use of name and entry submission in *FHM*. Winner will be notified by mail on or about 6/25/06, and may be announced in a future issue of *FHM*. Winner will be required to complete affidavit of eligibility/waiver/release/hold harmless within 10 days of notification or forfeit prize and another winner will be selected. By accepting prize, winner consents to use of winner's name, photo and/or likeness, biographical information, winning entry, and statements attributed to winner (if true) for advertising and promotional purposes, without additional compensation. Prize notification returned as undeliverable will result in disqualification of entry and prize will be awarded to alternate winner. *FHM* is not liable for lost, delayed, damaged, misdirected, illegible or incomplete entries or for theft or destruction or unauthorized access or alterations of entry materials. By participating each participant and winner waives any and all claims of liability against Emap Metro, LLC, its parent companies, officers, directors, employees, affiliates, subsidiaries and agents for any personal injury or other loss which may occur from the conduct of or participation in the contest or from the use of prize. Employees, officers and directors (and their immediate family/household members) of Emap Metro, LLC and any of its parent companies, affiliates, subsidiaries, advertising and promotion agencies/consultants are not eligible to enter. *FHM*'s decisions regarding the contest are final. *FHM* reserves the right, in its sole discretion, to cancel, modify or suspend the contest in whole or in part, for any reason. For name of prizewinner, send request and stamped, self-addressed envelope after 6/25/06 to Who the Hell Are You?, *FHM*, 110 Fifth Ave., New York, NY 10011.

NO PURCHASE NECESSARY to enter or win. **World Cup Jersey contest** open to legal U.S. residents (excluding Arizona and Puerto Rico) age 18 years or older. Void where prohibited or restricted by law. By participating, entrants agree to be bound by these official contest rules, which exclusively govern all aspects of this contest. Entries will be accepted from 12:01 a.m. EST on 5/9/06 until 11:59 p.m. EST on 6/9/06. To enter the World Cup Jersey Contest, answer the question, "How far will the U.S. soccer team go in the 2006 World Cup?" and send your guess with your name, address, age and telephone number to World Cup Jersey Contest, *FHM*, 110 Fifth Ave., New York, NY 10011. One entry per person. Eligible entrant submitting first entry received by *FHM* with the correct answer will win an official Nike 2006 World Cup soccer jersey signed by members of the 2006 US soccer team (ARV $500). Substitute prize of equal or greater value may be awarded if prize becomes unavailable. No prize transfer or cash redemption. Taxes are sole responsibility of winners. Winner will be notified by mail on or before 7/23/06. Entrants warrant that entry does not violate rights of any other party. Entry information becomes property of *FHM*, will not be returned and may be published in *FHM*. Entrants consent to use of name and entry submission in *FHM*. By accepting prize, winner consents to use of winner's name, photo and/or likeness, biographical information, winning entry and statements attributed to winner (if true) for advertising and promotional purposes without additional compensation. Winner will be required to complete affidavit of eligibility/waiver/release within 10 days of notification or forfeit prize and another winner will be selected. Prize notification returned as undeliverable will result in disqualification of entry and prize will be awarded to alternate winner. *FHM* is not liable for lost, delayed, damaged, misdirected, illegible or incomplete entries. By participating, each participant and winner waives any and all claims of liability against emap metro, LLC, its parent companies, officers, directors, employees, affiliates, subsidiaries and agents for any personal injury or loss that may occur from the conduct of or participation in the contest or from the use of prize. *FHM*'s decisions regarding the contest are final. *FHM* reserves the right, in its sole discretion, to cancel, modify or suspend the contest in whole or in part, for any reason. Employees, officers and directors (and their immediate family/household members) of emap metro, LLC and any of its respective parent companies, affiliates, subsidiaries, advertising and promotion agencies/consultants are not eligible to enter. For name of prizewinner, send request and stamped, self-addressed envelope after 7/23/06 to World Cup Jersey Contest Prizewinner, *FHM*, 110 Fifth Ave., New York, NY 10011.

DETAILS REGARDING *FHM* ON YOUR CELL PHONE From pages 18, 20, 140 and 146. **Text Services:** By replying YES to the Hometown Honeys text voting and/or the 20 Hot Dates text message delivery services, you accept the charge of $0.50 for each message received (plus other charges apply by wireless carriers, all of which will be reflected on your bill) and the terms of use available at www.FHMUS.com/foneworks. Text services are available to all major wireless carriers, however, T-Mobile® and AT&T Wireless prepaid customers are not eligible for this service. Opt-out information is accompanied with your order. Visit www. FHMUS.com/foneworks for help. **Download:** By replying YES to the download offer, you accept the charge of $1.99 per wallpaper (plus other charges apply by wireless carriers, all of which will be reflected on your bill) and the terms of use cited at www.FHMUS.com/foneworks. Wallpapers are available to all major wireless carriers, however, Verizon Wireless customers can only order voice greetings via premium SMS. This offer is not available to T-Mobile® and AT&T Wireless prepaid customers. Opt-out information is accompanied with your order. Visit www.FHMUS.com/foneworks for help.

TREVOR O'SHANA

LADIES CONFIDENT

WHERE THE WOMEN TELL ALL!

It's Honey vs. Honey. Vote online to decide who returns as next month's champ!

Last month's results

49.7%	50.3%

Last month, *FHM* readers voted to pass the Hometown Honey crown from two-time champion Diana Rosebush of East Lansing, MI, to Audra Perkins from Swainsboro, GA. It was our closest race ever.

"Oh my gosh," Audra says, "I *never* expected to win! Thank you, guys."

There is no time for celebration, Audra—now you defend your throne against Whitney Rose from Addison, MI. Will Whitney's horsy homestead overcome Audra's quaint burg? As always, *FHM* readers will decide. Log on to FHMUS.com/honeys and vote for your favorite—and may the hottest Honey win!

VOTE FOR THE CHAMP!

Audra Perkins, 23

Swainsboro, GA First appeared May 2006

THREESOMES 142

20 HOT DATES 146

AUDRA: PHOTOGRAPHY BY JON RAGEL; STYLING BY EMILY OVIATT; HAIR BY LAURA NAKAMOTO FOR ARTISTSBYTIMOTHYPRIANO.COM; MAKEUP BY BRYAN LYNDE FOR R.J. BENNETT REPRESENTS; TOP AND BOTTOMS BY VICTORIA'S SECRET; BRACELET BY LINKS OF LONDON; WHITNEY: PHOTOGRAPHY BY ANDREW PARSONS; STYLING BY EMILY OVIATT; HAIR BY SAM LEONARDI FOR RAY BROWN; MAKEUP BY CLAUDIA LAKE; TOP AND BOTTOMS BY DONNA; BRACELET BY TIFFANY & CO.; EARRINGS BY EMA TAKAHASHI

>>>>>>>>>>> OR VOTE FOR THE CHALLENGER! X

Whitney Rose, 23
Addison, MI

"Looking at me, you'd think I was a girlie-girl," says 23-year-old Whitney Rose, "but I've been shoveling horse poo out of my family's stables every day since I was a toddler." Tuck that knowledge away somewhere safe, then enjoy this inside scoop to more good times in Addison.

Fish die!
"I love to go spearing in Addison's three lakes. That's when you shine a light in the water and stab whatever moves. I once saw a guy catch a three-foot catfish."

Cheerleaders relax!
"I was a cheerleader in school, but our squad wasn't exactly intense. My teammates were all overweight and I was the only one who could do backflips."

Saliva amuses!
"Guys here chew tobacco. One time they dared me and my girlfriends to try it. I was proud of myself for being the only girl who didn't vomit afterward."

Nature sexifies!
"Kids here sneak off to the cemetery in the woods to have sex. I've never done that, though. The closest I've come is skinny-dipping with boys in the lake."

VOTE NOW!

Democracy and women: They're the two things America does best. Celebrate our nation's sexy riches by voting for the Hometown Honey who should return to face next month's hot challenger at . . .

FHMUS.com/honeys
Vote online between May 9 and May 19.

To vote for your favorite honey, text: FHMHON + her first name to 61000 ($.50/msg received+other charges apply*). Download Audra (7439) or Whitney (7440) to your cell ($1.99*/download) by sending the text message: FHMHON + image number to 91000. *More details on page 134.

Ladies! Do you want to share your *stadt* with the world? Enter our head-to-head competition by sending a letter (with snapshots) to Hometown Honey, *FHM*, 110 Fifth Ave., New York, NY 10011.

PICK-UP SIGNALS

FHM THREESOME

Want to know if a lady is game? Three *FHM* reader favorites tell you when to make your move

BONNIE CONTE AGE 27
CORONADO, CA

LAST SEEN
Hometown Honeys August 2005

"My friends would call me friendly, but I'd *never* make the first move on a man. Hot guys make me shy. If I flash you a flirty smile from across the room, say hello because that's as close as I'll come to hitting on you. And if you're too much of a pussy to walk up and talk to me, we probably shouldn't date.

"I like old-fashioned guys who ask for my number and call me for a date. Take-charge guys are a turn-on. Of course, it's also risky for the guy involved. If I'm not into you and you ask for my number, I won't say no to your face. I'll give you my real digits, but I won't return your calls. Most guys get the hint after a couple of weeks. I have all of my friends' and family's numbers in my phone, and I don't answer unfamiliar ones. If some guy calls me, he'll probably assume that I have a boyfriend or that I was too drunk to remember him."

"Take-charge guys are a turn-on"

TIFFANY STONE AGE 21
DETROIT, MI

LAST SEEN
Ladies Confidential November 2005

"I'm a fun, flirty girl, so guys need to watch closely to tell if I'm actually interested. The fastest way to win me over is to play the no-game game. That's when you pretend to be disinterested in a girl so that she thinks, 'What's wrong with me?' After that, she works harder to get your attention.

"I talk to everyone, but if I like you, I'll approach you and ask questions. Another way you'll know I'm ready is if you get my signature sexy wink. That's when I do it with my mouth a little bit open. You should also pay attention to how I refer to you. I call everyone 'babe' and 'hon,' but I'll call a guy 'love' only if he's special. If a guy is into me, he'll notice that; if he's not, he'll think, 'Oh, she probably talks to everyone that way.' It's my safe way of telling a guy that I'm ready to take things further."

"I'll call a guy 'love' only if he's special"

KATIE-BETH AVERY AGE 20
DEMOPOLIS, AL

LAST SEEN
It's Your Ex-Girlfriend April 2005

"If I like you, I'll get you, but I'll never work for your attention. I don't think I've ever made the first move on a guy. In fact, I won't even give you a signal. You're going to have to come up and talk to me. But just because I'm listening, don't assume I'm interested in you. I'll let you talk way after I've stopped paying attention. Sometimes I'll call a girlfriend over and start talking to her while I wait for a guy to go away. Other times I'll make up an excuse, like when I told a guy I had to leave because my friend was in jail.

"I won't give fake phone numbers, though. That's mean. If you ask for my number and I don't want to give it to you, I'll tell you I don't own a phone. Basically, it's process of elimination: The longer I allow you to stand near me, the more I like you. If you make it through three songs, you've got a shot. What happens next is up to you."

"I'll never work for your attention"

BONNIE: PERRY HAGOPIAN; KATIE-BETH, TIFFANY: LUCIANA PAMPALONE

FROM THE BOSS'S DESK

Ladies maximize the time their supervisors are out of the office

JENNIFER BECERRA
Age 23

As the marketing coordinator for a Silver Spring, MD–based mortgage company, 23-year-old Jennifer Becerra works as her boss watches. Luckily, her revenge **involves** straddling his desk.

"My boss, Mr. Newbury, always goofs off. On any conference call, I'll scribble notes while he works on his putting. This is my payback."

"I waited for Mr. Newbury to go to lunch before I asked Anabella, our receptionist, to take these pictures. When we were finished, we couldn't stop giggling for the rest of the afternoon."

"Mr. Newbury's going to freak when he sees this issue of *FHM*. I think he'll also be proud, though. He always said I have a face for marketing. Now he knows I have the body for it too."

THE TOP BRASS!

NAME
Hastings Newbury
COMPANY
Newbury Mortgage America
POSITION
Owner

100 WOMEN CAN'T BE WRONG

Are women really as obsessed with Hollywood as they seem to be? *FHM* asked 100 of them to weigh in on movie matters

100 - 81	100%	Think movie-theater concessions are overpriced
	97%	Have watched one particular movie more than 10 times
	96%	Sat through *Sleepless in Seattle*
	95%	Have sobbed openly at a movie
	86%	Have nodded off during a movie
	81%	Admit to loving movies featuring talking animals
80 - 61	79%	Would sleep with Colin Farrell
	75%	Like films with subtitles
	74%	Have asked a man to the movies
	70%	Will happily see a movie alone
	65%	Prefer to walk out of a bad flick than stay seated
	62%	Opt for malt balls over Red Hots
	61%	Love *Revenge of the Nerds*
60 - 41	59%	Prefer comedies to dramas
	58%	Would rather yawn their way through bad sex than a bad film
	53%	Watch more than one movie a week
	48%	Admit to having watched Paris Hilton's sex video
	47%	Feel amorous after a romantic comedy
	44%	Think going to the movies makes a great first date
	42%	Take their popcorn with extra butter
40 - 21	38%	Will happily shush other movie-goers if they talk during the action
	29%	Admit to illegally downloading flicks
	26%	Would trade their lives for that of a Hollywood star
	25%	Prefer to watch movies at home to in the theater
	24%	Think Will Ferrell is bed-worthy
	23%	Reenact cinematic sex scenes with their men folk
	22%	Have seen all five *Rocky* masterpieces
20 - 0	18%	Are still renting VHS tapes
	17%	Know firsthand exactly how much fun sex in a movie theater is
	10%	Have spent a night in line for opening-day tickets
	5%	Have picked up a man at the movies

20 HOT DATES!

Think all of the good ones are either taken or crazy? Check out these 20 sexy singles. Each has beauty and charm, but lacks a man. That's where you come in. Select your favorite, then go to FHMUS.com/dates and send her a note. If she likes the sound of you, she'll write back. Filling the void in a hot woman's life—what could be better?

FHM DATE OF THE MONTH!

1 TRISHA PAULINA
AGE 26

Sudbury, ON

On moves "If you want me, be sweet. Don't grab my ass and say, 'You're my girl now.' Touch me softly, kiss me tenderly and look at me with a gaze so sexy that it sends shivers up and down my spine."

2 CORISSA FURR
AGE 21

Boonsboro, MD

On wealth "My best night ever was with my girlfriends. We went to a strip club and started dancing together—and the guys there threw dollar bills at *us*. We each made $50!"

3 ANYA MONZIKOVA
AGE 21

Plantation, FL

On outings "I love sex outdoors. Guys don't realize how much of a turn-on it is to be alone with them in nature. For me, a picnic is more likely to end happily than dinner and a movie."

4 MARIKA DYE
AGE 25

Newnan, GA

On quality "The best sex I ever had was with a guy who could last all night. He was shorter and not as good-looking as the men I usually date, but the sex was earth-shattering."

5 DIANA GRANT
AGE 22

West Palm Beach, FL

On discovery "I never had a proper orgasm until my ex-boyfriend brought a vibrator into the bedroom. It was amazing. Suddenly, I knew what all my girlfriends were talking about!"

6 ALONA BOLOTNIKOV
AGE 18

Pacific Grove, CA

On romance "I've never been on a proper date. Instead, I'll hook up with a guy at a party and suddenly we're 'dating.' I'm ready to be given pink roses and taken out for sushi."

7

TIFFANY KURPIL
AGE 24

Vero Beach, FL
On advances "Once, on a blind date, this guy took me to his house for pizza. While I was talking, he stood up and asked for a hug. I said no, but he gave me one anyway. I didn't hug back."

8

MAYA SIMONE
AGE 20

Bethesda, MD
On style "I'm a hopeless tomboy. I didn't start wearing skirts until I was 17, and even then, I walked like a jock. I had to practice swinging my hips and keeping my knees together."

9

CHRISTLE BUTMAN
AGE 21

Las Vegas, NV
On knowledge "Innocence is a huge turn-on. I like it when I'm more experienced than my man because I can teach him things and I know he'll always remember me. You remember your firsts."

10

ERICA RAMOS
AGE 20

Boston, MA
On transport "I love car sex. In the front seat, the guy should sit on the passenger side with the girl on top. In the back, missionary works best. Don't give up—there's always a way to work it."

11

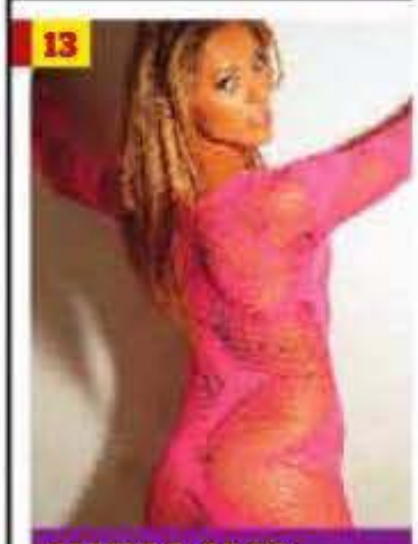
CAREY HOPE
AGE 31

Lynbrook, NY
On size "I once dated a guy who was sweet, smart and loving—but his penis was tiny. It looked like half a cigarette. I had to break up with him. I'm sorry, but it's not sex if you can't feel it."

12

JANE PENG
AGE 23

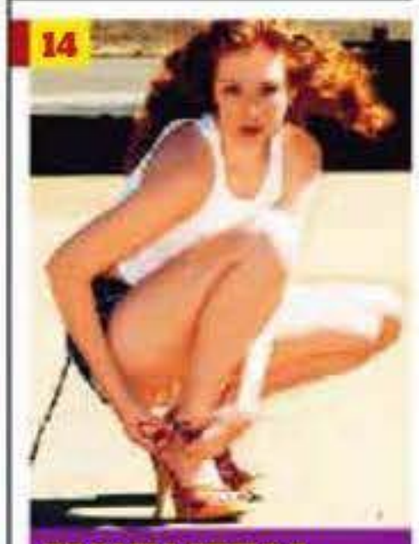
Philadelphia, PA
On finances "I once dated a guy who was horrible with money. He bought me 100 roses for Valentine's Day, then borrowed cash from me to pay his credit card. I won't do that again."



13

SANDRA GABE
AGE 26

Hillsboro Beach, FL
On chivalry "Once, I was leaving the movies with a guy and it was raining. He brought the car around—and then backed it through the theater's double doors so I wouldn't get wet."



14

BRANDI CHILDS
AGE 22

Memphis, TN
On balls "I knew a guy who was so secure in his manhood that, on a dare, he streaked across campus on a freezing day and asked for my number. I liked what I saw, so I gave it to him."

15

LUISA DINKINS
AGE 26

Atlanta, GA
On magic "My best date was when a guy took me to see David Copperfield. David brought me onstage and made a scorpion disappear from my hand. No one can top that date."

16

ANNETTE DZIAMBA
AGE 26

East Hanover, NJ
On order "I hate it when a guy comes up behind me in a club and starts grinding on my butt. What's even worse is when he's already aroused. Remember: It's talk, *then* grind."

17

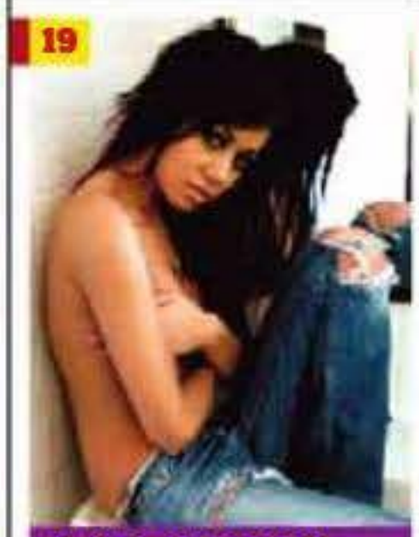
FONDA FOX
AGE 21

Atlanta, GA
On precision "It's not easy to date me. I want things done exactly how I like them, romantically and sexually. I also don't want to direct you—you should know what to do without being told."

18

WHITNEY HARCHANKO AGE 18

Eagan, MN
On activities "There's more to me than meets the eye. I belly-dance, rollerblade, sing and love playing tennis. I also have a second-degree black belt in karate. I need a man who can keep up."



19

NIKI NICHOLSON
AGE 20

Bakersfield, CA
On fun "Nothing beats secretly playing with my man in public. It's hot to grope a guy in a car or under the table when no one else knows. He'll turn bright red, but it turns me on."

20

APRIL IRELAND
AGE 22

Toronto, ON
On tricks "I love it when a man tickles me while he's pleasuring me. If he starts to tickle my knee or my foot right as I start to orgasm, the explosion is 1,000 times bigger. It's so good it hurts."

HEY, SOLO LADIES!

Need a man to watch you while you sleep? Let *FHM* introduce you to our 5.2 million readers. Visit us online to appear in a future issue of *FHM*!

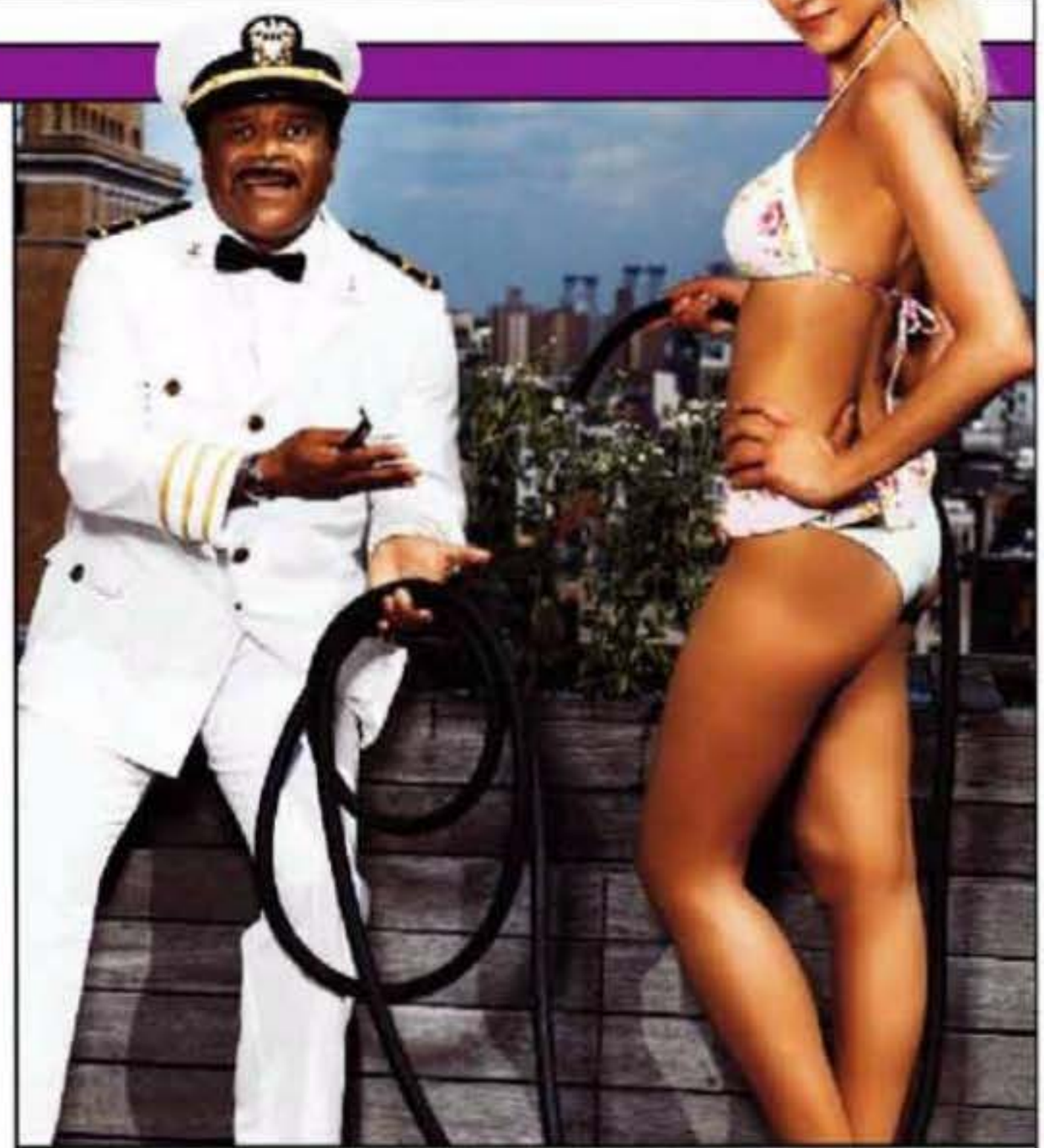
FHMUS.com/dates

Send a text message to one of these sexy singles: FirstName + Date# + message (Trisha1 you are hot) to 61000 ($.50/msg rcvd; other charges apply*). To download a Hot Date pic to your cell ($1.99 per download*), send the text message: FHMDATES + Date# (e.g. FHMDATES1) to 91000. *More details on page 134.

ADVICE

ASK BETH & ISAAC!

She's an *FHM* cover star. He's matchmaker of the high seas. Together they'll fix your dismal life



I'm betrothed!

Q I'm getting married this summer and want to make sure the bjs don't stop. What steps can I take now to make sure of it?

Dead Head, Boca Raton, FL

A Beth Oral sex is more important than marriage, so don't get wed in the first place. But if you still want to go through with it, make sure you don't fall into the laziness trap that some couples do. The key to good sex in any relationship is give and take—forever give and you shall forever receive. If you are getting bjs now and you don't get selfish in bed, you'll enjoy a bj-filled marriage.

Isaac You can't guarantee *anything* after marriage. Here's the best you can do: Take a couple you both know and say, "Poor Billy. After he and Jane got married, she won't blow him. That's terrible! I'm glad we don't have a relationship like that." Then look directly at her and wait for her to respond. If she sincerely says, "Yeah, that's terrible," you're probably OK. If she says, "I don't know. Blowjobs all the time?" re-think your marriage situation.

You need to get your boss focused on getting laid again

I'm baffled!

Q My girlfriend won't stop cooking, cleaning or doing yard work. How can I get my old, relaxed lady back?

She's Nesting, Coronado, CA

A Beth You can't. Your girlfriend is ready to settle down. She's getting into the groove of setting up house and testing to see if you like it. She's also testing you to see if you're marriage material. All you can do is crap or get off the pot. If you want to take it further, enjoy the rewards of her changing behavior, like home-cooked meals and a tidy yard. If she's not the one, run.

Isaac This broad wants to get married—now! Domesticity is her way of showing you what things would be like if you were hitched. Sure, you can tell her you still want the wild woman, and she'll still get wild—*occasionally*. But you'll have to buy all the sexy outfits and lay them out on the bed for her. If it's really important for you to have a wild woman, ditch this dame and move on.

HOW TO END AN ARGUMENT

Beth says "Admit you're wrong. Don't dwell on it. Take her out for a romantic dinner. Good-bye argument, hello sex."

Isaac says "Drop your pants to break the tension. Or split for the movies. If you see a guy alone at the movies, he walked out on his lady during a fight."

I'm slaving!

Q My recently divorced boss now spends all his time at work—and he expects me to do the same. Help!

Chained to the Copier, Cicero, IL

A Beth Just because his personal life sucks doesn't mean yours has to. Leave the office at the normal time and tell him where you're going—meeting friends, going on a date, taking a class, whatever. Your boss will be envious of your life and want one of his own. Or, better yet, ask him out for a drink. He's vulnerable—and more likely to be receptive to your ideas about how to improve your work life.

Isaac He's taking all the energy he used to spend having sex and focusing it on business. You need to get him back to focusing on getting laid again. Talk to one of the ladies in the office and ask her to take pictures on his desk, in the style of this magazine's "From the Boss's Desk" page. That will show him that one of his co-workers is cute, which he might not have noticed while he was married. He'll then have someone else to fixate on, which leaves you in the clear.

DIDDLED BY LOVE?

If a problem is threatening to ruin your life, seek expert advice at: **Ask Beth & Isaac**, *FHM*, 110 Fifth Ave., New York, NY 10011—or go online at **FHMUS.com /askbethandisaac**

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